



## NEWS RELEASE

**FOR IMMEDIATE RELEASE:** September 2, 2022

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### **Air District issues Spare the Air Alert for smog for Saturday**

*High temperatures expected to create smoggy conditions*

**SAN FRANCISCO** – The Bay Area Air Quality Management District is issuing the fourth Spare the Air Alert of 2022 for smog for Saturday, September 3.

Air quality is forecast to be unhealthy **tomorrow, Saturday, September 3**. A strong high-pressure system leading to triple-digit temperatures combined with light winds and vehicle exhaust is expected to cause unhealthy smog, or ozone, accumulation in the Bay Area.

“We encourage Bay Area residents to find alternatives to driving this Labor Day weekend to help reduce harmful smog pollution and protect public health,” said Sharon Landers, interim executive officer of the Air District. “We can reduce traffic congestion and air pollution by taking transit, instead of driving alone this holiday weekend.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone can cause throat irritation, congestion and chest pain. It can trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at [www.sparetheair.org](http://www.sparetheair.org), call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](http://www.bayareaairquality.org) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](https://twitter.com/bayareaair), [Facebook](https://www.facebook.com/bayareaair) and [YouTube](https://www.youtube.com/bayareaair). For more information about Spare the Air, visit [www.sparetheair.org](http://www.sparetheair.org).

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