



Bay Area Air Quality Management District

COUNCIL MEETING

October 30, 2017



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Protecting Refinery Communities from Air Pollution





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AGENDA: 4

Protecting Refinery Communities from Air Pollution

**Advisory Council Meeting
October 30, 2017**

**Greg Nudd, Acting Rules and Strategic Policy Officer
Office of Rules and Strategic Policy**



Overview

- Three-pronged approach:
 - Direct regulation of criteria pollutants (20% by 2020)
 - Capping risk from toxic air contaminants (Rule 11-18)
 - Monitoring crude oil inputs and refinery air pollution (Rule 12-15)
- Next steps
 - Risk-based controls on emergency diesel generators
 - Risk values for fine particulate matter
 - Assembly Bill 617 impacts:
 - Best Available Retrofit Control Technology Review
 - Community Emission Reduction Plans

Direct Regulation of Criteria Pollutants

BARCT Rules Impacting Refineries

Number	Source Category	Pollutant	Estimated Reductions [tons/year]	Date Approved
Rule 6-5	Fluid Catalytic Cracking Units	PM _{2.5}	223	Dec. 2016
Rule 8-18	Equipment Leaks	ROG	1,228	Dec. 2016
Rule 11-10	Cooling Towers	ROG	861	Dec. 2016
Rule 9-14	Coke Calcining	SO ₂	430	Apr. 2017
<i>Rule 9-1</i>	<i>Refinery Fuel Gas Sulfur Limits</i>	<i>SO₂</i>	<i>245</i>	<i>Q1 2018</i>
<i>Rule 9-1</i>	<i>Gas Turbines</i>	<i>NO_x</i>	<i>211-277</i>	<i>Q2 2018</i>



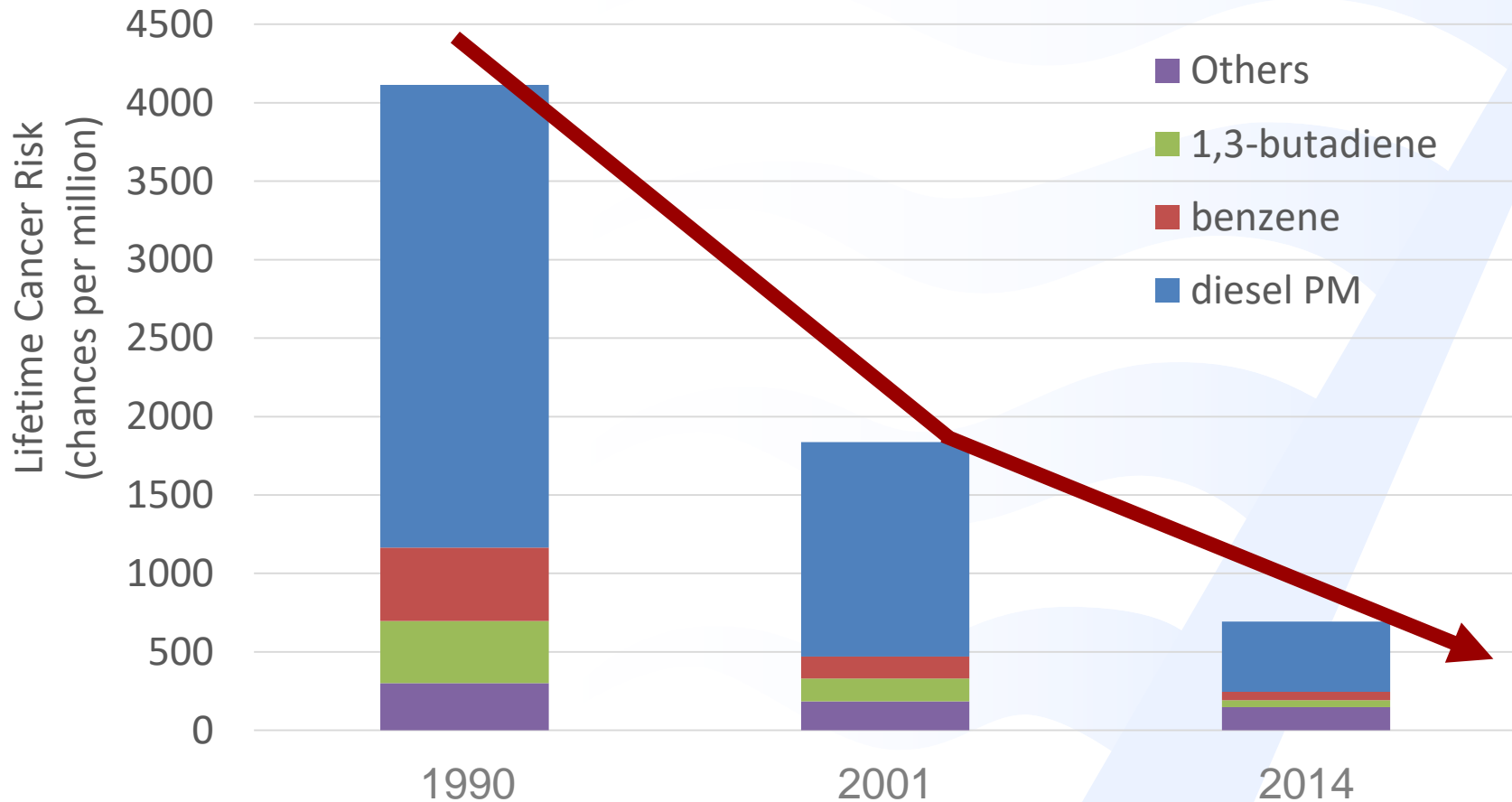
Direct Regulation of Criteria Pollutants

Next Steps

- Follow-up rulemaking for Fluid Catalytic Cracking Units (Rule 6-5):
 - Reviewing results of optimization studies to see if $PM_{2.5}$ can be substantially reduced by operational changes
 - Additional controls may be needed to further reduce $PM_{2.5}$ and SO_2 from these sources
- Assembly Bill 617
 - Control technology review of thousands of sources in the refining sector (roughly 1/3 of the sources being reviewed)
 - May require additional reductions to meet BARCT or community emission reduction requirements

Capping Risk from Toxic Air Contaminants

Bay Area risk levels decline since 1990





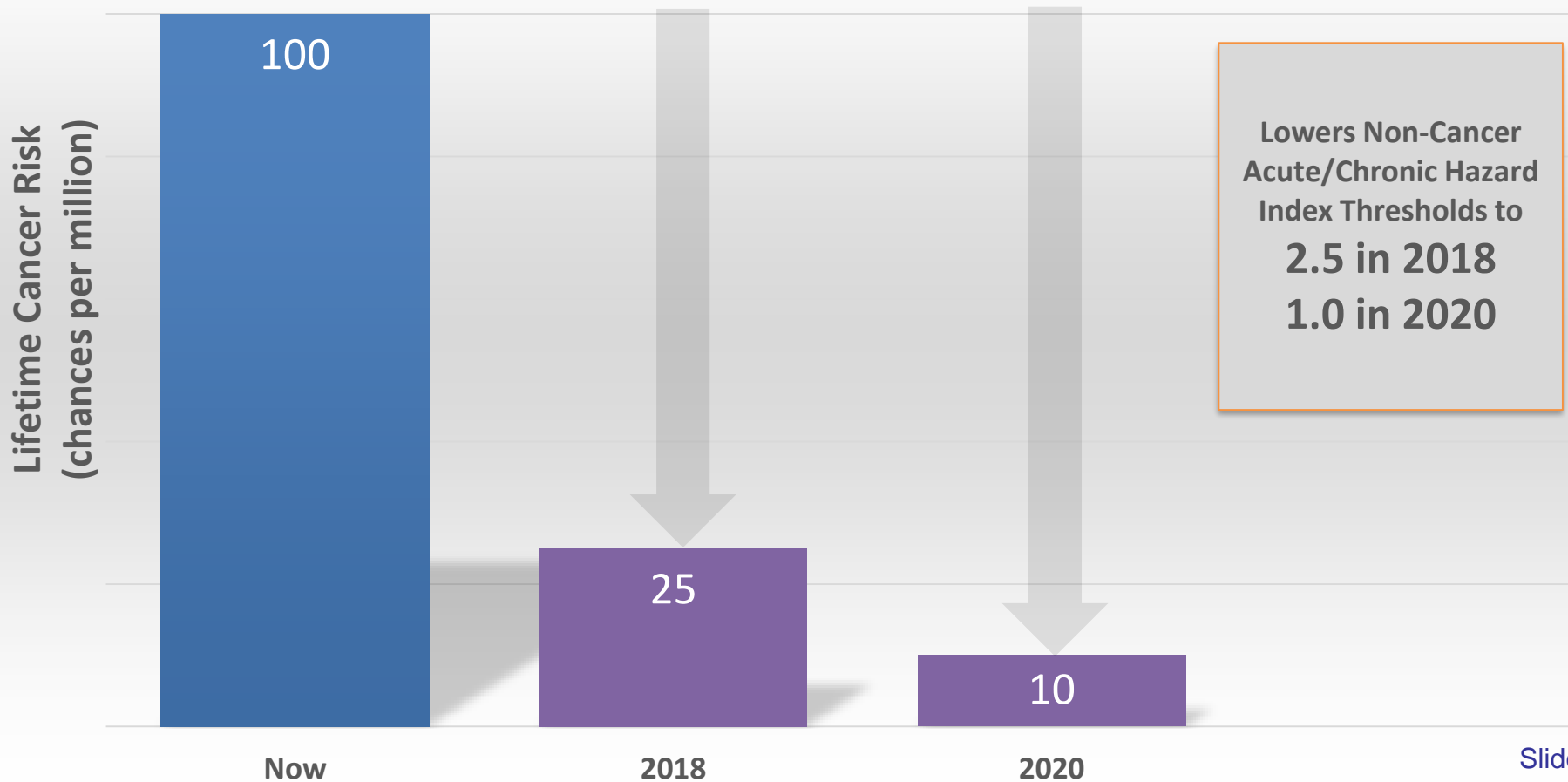
Capping Risk from Toxic Air Contaminants

Rule 11-18

- Reduces Risks from TACs to the lowest achievable levels
- Particularly benefits CARE areas
- Incorporates latest health risk methodologies
- Promotes continuous improvement
- Ensures public transparency
- Provides greater flexibility

Capping Risk from Toxic Air Contaminants

Rule 11-18: Risk Action Thresholds





Capping Risk from Toxic Air Contaminants

- **Air District staff will conduct health risk assessments**
- **Facilities above Risk Action Levels must:**
 - Develop a risk reduction plan for Air District approval
 - Plan must get down below 2020 Risk Action Levels (10/million)
 - Execute plan according to plan schedule
- **Risk reduction measures include:**
 - Installation of **Best Available Retrofit Control Technologies for Toxics (TBARCT)**
 - Modification of operating hours and activity levels
 - Modification of emissions point characteristics



Capping Risk from Toxic Air Contaminants

Next Steps

- Board consideration of proposed rule Nov. 15, 2017
- Implement Rule 11-18 starting Jan. 2018
 - Highest emitting facilities first (included refineries)
- Develop rule for backup generators at lower risk facilities
- Assembly Bill 617
 - Expanded community monitoring
 - May require additional reductions to meet community emission reduction requirements

The background of the slide features a scenic view of the Golden Gate Bridge in San Francisco, with a large industrial refinery building situated on the waterfront in the foreground. The bridge's orange-red towers and suspension cables are prominent against a clear blue sky. The refinery building is a multi-story, light-colored structure with a flat roof and numerous windows.

Monitoring Refinery Inputs and Air Pollution

Rule 12-15

- Approved April 2016
- Monitors crude slate changes and refinery emissions
- Rule requirements:
 - Reporting of crude oil properties for baseline period and every month
 - Improved emissions inventories
 - Fence-line monitoring systems



Monitoring Refinery Inputs and Air Pollution

Rule 12-15: Crude Slate Data

- Air District engineers have reviewed crude slate data from 2013-2016
- Initial findings:
 - Heavier crude oil is correlated with higher CO₂ emissions, but not strongly correlated
 - Some refinery crude slates are consistent, others are highly variable
- Ongoing monthly reports will detect significant changes in key crude properties
- Canadian crude imports are not significant in the Bay Area
 - Historically less than 2% of crude input
 - Air District staff will continue to coordinate with the California Energy Commission to monitor this issue



Monitoring Refinery Inputs and Air Pollution

Rule 12-15: Fence-Line Monitoring

- Important for monitoring toxic emissions
 - Benzene is a key driver of toxic risk in refinery communities.
 - Benzene usually comes from equipment leaks or tanks, these emissions can't be directly measured at the source
 - Monitoring confirms accuracy of emissions calculations, and identifies significant unknown leaks
- Complements community monitoring
 - Community monitors measure pollution from a mix of sources (refineries, cars, trucks, ships, cooking)
 - Fence-line monitoring directly address refinery pollution



Recap: Three-Pronged Approach

Direct regulation of criteria pollutants

- On track for 20% reduction
- More regulations for further reductions in development

Capping risk from toxic air contaminants (proposed Rule 11-18)

- Risk reduced to lowest feasible level
- Start with refineries and other high emitting facilities

Monitoring crude oil inputs and refinery air pollution (Rule 12-15)

- Ongoing review of crude oil characteristics
- Better emissions estimates
- Fence-line monitoring to verify emissions and find leaks
- Regular reports to Board on crude slate changes and impact on emissions



Next Steps

- Two more criteria pollutant rules in 2018
- Possible further controls on Fluid Catalytic Cracking Units
- Work with Office of Environmental Health Hazard Assessment (OEHHA) on risk values for fine particulate matter
 - Incorporate into Rule 11-18 or
 - Develop PM_{2.5} risk cap rule
- AB 617 Requirements:
 - Expanded BARCT review
 - Enhanced Community Monitoring
 - Community Emission Reduction Plans



Air Monitoring and Attainment Status of Criteria Pollutant Standards in the San Francisco Bay Area





AGENDA: 5

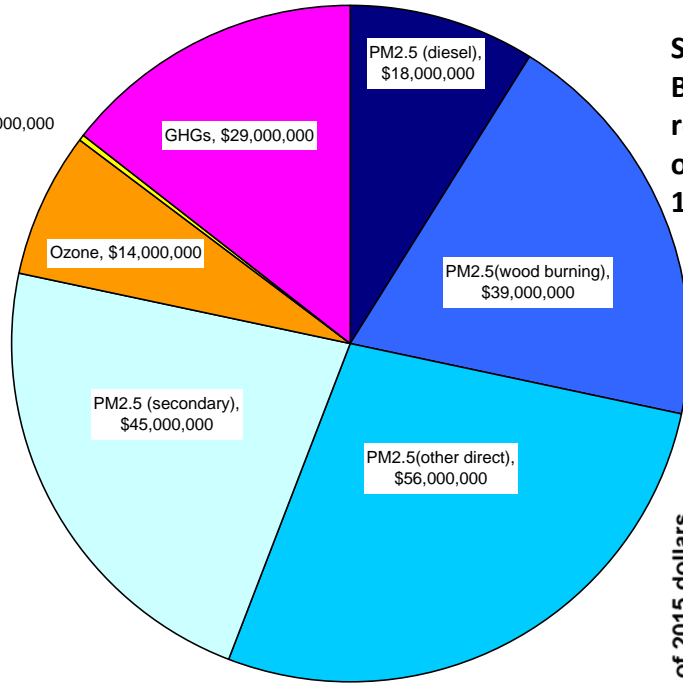
**Air Monitoring and Attainment
Status of Criteria Pollutant
Standards in the San Francisco
Bay Area**

