



SPARE THE AIR **HEALTH ADVISORY**

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Contact: Lisa Fasano
415.749.4900

Tomorrow is the fourth Spare the Air Day in a row *Air quality will continue to be unhealthy on Thursday, July 10*

SAN FRANCISCO - Today the Bay Area Air Quality Management District has issued a fourth consecutive *Spare the Air Day*, the eighth of the 2008 ozone season, and has extended a health advisory due to wildfire smoke.

Air quality in the Bay Area is forecast to be unhealthy tomorrow, Thursday, July 10, 2008.

“We have serious air quality conditions impacting the Bay Area right now,” said Air District Executive Officer Jack Broadbent. “The current combination of smoke and smog is making things particularly difficult for residents as they plan their outdoor activities.”

A high pressure system causing hot temperatures and light winds continues to sit over the Bay Area. This will continue to create high levels of ozone in the region. Elevated levels of particulate matter due to wildfire smoke will also continue to affect much of the nine-county region—comprising Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, southwestern Solano and southern Sonoma Counties.

Children, the elderly, and residents with pre-existing respiratory conditions such as asthma are advised to limit outdoor exertion. Everyone should avoid vigorous outdoor exercise. For more wildfire safety tips, see www.sparetheair.org.

The Air District issues *Spare the Air* health advisories whenever air quality is forecast to reach unhealthy levels.

There is no free transit tomorrow.

The Bay Area Air Quality Management District is committed to achieving clean air to protect the public's health and the environment. For more information, visit www.baaqmd.gov. For information and tips to help you *Spare the Air Every Day*, visit www.sparetheair.org.

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