



NEWS RELEASE

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Air District extends Spare the Air Alert for smog through Labor Day *High temperatures expected to create smoggy conditions*

SAN FRANCISCO – The Bay Area Air Quality Management District is extending the Spare the Air Alert for smog through Monday, September 5.

Air quality is forecast to be unhealthy **through Monday, September 5**. Strong high pressure leading to a triple-digit heat wave combined with light winds and vehicle exhaust is expected to continue to cause unhealthy smog, or ozone, accumulation in the Bay Area.

“An extreme heat wave combined with Labor Day holiday traffic is a recipe for unhealthy smog,” said Sharon Landers, interim executive officer of the Air District. “Help reduce air pollution by taking transit and limiting driving to protect the health of all Bay Area residents.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone can cause throat irritation, congestion and chest pain. It can trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](http://www.bayareaairquality.org) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](https://twitter.com/bayareaair), [Facebook](https://www.facebook.com/bayareaair) and [YouTube](https://www.youtube.com/bayareaair). For more information about Spare the Air, visit www.sparetheair.org.

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