**Eric Stevenson
Director of Meteorology and Measurement**

**Advisory Council Meeting
October 30, 2017**

Pollutant	Constituents/ Precursors	Key Anthropogenic Sources	Scale of Impact	Peak Levels	Health Impacts	Other Impacts
Ozone	Reactive Organic Gases (ROG)	Mobile sources (cars) Evaporation of petroleum & solvents Consumer products	Regional & beyond	Summer	Aggravated asthma Acute bronchitis Chronic bronchitis Respiratory symptoms Decreased lung function Heart attacks Premature mortality	Property damage: tires, paints, building surfaces
	NOx	Mobile sources (cars & trucks) Other combustion				Damage to crops Nitrogen deposition to land & waterways
PM _{2.5}	Direct emissions from combustion	Wood-burning Diesel engines Gasoline engines Burning natural gas Commercial cooking	Local & Regional	Winter	Aggravated asthma Respiratory symptoms Increase blood pressure Decreased lung function Heart disease Stroke Premature mortality	Regional haze
	ROG	See ROG above				Acid deposition
	NOx	See NOx above				Water pollution
	Ammonia (NH ₃)	Landfills, livestock, wastewater treatment, refineries				
	SO ₂	Petroleum refining, Ships				
Air Toxics	Diesel PM Benzene 1,3 Butadiene Formaldehyde Acetaldehyde	Diesel engines Gasoline engines Construction equipment Ships & boats Fuel production & Storage	Local	Year-Round	Acute non-cancer Chronic non-cancer Lung cancer Leukemia Premature mortality	Water pollution
Green House Gases	Carbon dioxide (CO ₂) Methane (CH ₄) Nitrous oxide (N ₂ O) Hydroflourocarbons Perflourocarbons Sulfur hexafluoride	Fossil fuel combustion Mobile sources Industrial/commercial Electricity generation	Global	Year-Round	Potentially increase ozone levels Disease vectors Effects from prolonged heat waves	Climate change Rising sea levels Acidification of oceans Species extinction Drought Wildfires

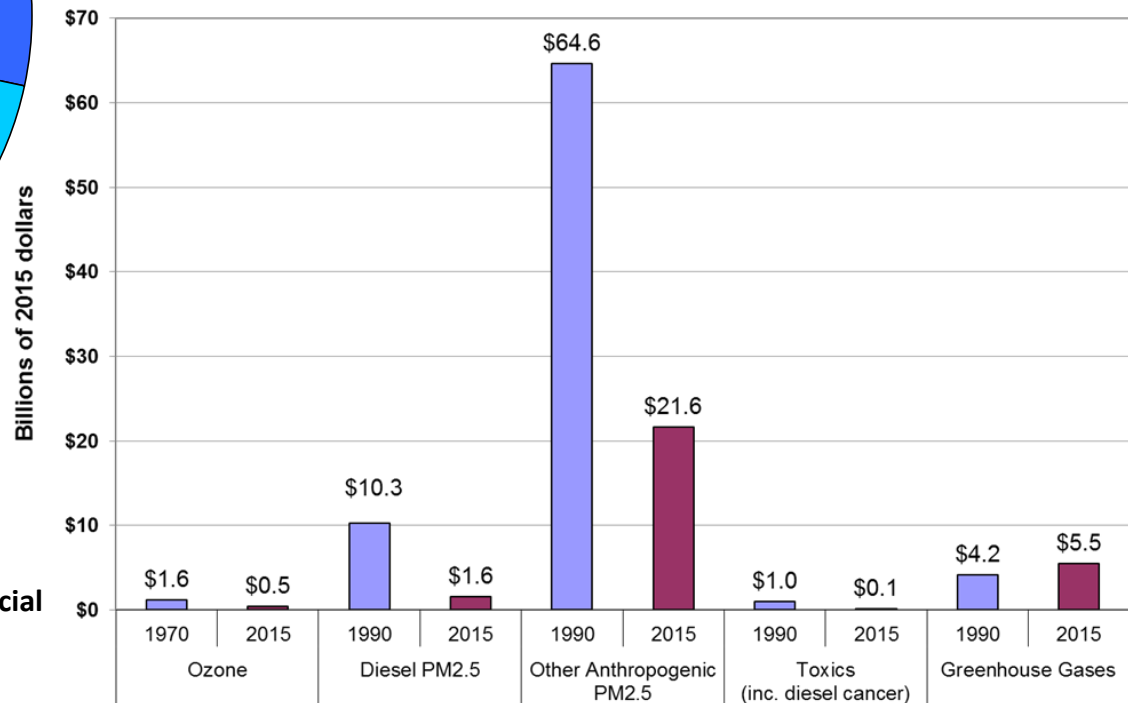
Bay Area Health Impacts



Source: Bay Area 2010 Clean Air Plan

Estimated current annual health and other social costs of Bay Area air pollution: prior years compared with 2015

Social benefits of a 1% reduction of air pollutants in the Bay Area. The estimated social benefits are based on reductions of 1% of anthropogenic emissions, except for ozone. For ozone, the estimated benefit is based on a 1% reduction in exposures above 0.50 ppm.



Source: Bay Area 2017 Clean Air Plan



Clean Air Act Requirements

State and National Ambient Air Quality Standards (AAQS) are set to protect human health and the environment.

- Primary National and State standards are set to protect public health, including “sensitive” populations.
- Secondary National standards are set to protect public welfare, including protection against visibility impairment, damage to animals, crops, vegetation and buildings
- Monitoring requirements for both siting and measurement have been developed to ensure comparability and accuracy



Pollutants Impacting Bay Area Air Quality

- Ozone (O_3)
 - Summer (May through Sep)
 - O_3 Standard is 0.070 ppm (8 hour average)
 - California has a 1-hour standard of 0.09 ppm
- Particulate Matter ($PM_{2.5}$)
 - Winter (Nov through Feb)
 - $PM_{2.5}$ standard is $35 \mu\text{g}/\text{m}^3$ (24 hour average)
 - California currently does not have a 24-hour standard
 - There is no hourly standard for $PM_{2.5}$

National and State Standards

Pollutant	National Standard	National Secondary Standard	State Standard	Averaging Time
Carbon Monoxide	9 ppm	None	9.0 ppm	8-hour
	35 ppm	None	20 ppm	1-hour
Lead			1.5 µg/m ³	30 Day Average
	0.15 µg/m ³	Same as Primary		Rolling 3-Month Average
Nitrogen Dioxide	53 ppb	Same as Primary	0.030 ppm	Annual (Arithmetic Average)
	100 ppb	None	0.18 ppm	1-hour
Sulfur Dioxide	None	None	0.04 ppm	24-hour
		0.5 ppm		3-hour
	75 ppb	None	0.25 ppm	1-hour
Particulate Matter (PM ₁₀)	150 µg/m ³	Same as Primary	50 µg/m ³	24-hour
			20 µg/m ³	Annual (Arithmetic Average)
Particulate Matter (PM _{2.5})	12.0 µg/m ³	15.0 µg/m ³	12 µg/m ³	Annual (Arithmetic Average)
	35 µg/m ³	Same as Primary		24-hour
Ozone	0.070 ppm **	Same as Primary	0.070 ppm	8-hour
			0.09 ppm	1-hour

** Current Ozone NAAQS of 0.070 is being reviewed – Older 0.075 ppm standard may be reinstated
 There are additional State Standards for visibility, sulfates, hydrogen sulfide and vinyl chloride



Form of the Standards

National Ozone

- 4th highest 8-hour concentration for the year, averaged over three years is ≤ 0.070 parts per million (ppm)

National PM₁₀

- Expected number of days per calendar year with a 24-hour concentration above $150 \mu\text{g}/\text{m}^3 \leq$ one

National PM_{2.5}

- 98% of the daily concentrations, averaged over three years are $\leq 35 \mu\text{g}/\text{m}^3$, Annual mean averaged over 3 years

State standards are values that are not to be exceeded



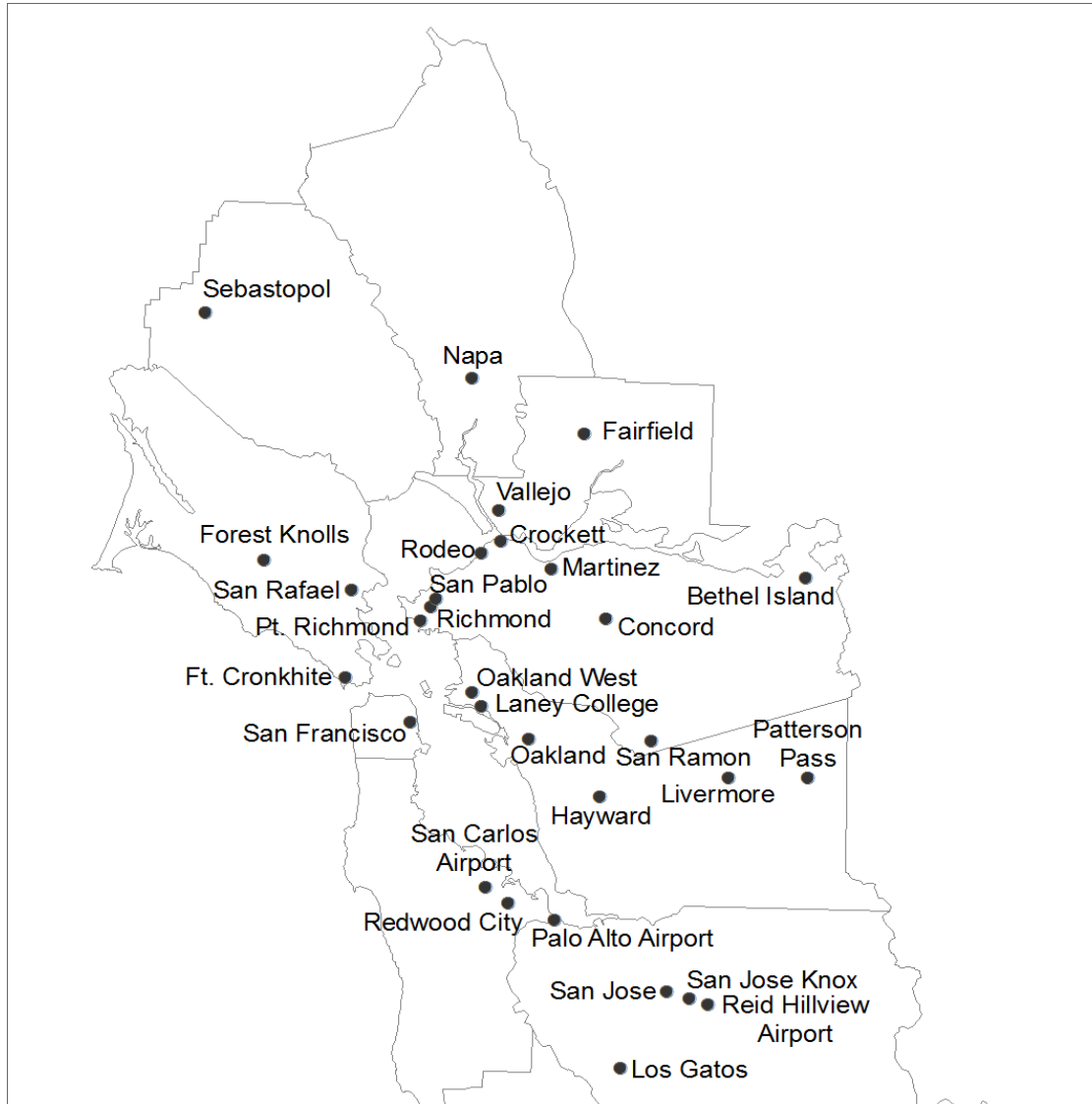
Attainment Status

	State Standard	Federal Standard
Ozone	Non Attainment	Non Attainment*
PM₁₀	Non Attainment	Unclassified
PM_{2.5}	Attainment (Annual Average)	Non Attainment** (24-hour Average)

* The current design value for ozone is 0.074 ppm (2016)

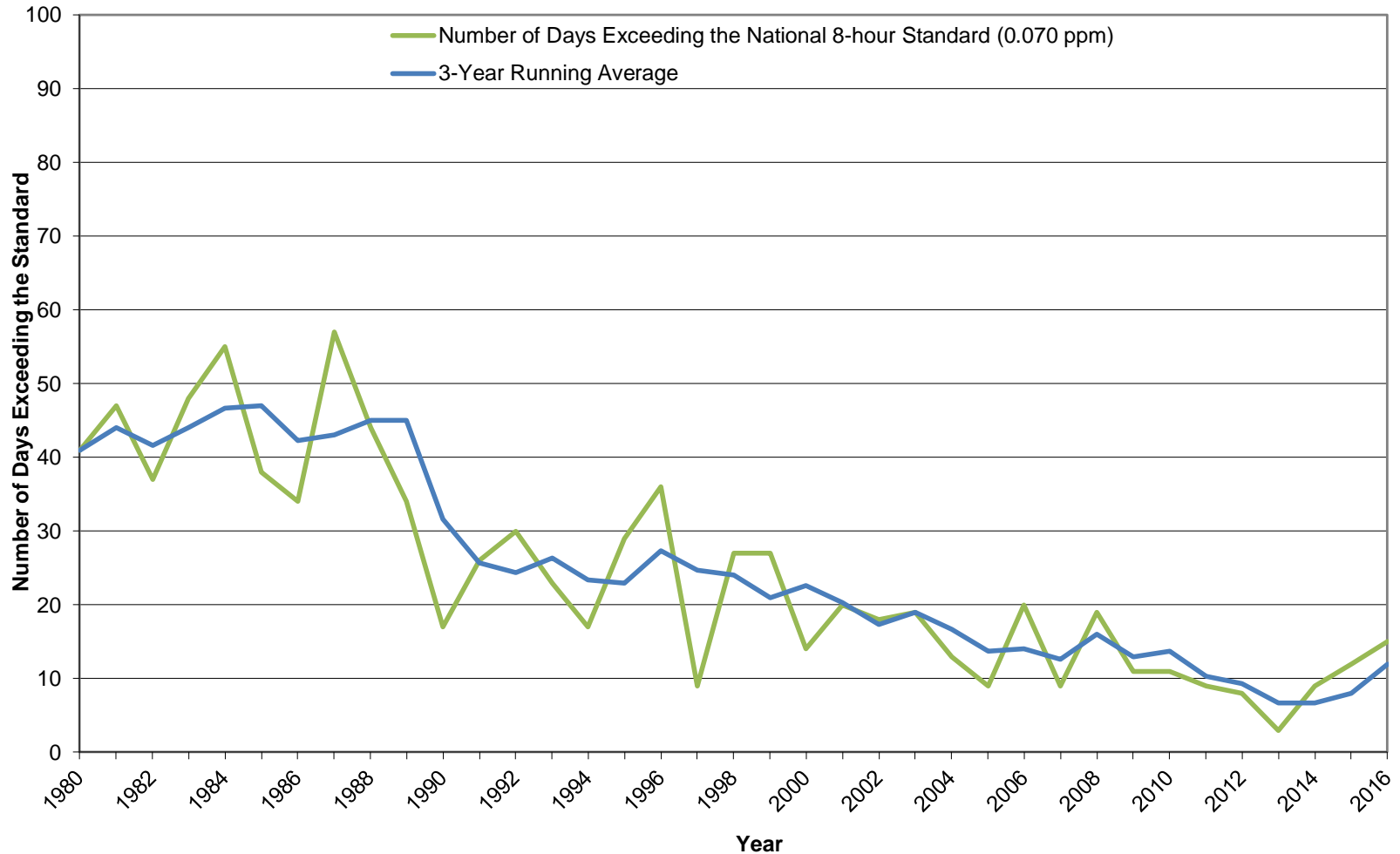
** The EPA has recognized the Bay Area has a “Clean Data” for PM_{2.5}
– meaning the data confirm that the standard has been reached

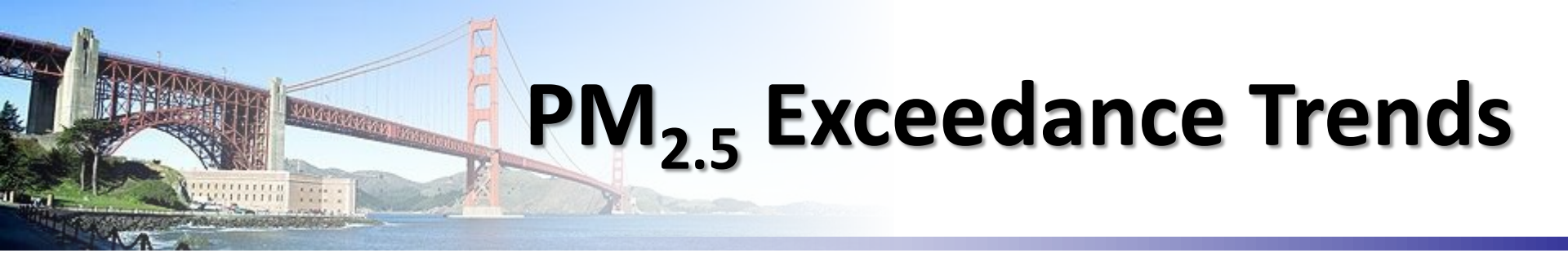
Air Monitoring Network



Ozone Exceedance Trends

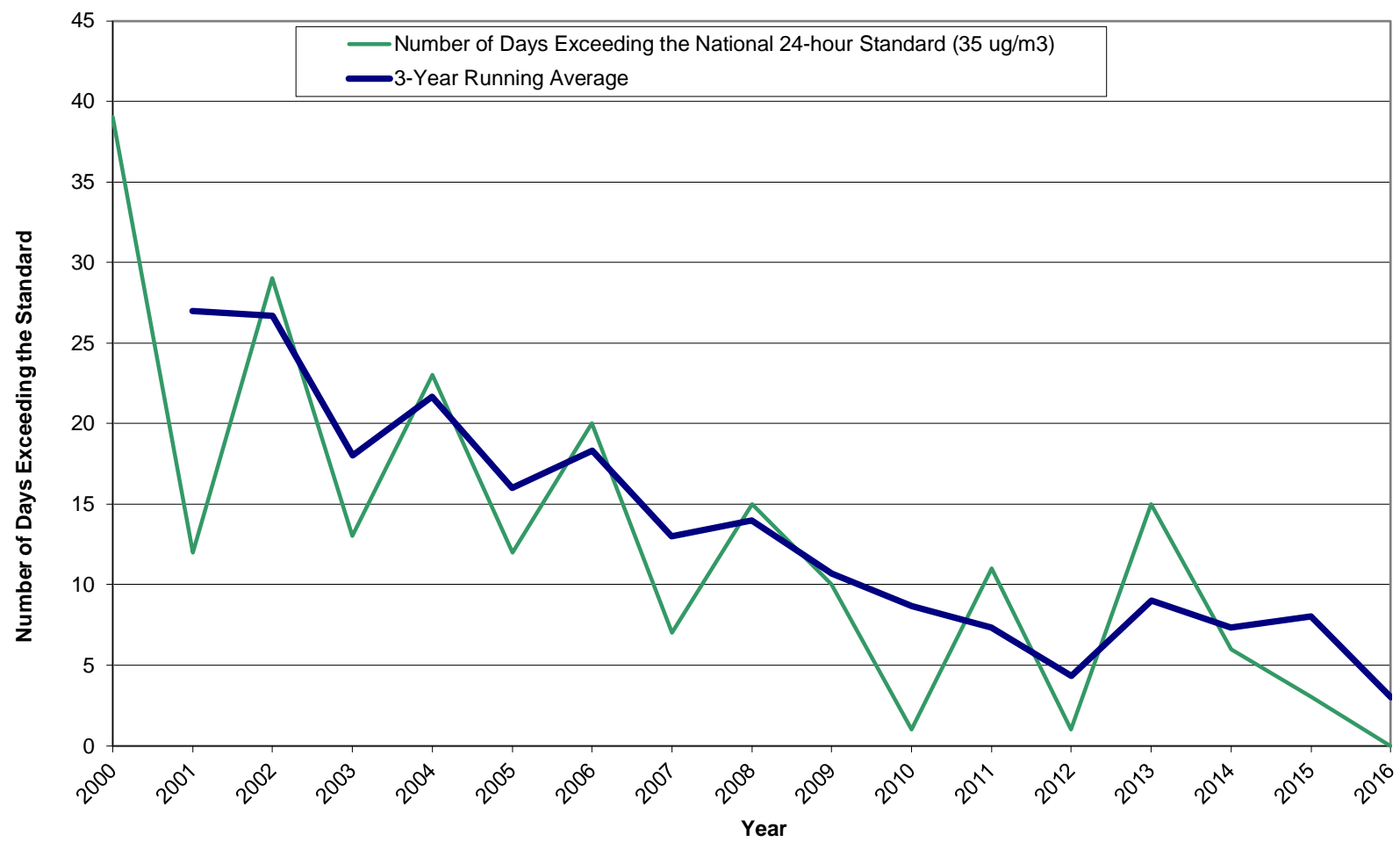
Bay Area Ozone Trend





PM_{2.5} Exceedance Trends

Bay Area PM_{2.5} Trend (March to February)





Changes Needed for AB 617

Community monitoring is required

- Commence monitoring in identified areas by July 2019
- Pivot from NAAQS focused network to a network more focused on localized impacts (while maintaining NAAQS compliance)

What will this entail?

- Effective screening of localized impacts
- More permanent monitoring to determine trends

Staff is investigating methodologies/equipment that will aid in more localized monitoring



Advisory Council Next Area of Focus: Beyond Attainment – Prioritization for Local Health Impacts



Beyond Attainment: Prioritization for Local Health Impacts

AGENDA: 6



- The Bay Area is near attainment for Criteria Pollutant Standards
- Characterize Local Exposures
- Understand Health Impacts of Local Exposures
- Prioritize Actions based on Health Impacts
- Local Particulate Matter is at the Nexus of:
 - Probable Serious Impact, but
 - Much to Learn about Mechanisms





Introduction to the OEHHA in Anticipation of Future Discussion Regarding Particulate Matter Health Effects



OEHHA Role at CalEPA

- OEHHA consists primarily of toxicologists, epidemiologists, and related health and environmental scientists
- Primary mandates related to assessing hazard and risk of environmental chemical exposure
- Legislative mandates across the environmental media spectrum

OEHHA Role at CalEPA

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- Legislative mandates across the environmental media spectrum

Mandates Related to Air Pollution

- Make health-based recommendation for the level of the California Ambient Air Quality Standards
- Conduct epidemiological studies to ascertain health effects of air pollutants and determine sensitive subpopulations
- Health effects assessments of Toxic Air Contaminants
- Risk Assessment Guidelines under the Air Toxics Hot Spots Act

Presentations Today

- Dr. John Budroe, Chief, Air Toxicology and Risk Assessment Section
- Dr. Keita Ebisu, Research Scientist, Air and Climate Epidemiology Section

Air Toxics Hot Spots Program

- ▶ **Stationary sources in CA are required to report emissions of specified chemicals to ARB and Air Districts**
- ▶ **Facilities are prioritized by Districts (high, medium, low concern)**
 - **Based on emissions estimates, distance to nearest receptor, information on potency of emitted toxicants**
- ▶ **High concern facilities must conduct risk assessments to estimate public health impacts to surrounding populations from facility emissions**

Hot Spots: OEHHA's role

- ▶ **OEHHA is required by statute to develop the Guidelines used to conduct Hot Spots risk assessments**
- ▶ **Guidelines Technical Support Documents:**
 - **Acute Reference Exposure Level (REL)**
 - **Chronic REL**
 - **Cancer**
 - **Exposure Assessment and Stochastic Analysis**

Hot Spots: OEHHA's role

- ▶ **Guidance Manual for Preparation of Health Risk Assessments – application of information in TSDs to facility health risk assessments (HRAs)**
- ▶ **All Hot Spots documents receive public comment, and external peer review by the Scientific Review Panel (SRP)**

Noncancer Reference Exposure Levels

- ▶ RELs: Usually based on adult animal toxicology or human epidemiology (worker) data.
- ▶ REL:

$$\frac{\text{NOAEL or BMDL}}{\text{UF}}$$

Noncancer Reference Exposure Levels

- ▶ **RELs: chemical air concentrations not expected to produce adverse health effects**
- ▶ **Acute RELs: meant to protect against infrequent 1-hour exposures**
- ▶ **8-hour, chronic RELs: meant to protect against 8-hour or 24-hour (respectively) long-term exposures. Eight-hour RELs meant to protect off-site workers, students, teachers, day-care centers**

Cancer Slope Factors

- ▶ Tumor dose–response data is fit to model (usually Multistage–Cancer) using Benchmark Dose Software
- ▶ For “genotoxic” carcinogens, data support the assumption of low–dose linearity.
- ▶ For carcinogens of unknown mechanism, low–dose linearity is assumed as a policy default.
- ▶ For both these cases, potency slope is estimated by linear extrapolation from the point of departure to zero.

Toxic Air Contaminant Program

- ▶ **Air Resources Board (ARB) and OEHHA determine if a substance should be identified as a Toxic Air Contaminant (TAC)**
- ▶ **ARB and OEHHA staff draft a TAC document that serves as the basis for identification**
- ▶ **ARB staff assess the potential for human exposure**
- ▶ **OEHHA staff evaluates the health effects – RELs and/or cancer inhalation unit risks are developed where appropriate**

Toxic Air Contaminant Program

- ▶ Draft TAC receives public comment.
- ▶ Draft TAC document is peer-reviewed by the SRP
- ▶ The SRP approves the document and submits scientific findings to the ARB board
- ▶ ARB staff prepare a hearing notice and a draft regulation to formally identify the substance as a TAC

Toxic Air Contaminant Program

- ▶ **The ARB Board then votes whether to identify a substance as a TAC**
- ▶ **TAC listing triggers ARB development of Airborne Toxics Control Measures (ATCMs) to reduce risk if necessary**

Characterizing Particulate Matter (PM) Dose-Response with Epidemiology Study Data

- Overview of association between PM_{2.5} and health
 - Epidemiological Studies
 - Epidemiological evidence of PM_{2.5} effects on health
 - Meta-Analysis
- Case study
 - Forest fire
 - PM_{2.5} chemical constituents and sources
 - Acute PM_{2.5} exposure and health

Epidemiological Studies

~ PM_{2.5} and Health ~

- Most PM_{2.5} epidemiological studies are observational studies
- Health Outcome
 - Mortality/ ER visit/ hospital admission
 - Cardiovascular related disease
 - Respiratory related disease
 - Reproductive outcomes
 - Low birth weight
 - Preterm birth
- Exposure Period
 - Short-term effect
 - Same day - previous 1 week exposure
 - Long-term
 - Annual exposure
- Relationship
 - Linear
 - Non-linear
- Advantages and Disadvantages
 - Advantages
 - Cover a wide range of people and areas
 - Identify susceptible population
 - Disadvantages
 - Confounding: socio-economic status
 - Association is uncertain outside range of observed level: very low/high PM_{2.5} level

Example: Short-term PM_{2.5} exposure and Cardiovascular Disease

Study (Journal, Year)	Study Area	Study Period	PM _{2.5} Average (SD or IQR)	Health Outcome	Percent Excess Risk per 10 µg/m ³ increase (95% Confidence interval)
Bell et al. (AJE, 2010)	U.S. (48 state)	1999 - 2005	12.92 (SD = 2.65)	Cardiovascular Hospital Admission (Same day)	0.80 (0.59, 1.01)
	Northeast U.S.		13.60 (SD = 1.99)		1.08 (0.79, 1.37)
	Northwest U.S.		9.29 (SD = 0.75)		0.74 (-1.74, 3.29)
	Southeast U.S.		12.57 (SD = 2.36)		0.29 (-0.19, 0.77)
	Southwest U.S.		12.70 (SD = 3.95)		0.53 (0.00, 1.05)
Bravo et al. (EHP, 2017)	Eastern U.S.	2002 - 2006	12.28 (N.A.)	Cardiovascular Hospital Admission (Same day)	0.79 (0.62, 0.97)
Ostro et al. (EHP, 2007)	California, U.S.	2000 - 2003	19.28 (IQR = 14.63)	Cardiovascular Mortality (Exposure 3 days before)	1.09 (0.08, 2.11)
Ma et al. (STOTEN, 2011)	Shenyang, China	2006/8 - 2008/12	75.0 (IQR = 47.0)	Cardiovascular Mortality (Average of last 2 days)	0.53 (0.09, 0.97)

* SD: Standard Deviation/ IQR: Interquartile Range (75th percentile - 25th percentile)

- Models assume linear relationship.
- Associations were found same day exposure to exposure 3 days before.
- Per 10 µg/m³ increase of PM_{2.5}, 1.09% (95% Confidence Interval: 0.08, 2.11) increase in risk of cardiovascular-related mortality.

Example: Short-term PM_{2.5} exposure and Respiratory Disease

Study (Journal, Year)	Study Area	Study Period	PM _{2.5} Average (SD or IQR)	Health Outcome	Percent Excess Risk per 10 µg/m ³ increase (95% Confidence interval)
Bell et al. (AJE 2010)	U.S. (48 states)	1999 - 2005	12.92 (SD = 2.65)	Respiratory Hospital Visit (Exposure 2 days before)	0.41 (0.09, 0.74)
	Northeast U.S.		13.60 (SD = 1.99)		0.28 (-0.17, 0.72)
	Northwest U.S.		9.29 (SD = 0.75)		0.19 (-2.52, 2.98)
	Southeast U.S.		12.57 (SD = 2.36)		0.35 (-0.44, 1.14)
	Southwest U.S.		12.70 (SD = 3.95)		0.94 (0.22, 1.67)
Bravo et al. (EHP, 2017)	Eastern U.S.	2002 - 2006	12.28 (N.A.)	Respiratory Hospital Admission (Same day)	1.16 (0.88, 1.45)
Ostro et al. (AJE, 2016)	California, U.S.	2005 - 2009	16.5 (IQR = 11.4)	Respiratory ER Visit (Same day)	0.88 (0.18, 1.58)
Ma et al. (STOTEN, 2011)	Shenyang, China	8/2006 – 12/2008	75.0 (IQR = 47.0)	Respiratory Mortality (Average of last 2 days)	0.97 (0.01, 1.94)
Strickland et al. (EHP, 2016)	Georgia U.S.	4/2002 – 6/2010	N.A. (IQR = 8.12)	Pediatric Asthma ER Visit (Same day)	1.30 (0.30, 2.30)

- Models assume linear relationship.
- Per 10 µg/m³ increase of PM_{2.5}, 0.88% (95% Confidence Interval: 0.18, 1.58) increase in risk of respiratory-related ER visit.

Meta-Analysis

- Meta-Analysis is the process of combining the results from a number of studies for the same association to produce a pooled estimate.
- In the meta-analysis by Atkinson et al. (Thorax 2014), 21 studies across the world were combined.
- A $10 \mu\text{g}/\text{m}^3$ increment in short-term $\text{PM}_{2.5}$ exposure was associated with a 1.51% (95% CI 1.01, 2.01) increase in the risk of respiratory related death.
- Estimates vary by disease and age.

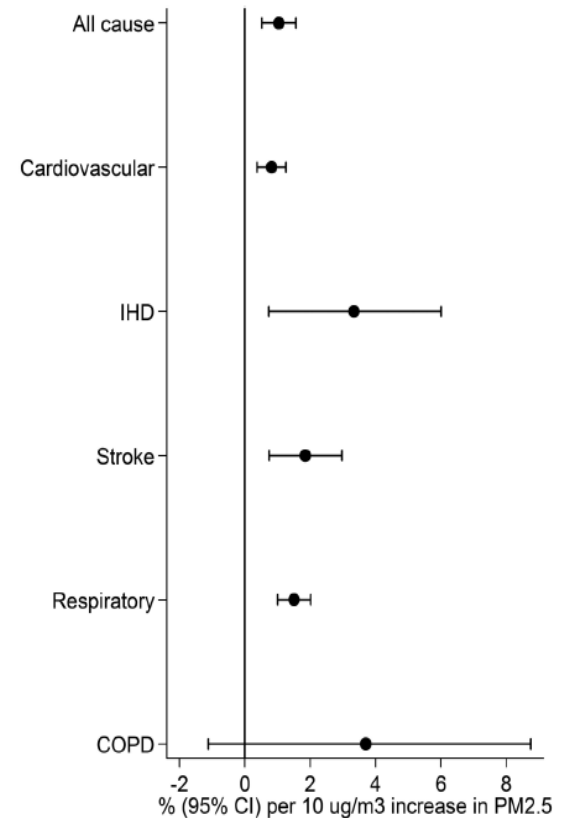


Figure 1 Summary estimates (95% confidence intervals) for all-cause and cause-specific mortality.

Atkinson et al. (Thorax, 2014)

PM_{2.5} from Wildfire and Health Outcomes

- PM_{2.5} levels during wildfires are extremely high.
- On days PM_{2.5} > 35 µg/m³, 71.3% of total PM_{2.5} could be attributed to wildfires.

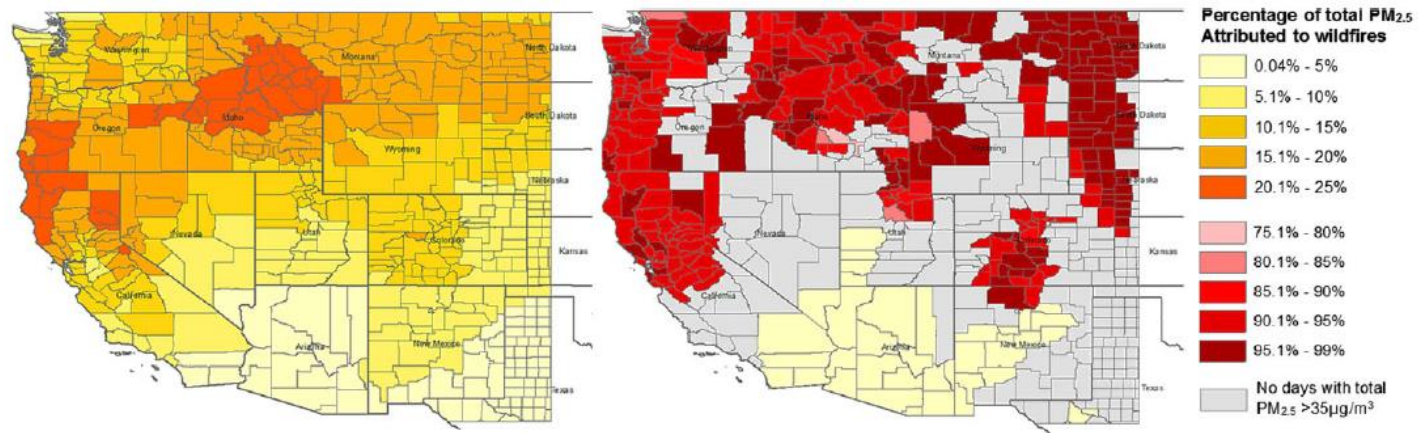
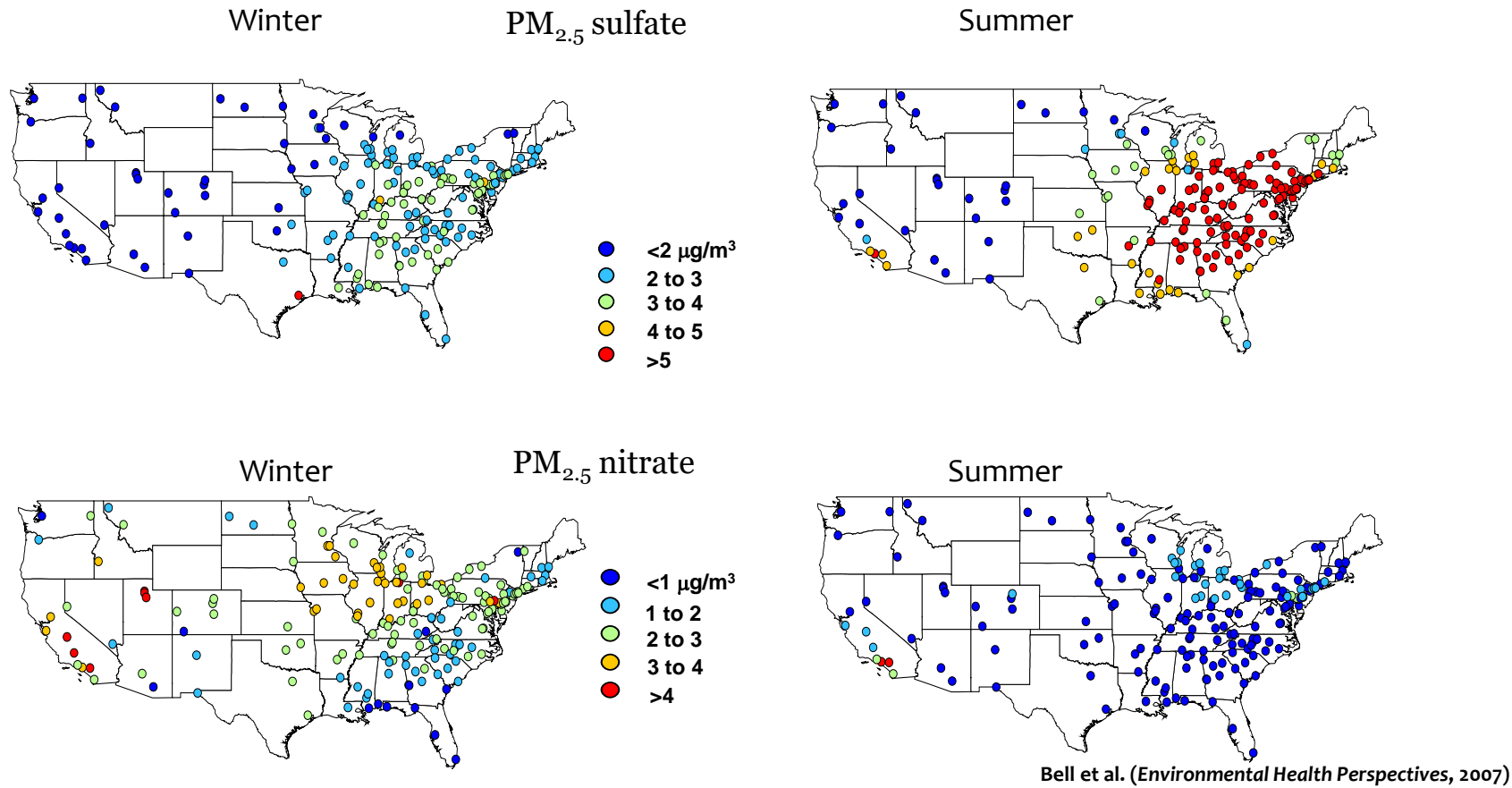


Fig. 1 Fraction of PM_{2.5} attributable to wildfires by county during fire seasons (May-October) in the present day (2004–2009), on all days (left panel), and on the subset of days that had total PM_{2.5} > 35 µg/m³ (The National Ambient Air Quality Standards (NAAQS) threshold; right panel) Liu et al. (Climatic Change, 2016)

- Relationship is uncertain outside usual level.

PM_{2.5} Chemical Constituents and Sources

- PM_{2.5} consists of many chemical constituents.



Where are PM_{2.5} chemical constituents coming from?

- PM_{2.5} EC: Biomass Burning, Vehicular Emissions etc.
 - PM_{2.5} Na⁺: Sea salt, Biomass burning etc.
 - PM_{2.5} NH₄⁺: Secondary Ammonium Nitrate, Secondary Ammonium Sulfate etc.
 - PM_{2.5} NO₃⁻: Vehicular Emissions, Secondary Ammonium Sulfate etc.
 - PM_{2.5} OC: Oil Combustion, Vehicular Emissions etc.
 - PM_{2.5} SO₄⁼: Oil Combustion, Secondary Ammonium Sulfate etc.
 - PM_{2.5} Si: Resuspended soil, Road Dust etc.
- Most PM_{2.5} chemical constituents come from multiple sources.
 - Using source apportionment method, source-specific PM_{2.5} level can be estimated.

Potential Sources of PM_{2.5} Chemical Constituents

- **Aged Sea Salt**: Na⁺, NO₃⁻, SO₄⁼
 - **Biomass Burning**: EC, OC, Na⁺
 - **Oil Combustion**: EC, Na⁺, OC,
 - **Road Dust**: Al, Si, Zn
 - **Resuspended Soil**: Al, Si, Fe
 - **Secondary Ammonium Nitrate**: NH₄⁺, NO₃⁻, SO₄⁼
 - **Secondary Ammonium Sulfate**: NH₄⁺, NO₃⁻, SO₄⁼
 - **Vehicular Emissions**: EC, OC, Zn
- Ostro et al. found that exposure to vehicular emissions, EC, and Zn are associated with cardiovascular related ER visits (American Journal of Epidemiology 2017)

Acute PM_{2.5} Exposure and Atrial Fibrillation

~ Exposure Timing ~

- Critical time of exposure could be less than 24 hours.
- A study conducted in Boston found that associations between PM_{2.5} and onset of atrial fibrillation were stronger in shorter exposure period.
- Few studies have investigated associations between acute exposure (or peak exposure) and health outcomes.

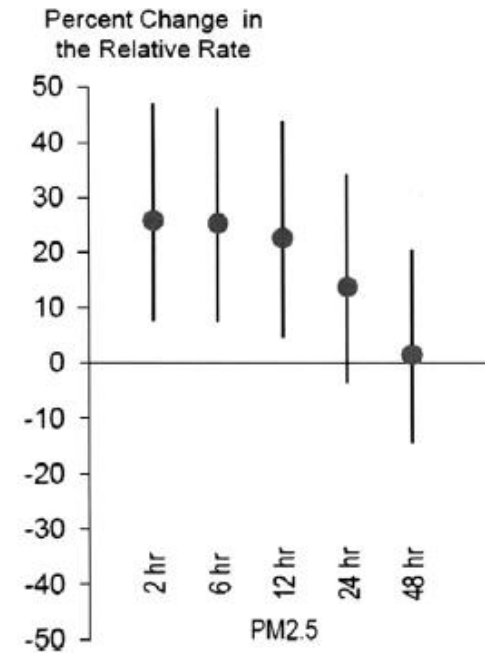


Figure 2 Risk of Atrial Fibrillation With Air Pollution

Link et al. (Journal of the American College of Cardiology, 2013)

Summary

- Many studies indicate associations between PM_{2.5} and adverse health outcomes.
- Several studies focused on PM_{2.5} chemical constituents and/or sources to identify toxic chemical constituents and sources.
- Further studies are warranted for
 - Critical time of exposure (exposure-response relationship) could be more acute
 - Associations outside range of observed level
- PM_{2.5} monitoring of finer spatio-temporal resolutions could help further investigations.



Complexity of Particulate Matter and its Effects on Human Health



Air Pollution and Human Health

Particles are the Heart of the Matter

Michael T. Kleinman

With the help of David Herman, Rebecca Johnson, Lisa Wingen and a lot of other people

University of California, Irvine



Bay Area Air Quality Management
District
Advisory Council Meeting
October 30, 2017

1 in 6 deaths, worldwide, is attributable to Pollution

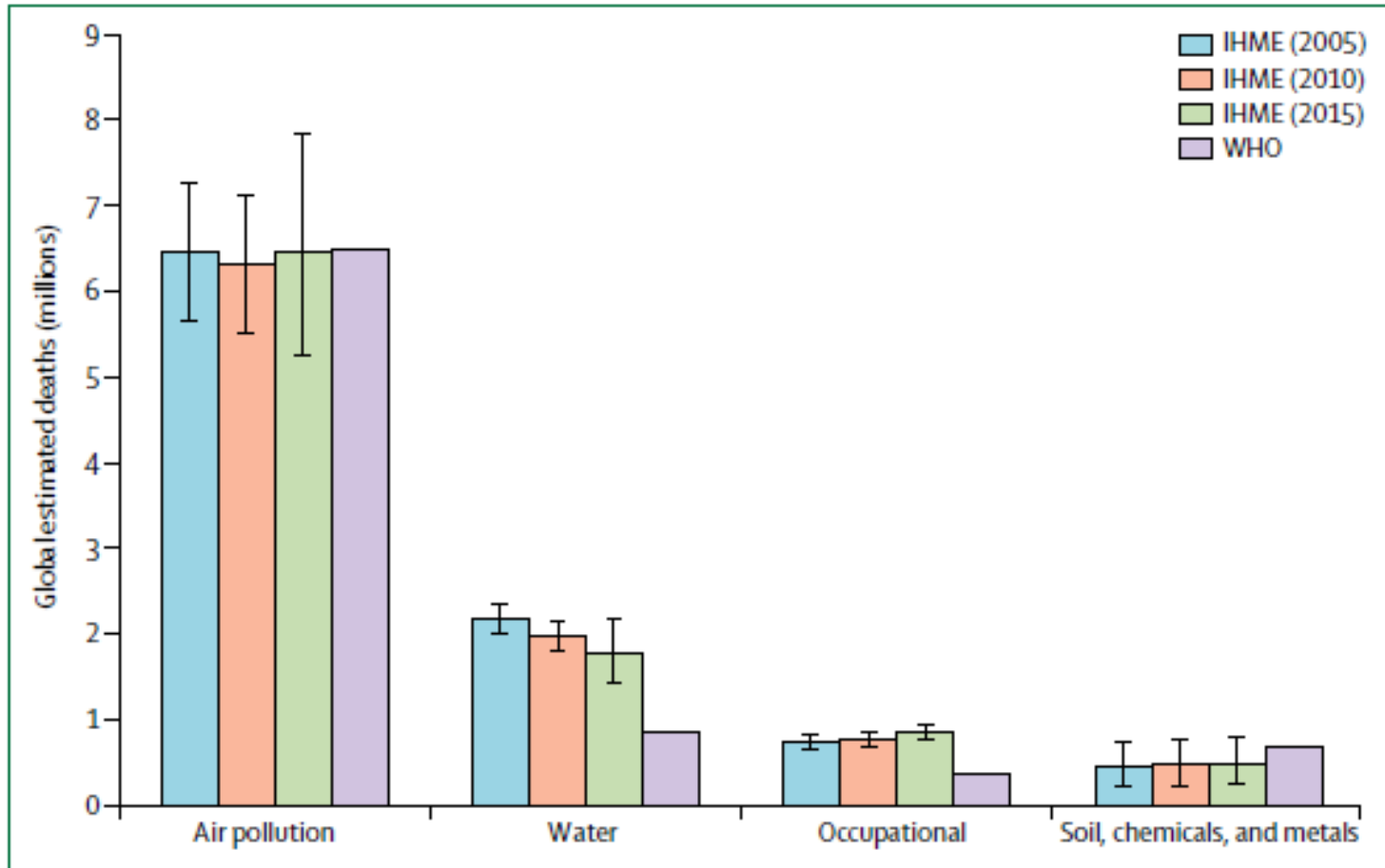


Figure 4: Global estimated deaths (millions) by pollution risk factor, 2005-15

Using data from the GBD study⁴⁷ and WHO.⁴⁹ IHME—Institute for Health Metrics and Evaluation.

Air Pollution Contributes to Multiple Diseases

The *Lancet* Commission on pollution and health, *Lancet*, October 2017

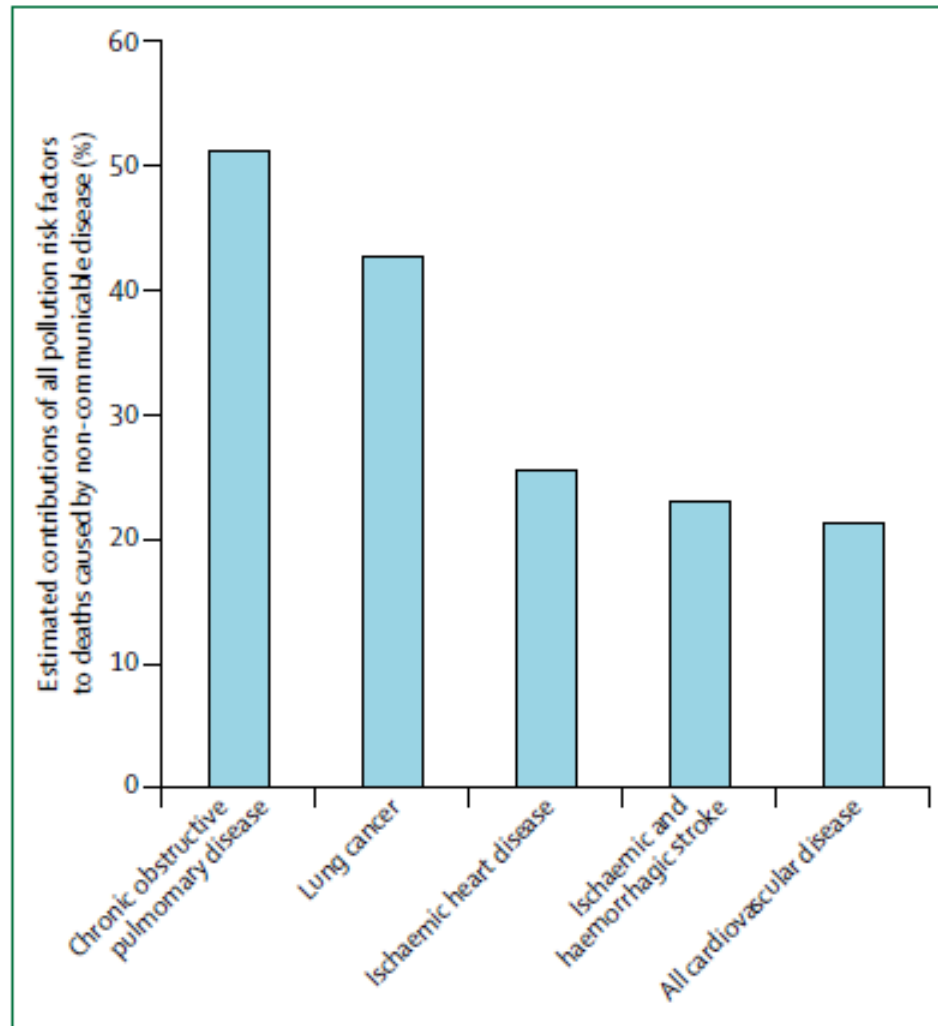


Figure 6: Estimated contributions of all pollution risk factors to deaths caused by non-communicable diseases, 2015

GBD Study, 2016.⁴⁷

Age is a major factor with respect to susceptibility.

The *Lancet* Commission on pollution and health, Lancet

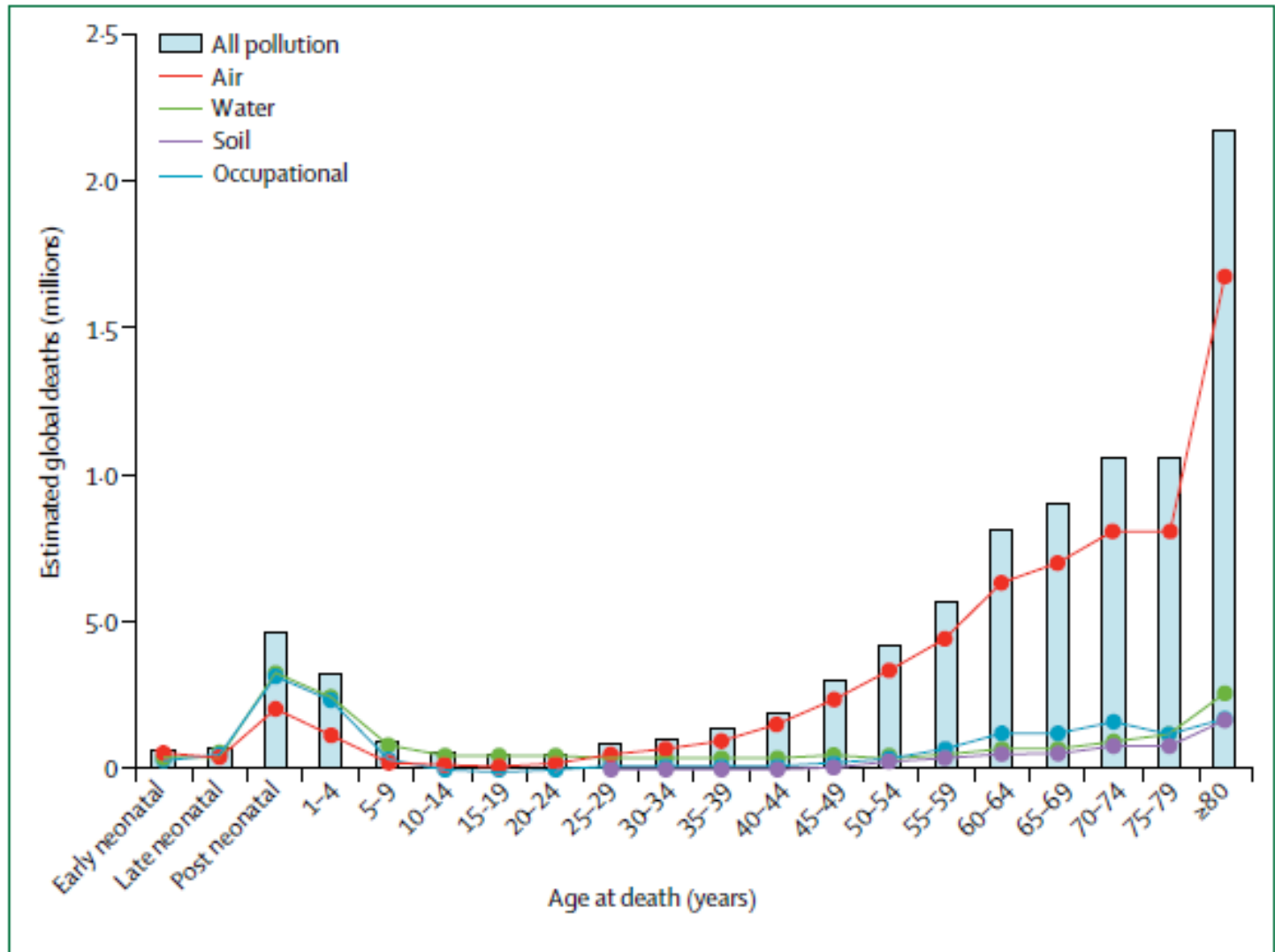


Figure 10: Estimated global deaths by pollution risk factor and age at death, 2015
GBD Study, 2016.⁴⁷

Epidemiological Studies Link Air Pollution to Cardiovascular Disease

- An increase in air pollutants leads to increased mortality and hospital admissions because of cardiovascular diseases (Analitis A. et al. 2006, Zanobetti et al. 2003, Dominici et al. 2006, Peel et al. 2007)
- Exposure to elevated levels of particulate matter (PM) in ambient air leads to an increased heart rate (HR) and a decreased heart rate variability (HRV) in elderly patients (Dubowsky Adar S. et al. 2007, Luttmann-Gibson et al. 2006)
- These associations suggested that controlled studies could help identify causal agents and mechanisms of toxicity.

Ambient Pollutants that are Associated with Adverse Cardiovascular Effects

Particles:

Definition according to the particle size:

PM: Particulate matter, measuring unit: $\mu\text{g}/\text{m}^3$

PM10: Particles with an aerodynamic diameter $\leq 10\mu\text{m}$

PM2.5: Particles with an aerodynamic diameter $\leq 2.5\mu\text{m}$

UFP (ultrafine particles): Particles with an aerodynamic diameter between 0.01 und $0.1\mu\text{m}$, measuring size: count/cm^3

Definition according to chemical composition:

OC, EC: organic and elemental carbon

Gases:

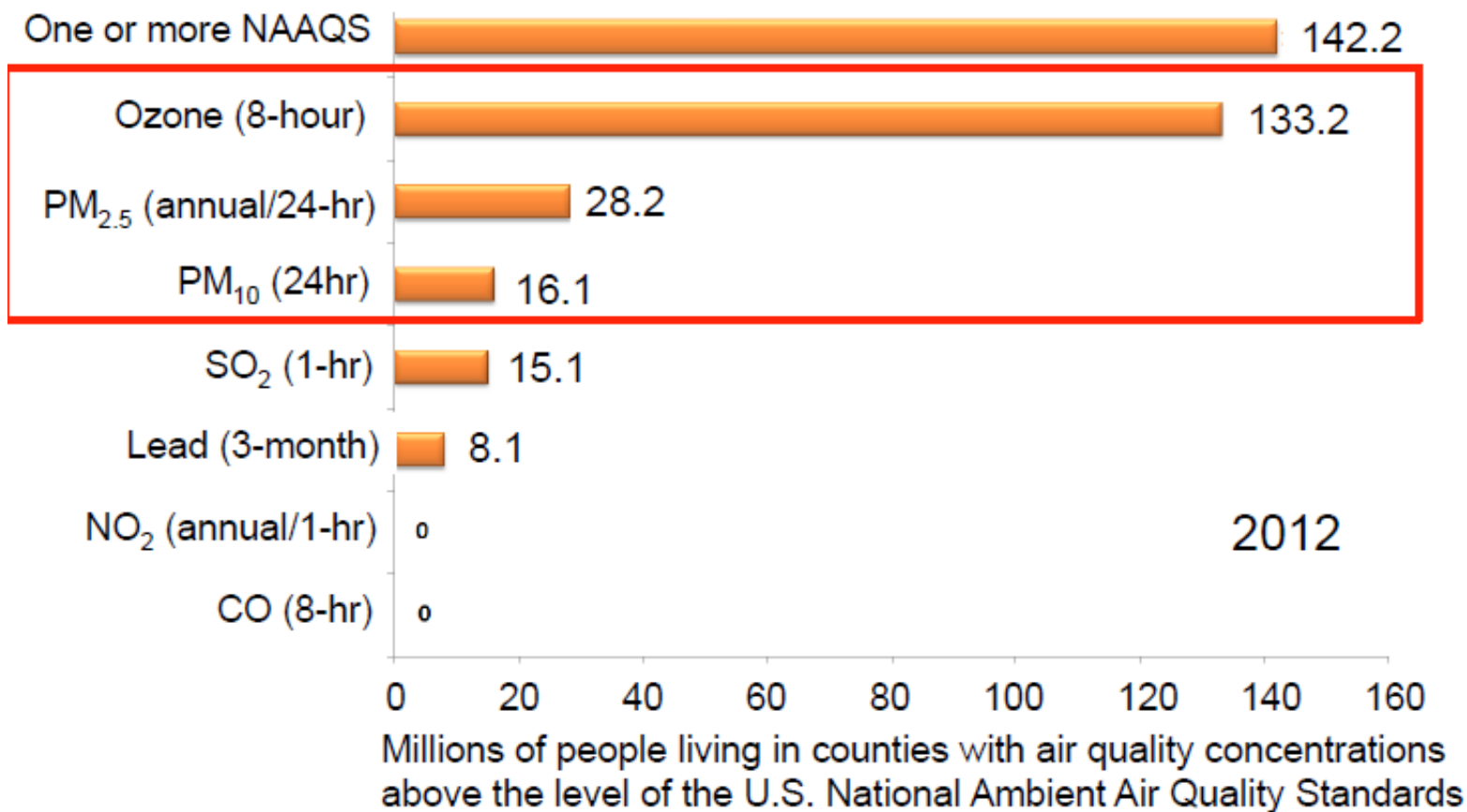
NO, NO2: nitrogen monoxide, nitrogen dioxide

CO: carbon monoxide

What is in Polluted Air?

- Emissions from power plants, motor vehicles, dust.
- Some pollutants are gases:
 - Ozone and NO_2 are major problems in California.
 - SO_2 and organic gases are also important.
- Some pollutants are particles:
 - Particles are associated with increased deaths during air pollution episodes.

Ozone and Particulate Matter (PM) are the top two U.S. air pollutants



EPA, 2014: <http://www.epa.gov/airtrends/aqtrends.html#comparison>

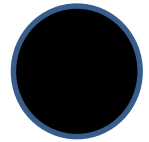
The Role of PM Constituents on Health

- Based on epidemiological studies and mechanistic studies, air pollution health effects are more strongly associated with PM and Ozone than with other pollutants, and the bulk of potential monetary benefits can be accrued by mitigation of PM and ozone exposures.
- Our current studies have identified carbon-containing compounds that are components of PM as agents that can impact the heart.

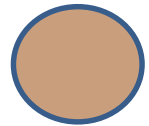
Black Carbon and Brown Carbon?

- Black carbon (BC) is a major component of “soot”, a complex light-absorbing mixture that comprised of a mixture of Elemental Carbon (EC) and Particulate Organic Carbon (OC).
- BC is the most strongly light-absorbing component of particulate matter (PM), and is formed by the incomplete combustion of fossil fuels, biofuels, and biomass.
- BC is emitted directly into the atmosphere in the form of fine particles ($PM_{2.5}$) and ultrafine particles ($PM_{0.1}$). These are also considered nanoparticles.
- BC is the most effective form of PM, by mass, at absorbing solar energy: per unit of mass in the atmosphere, BC can absorb a million times more energy than carbon dioxide (CO_2).
- Organic carbon aerosols are a significant absorber of solar radiation. The absorbing part of organic aerosols is referred to as "brown" carbon (BrC).

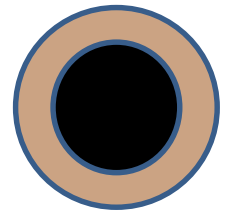
EC



OC +
BrC



BC



MOST Black Carbon and other contaminants are produced during FOSSILE FUEL OR BIOMASS COMBUSTION

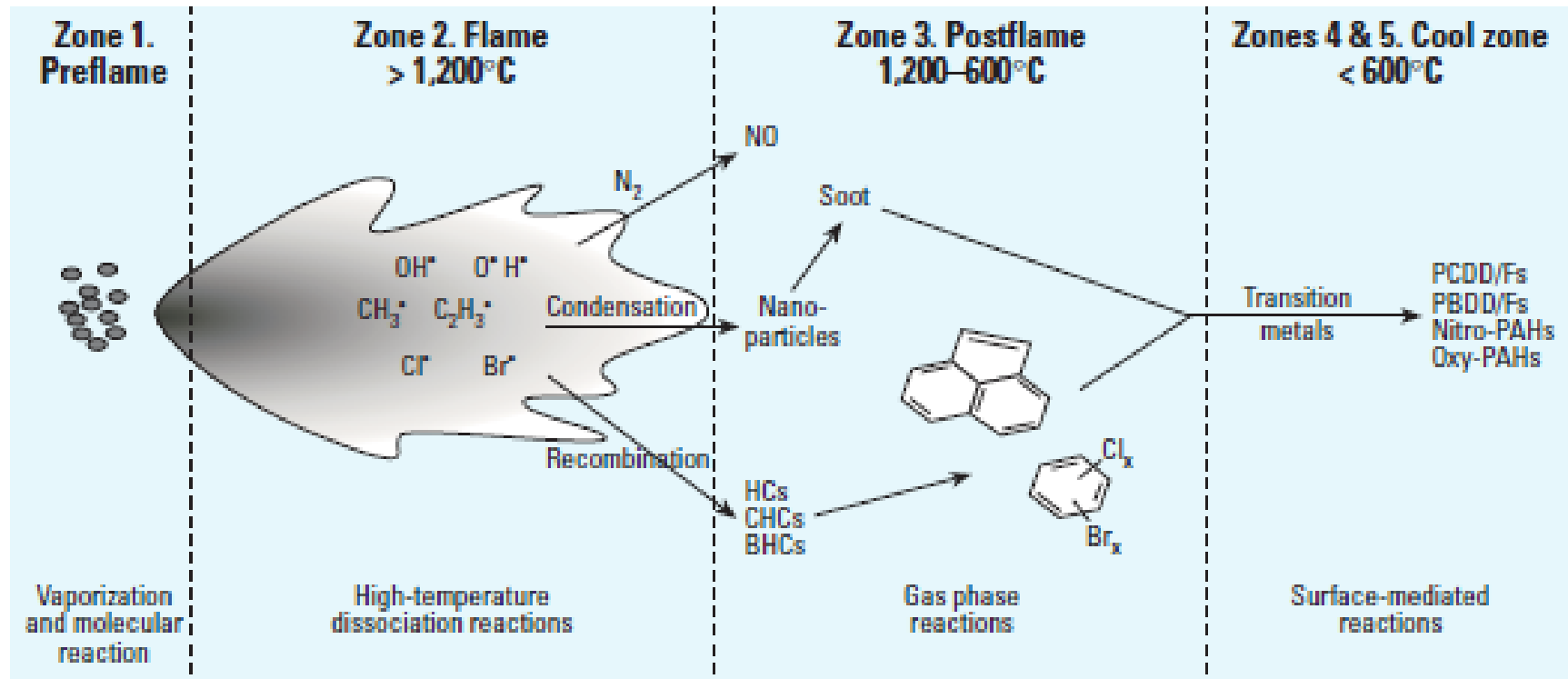


Figure 1. Combustor reaction zones. Zone 1, preflame, fuel zone; zone 2, high-temperature, flame zone; zone 3, postflame, thermal zone; zone 4, gas-quench, cool zone; zone 5, surface-catalysis, cool zone. PBDD/Fs, polybrominated dibenzo-*p*-dioxins and dibenzofurans. Reaction products from upstream zones pass through downstream zones and undergo chemical modifications, resulting in formation of new pollutants. Zone 2 controls formation of many “traditional” pollutants (e.g., carbon monoxide, sulfur oxides, and nitrogen oxides). Zones 3 and 4 control formation of gas-phase organic pollutants. Zone 5 is a major source of PCDD/Fs and is increasingly recognized as a source of other pollutants previously thought to originate in zones 1–4.

Origin and Health Impacts of Emissions of Toxic By-Products and Fine Particles from Combustion and Thermal Treatment of Hazardous Wastes and Materials

Stephanie A. Cormier,¹ Slawo Lomnicki,² Wayne Backes,² and Barry Dellinger²

¹Department of Biological Science, and ²Department of Chemistry, Louisiana State University, Baton Rouge, Louisiana, USA;

³Department of Pharmacology, Louisiana State University Health Sciences Center, Baton Rouge, Louisiana, USA

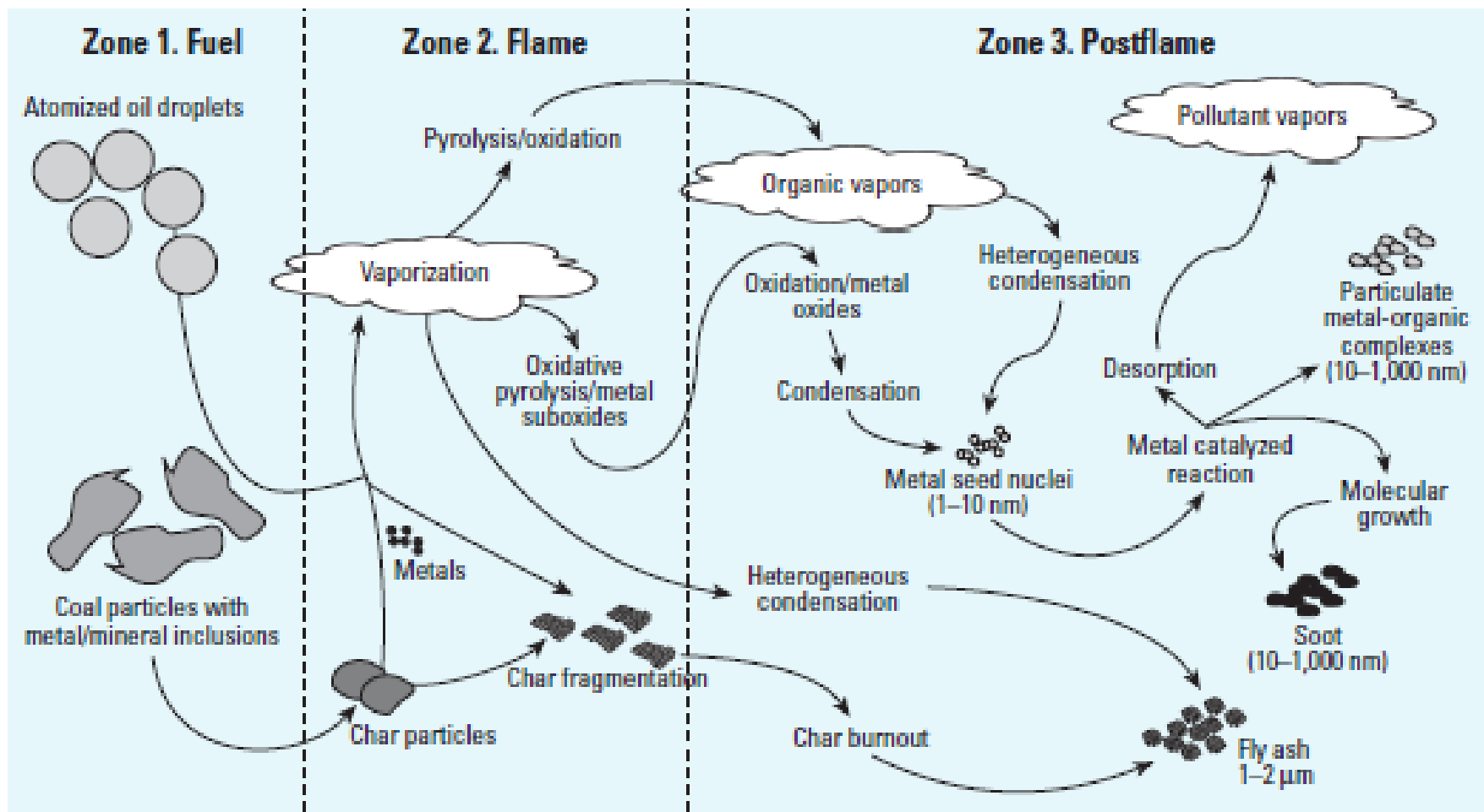


Figure 2. Nanoparticle formation/growth and mediation of pollutant-forming reactions in combustion systems. The combustor reaction zones described in Figure 1 effect particle formation as well as gas-phase pollutant formation. Metals and other refractory compounds are vaporized in the flame zone. They can recondense as cluster or seed nuclei in the postflame zone, where they catalyze further particle growth and pollutant formation in the cool zones.

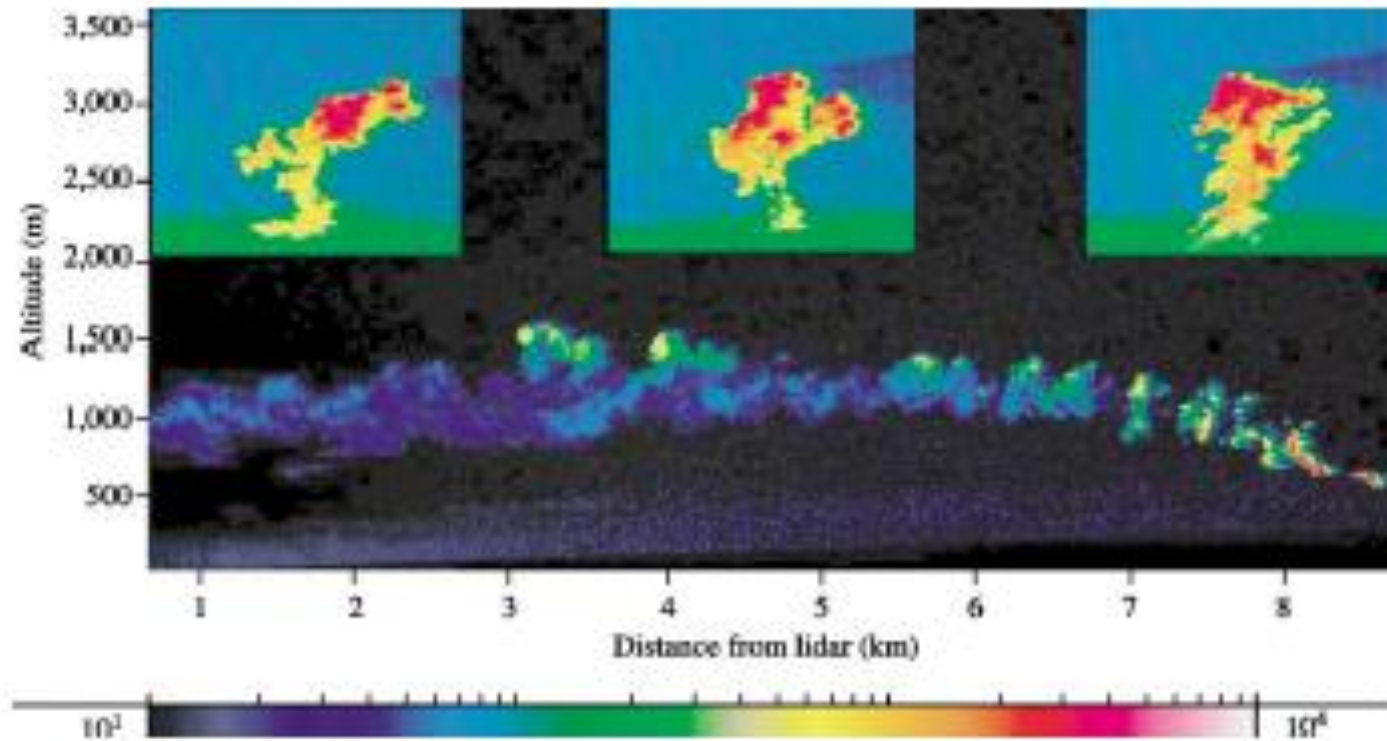
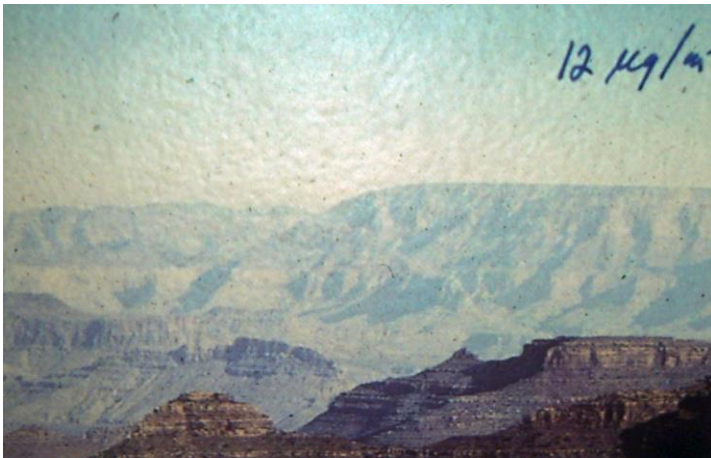
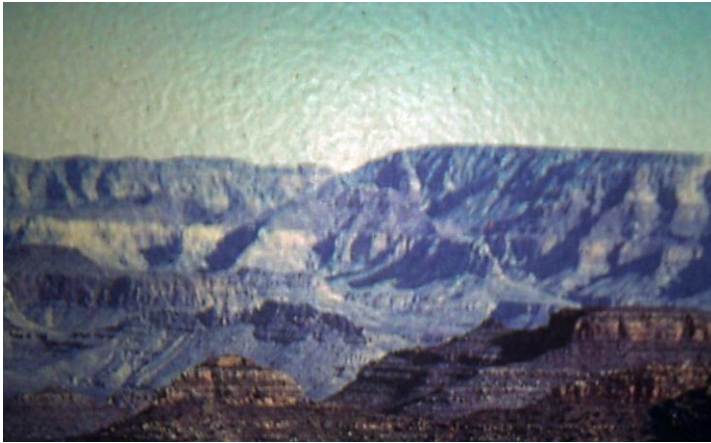


Figure 20 Lidar images of an aerosol-rich plume emitted from a power plant. The plume, viewed lengthwise from the ground, is above the PBL at an altitude of ~ 0.3 km. The inserts are enlarged cross-sections of a similar plume, taken at 1 min intervals. The shapes of such sections change continuously with both position along the length of the plume and with time. Nanticoke power plant, Ontario, Canada. The lengthwise and cross-section images were taken on January 22 and 19, 2000, respectively at 1,064 nm, with scan speeds adjusted depending on distance from source and proximity of mobile lab to produce a full-scan image in less than 1 min. The images were obtained by and are courtesy of K. Strawbridge, Meteorological Service of Canada.

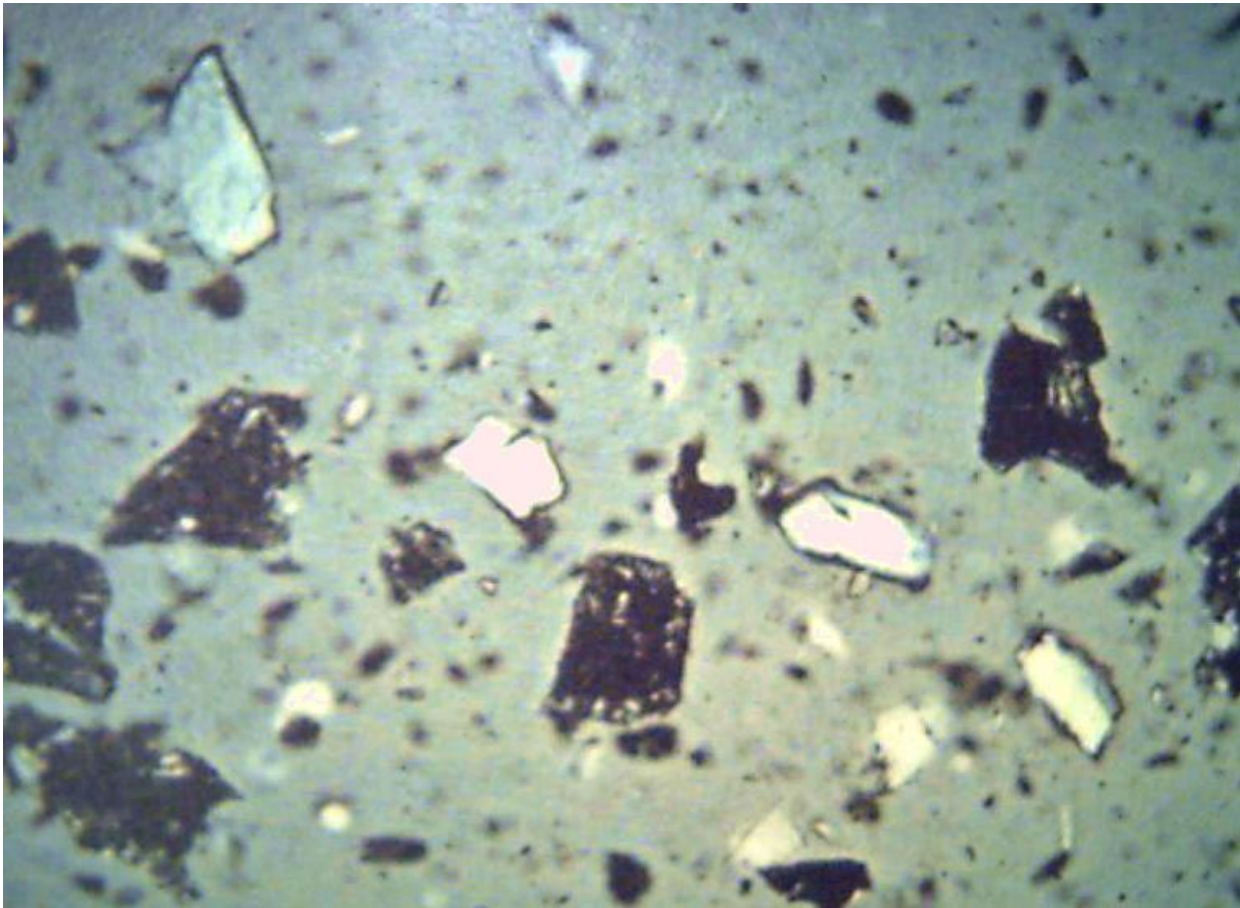
Low Levels of Particles Alter Visibility



9/11/2003

Adapted from JAWMA Sept. 1984

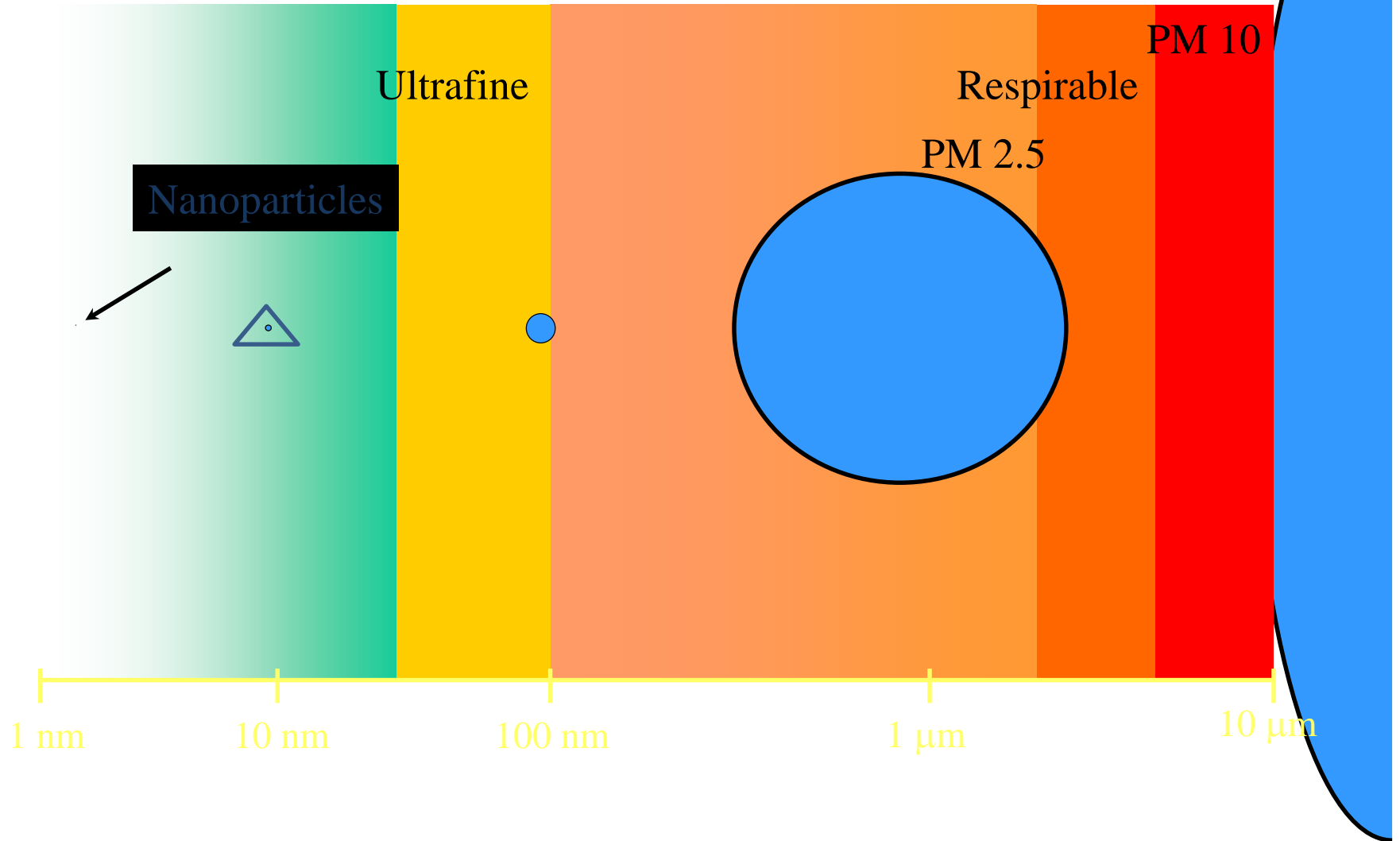
Particles Vary in Size and Shape



9/11/2003

Adpted from The Particle Atlas,
McCrone and Delly, 1973

Particle Scale



PM_{2.5} and UFP are heterogeneous and a large fraction of these particles are combustion generated.

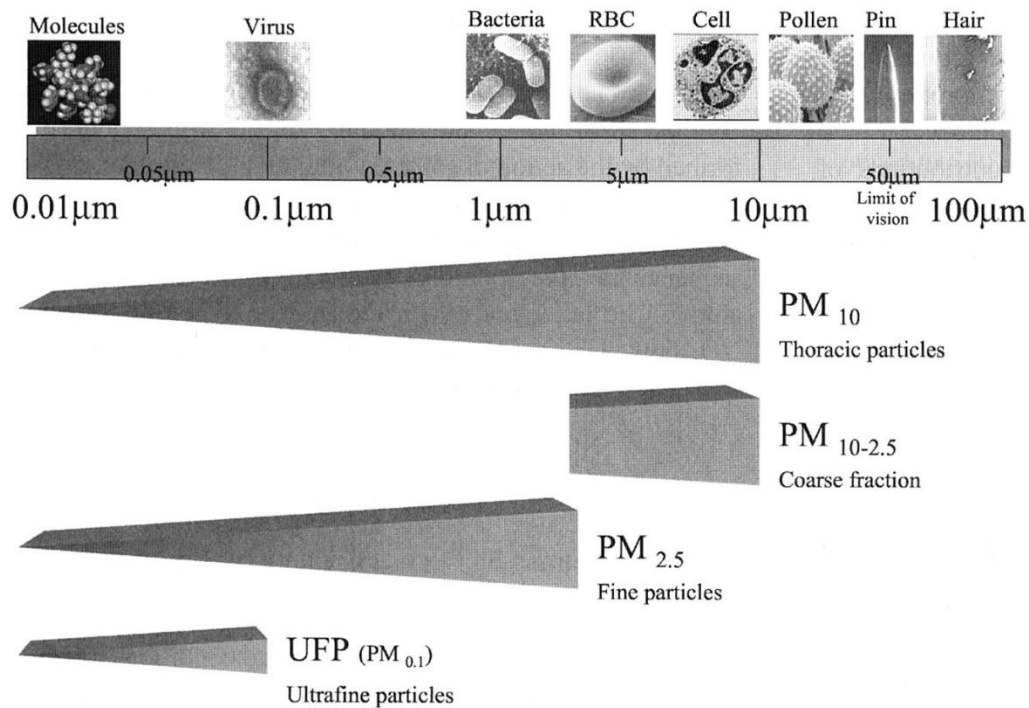


Figure 1. Particulate matter air pollution size distribution.

Most Black Carbon and the particles that seem to be the most biologically active are in the Nanoparticle Size Range

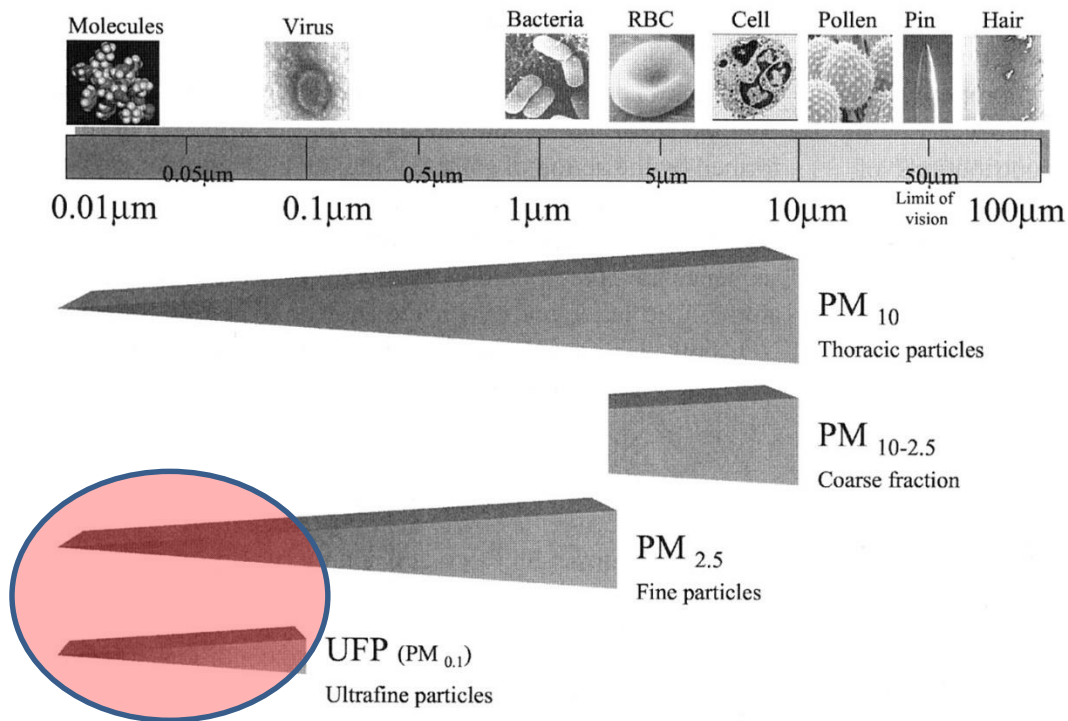
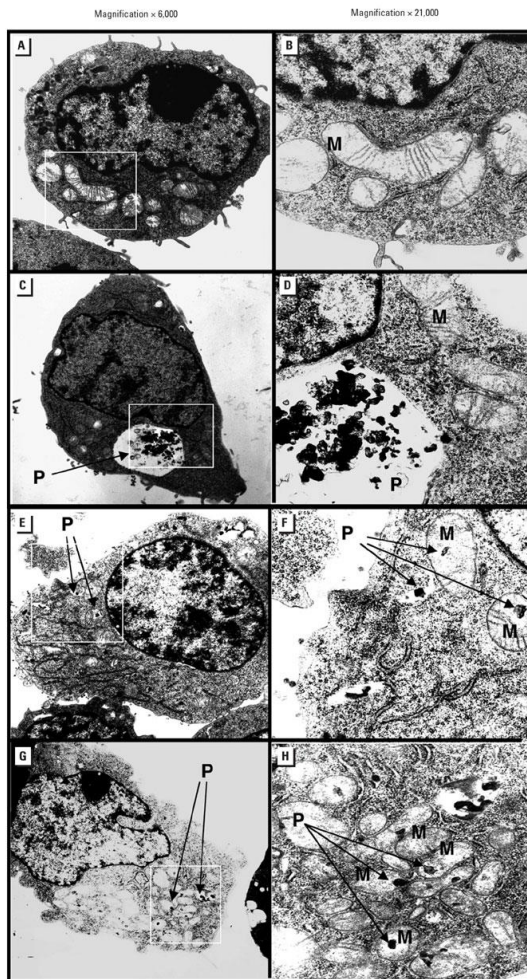


Figure 1. Particulate matter air pollution size distribution.

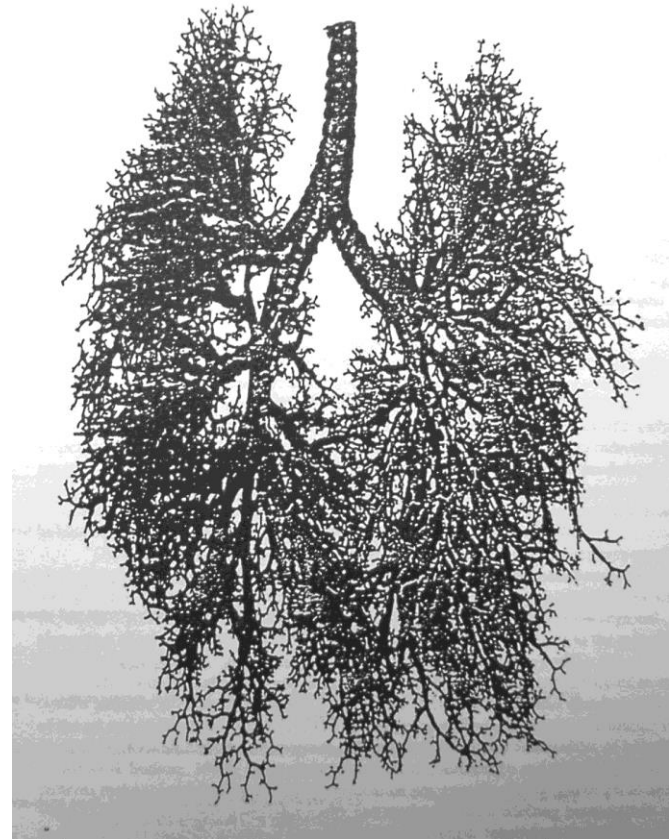
Nanoparticles Can Penetrate Cell Membranes



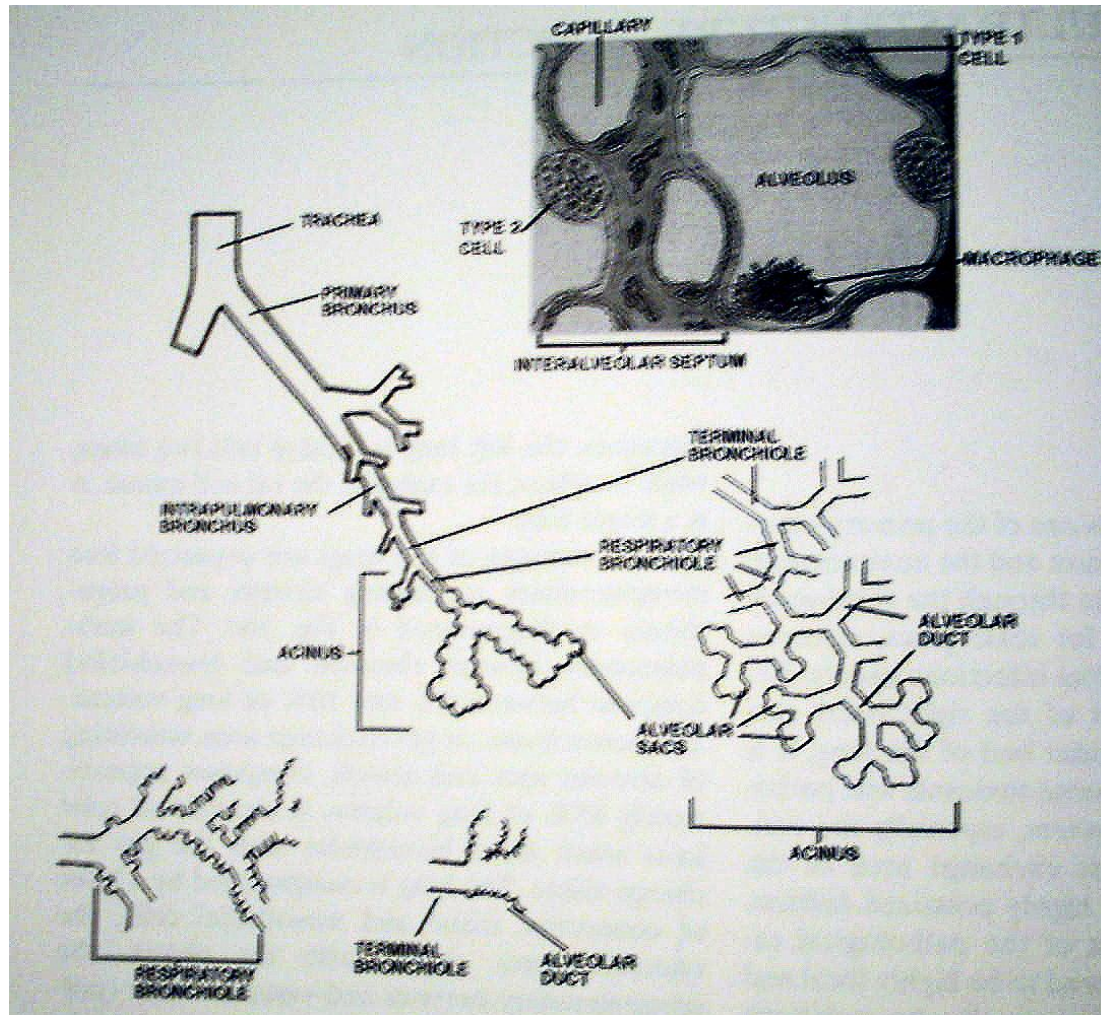
- Normal Macrophage (A, B).
- Coarse particles collected in large cytoplasmic vacuoles (C, D).
- Mitochondrial architecture remained intact after coarse PM incubations
- UFPs frequently lodged inside mitochondria (G, H).
 - Cells incubated with UFPs showed extensive mitochondrial disruption (H).

Let's start by looking at the Lung

- The human lung is a complex, branching structure.
- The structure is also complex at the cellular level .
- This complexity means that different parts of the lung have different sensitivities to particles.

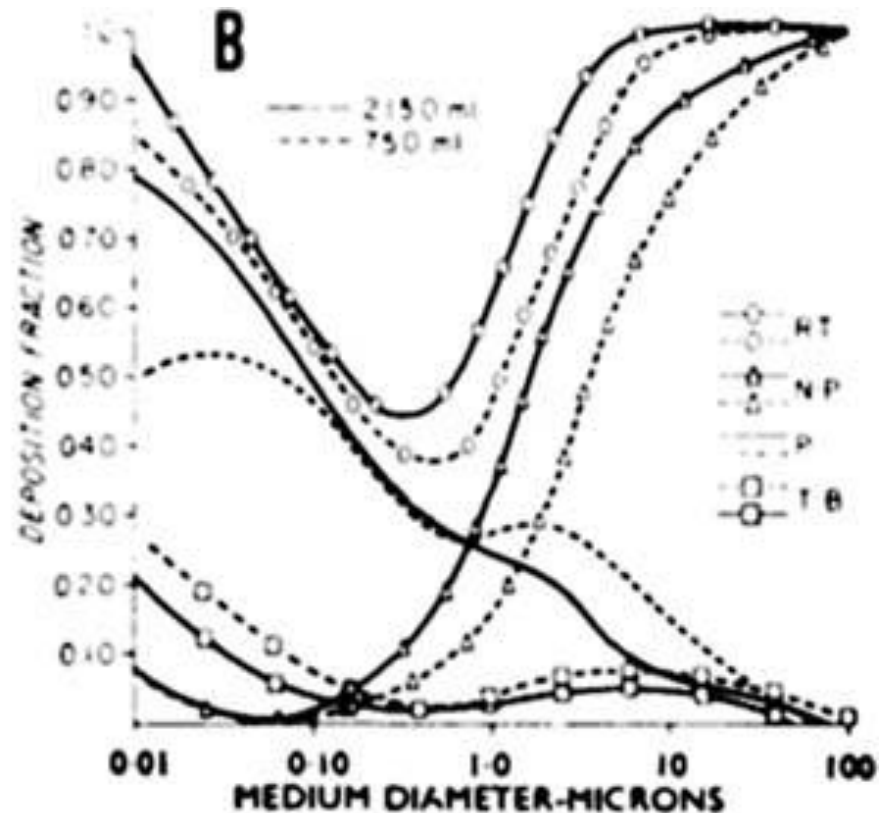
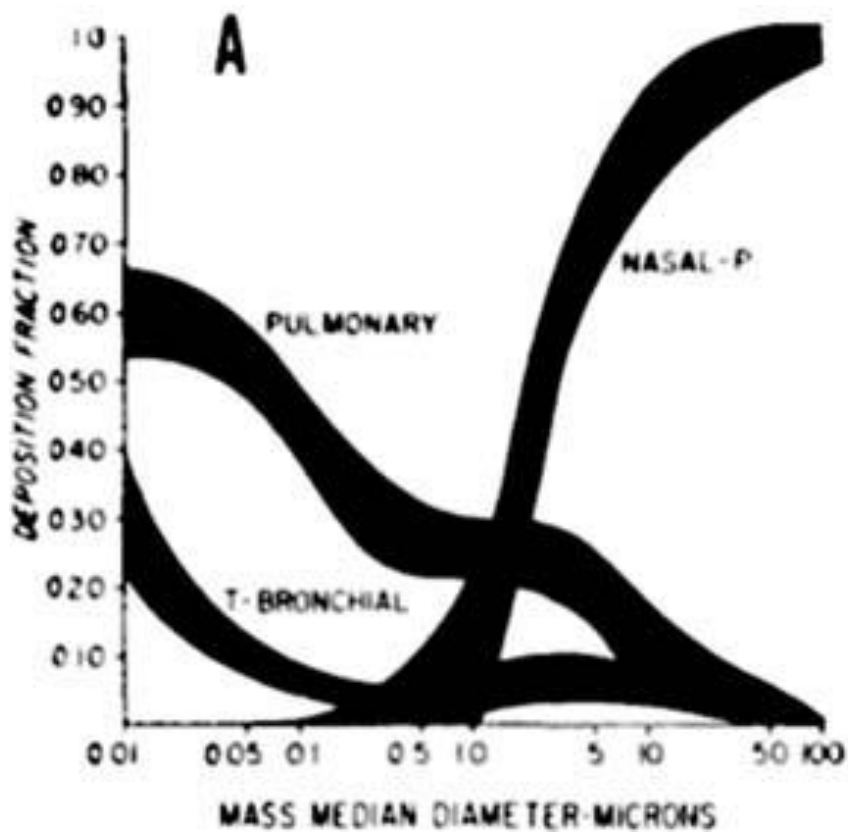


Airways are Complex Structures

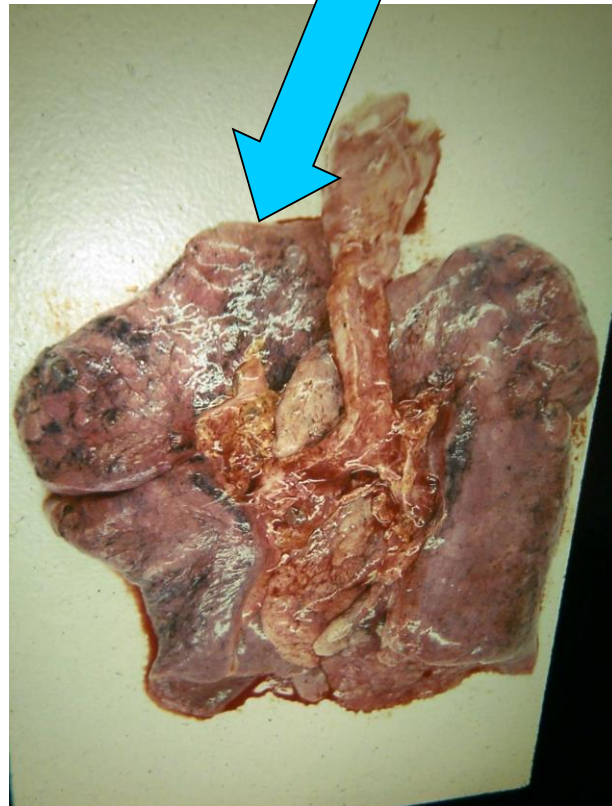


2/28/2001

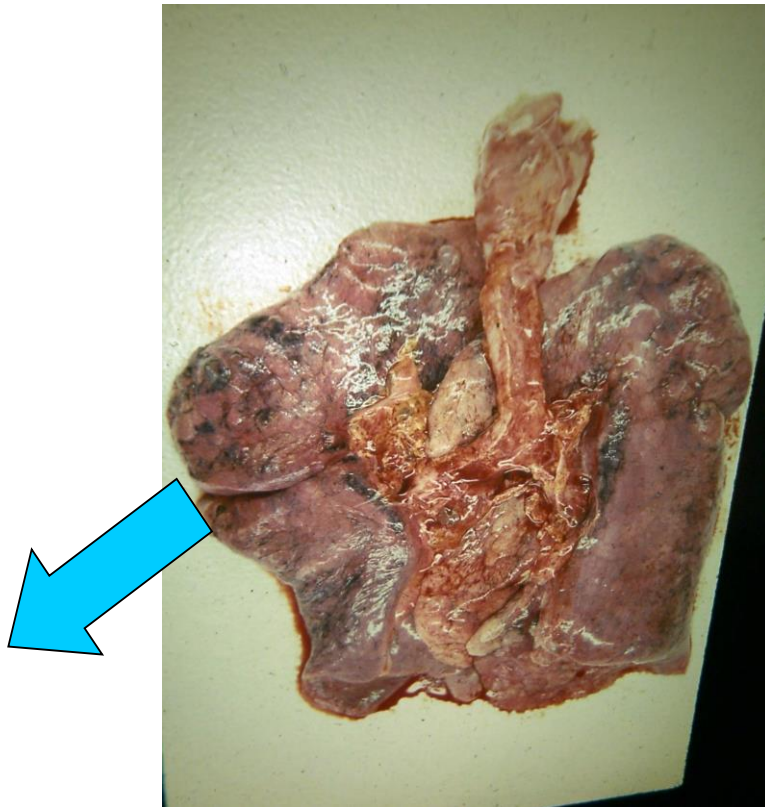
Regional deposition predictions based on model proposed by ICRP Committee II Task Group on Lung Dynamics, indicating effect of variations in σ_g and flowrate. A: each of the *shaded areas* (envelopes) indicates the variable deposition for a given mass median (aerodynamic) diameter in each compartment when the distribution parameter σ_g varies from 1.2 to 4.5 and the tidal volume is 1,450 ml. B: two ventilatory states, i.e., 750 ml and 2,150 ml tidal volume (~11 and ~32 liters/min volumes, respectively) are used to indicate the order and direction of change in compartmental deposition which are induced by such physiological factors. From Task Group on Lung Dynamics



**Soluble Particles Clear Quickly Although
soluble components can readily enter
circulation the less soluble components are
retained.**

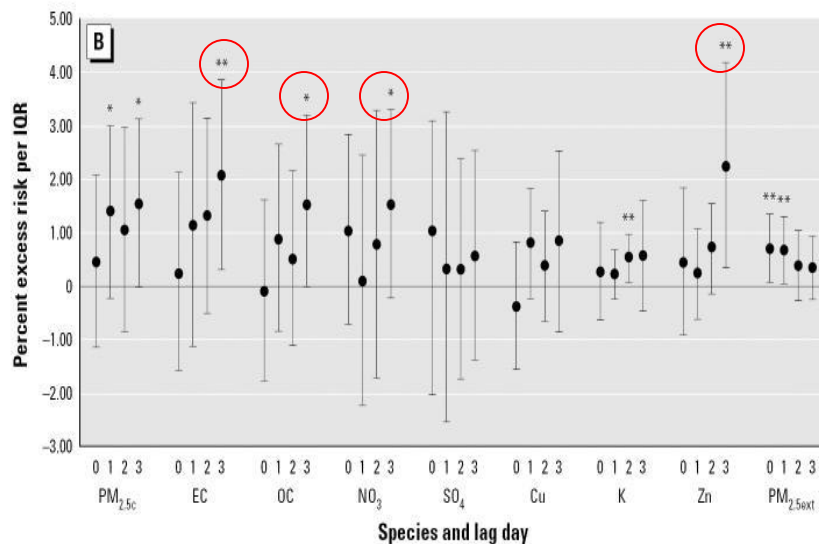
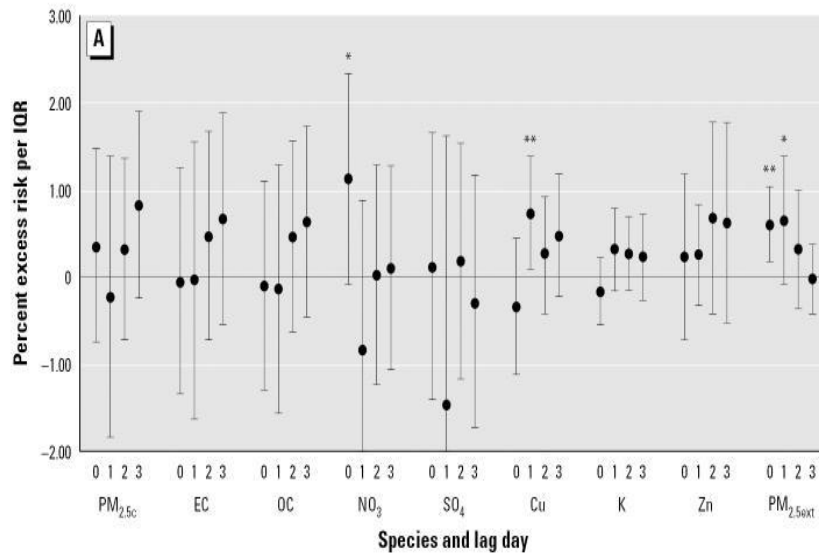


Sequestered particles can still slowly dissociate and reach other organs.



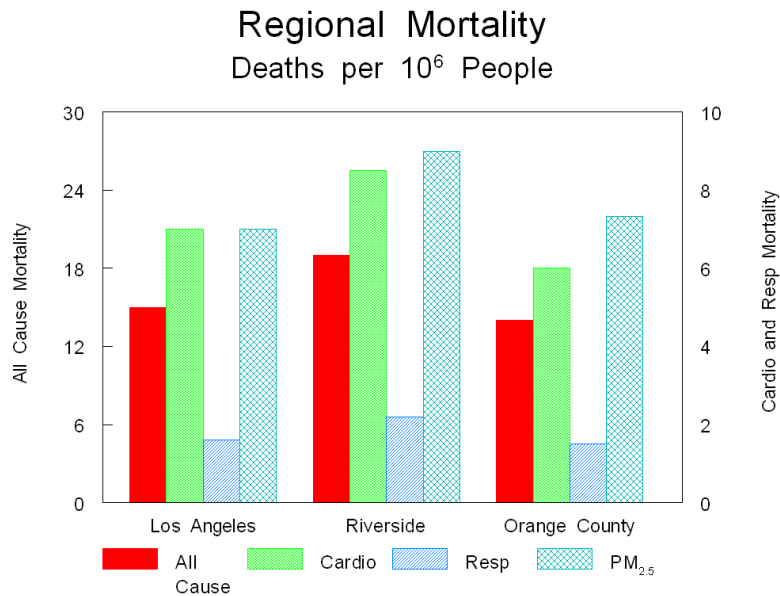
8/20/2017

Components of PM could be Causal Agents (or Surrogates)



- Cardiovascular mortality more tightly linked to PM exposure than is total mortality.
- EC, OC, nitrate and Zn may be important based on the epidemiological findings.

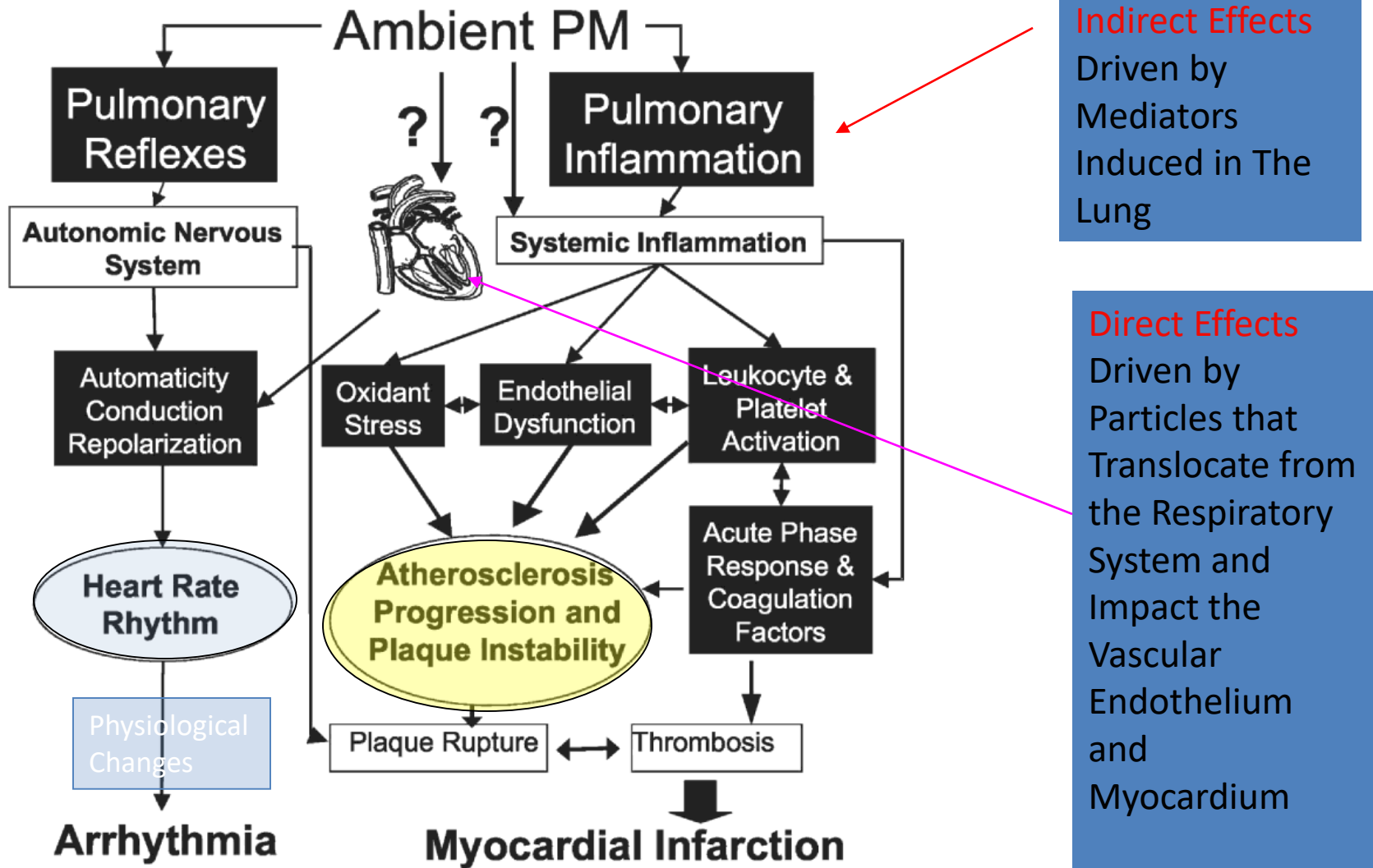
California Air Pollution is Strongly Associated with Deaths



Adapted from Ostro et al., 2007

- Mortality data are consistent with PM exposures on a regional basis in California.
- Cardiovascular Mortality Represents about ½ of all Deaths.

Inhaled Pollutants can Induced Effects Through Multiple Pathways



Controlled Studies Using Models of Diseases Can Be Used to Identify Causal Agents and Mechanisms

- Rats
 - Aged (geriatric)
 - MI
 - Hypertensive (SHR)
- Mice
 - ApoE-/- (3, 4 and 6 month studies)
 - Nrf2-/- (in progress)
 - Diabetes (proposed)

Various Endpoints Can Be Measured Before, During and After Exposures

- Biochemistry
 - Blood Samples
 - Acute phase proteins
 - Cytokines
 - Expired Breath
- Cardiac Physiology
 - Heart Rate and HRV
 - Blood Pressure
 - Systolic
 - Diastolic
 - Mean
 - Developed Pressure
 - Contractility
- Molecular Biology
 - Gene/protein expression from lung, heart, brain
 - In-situ hybridization for effects localization

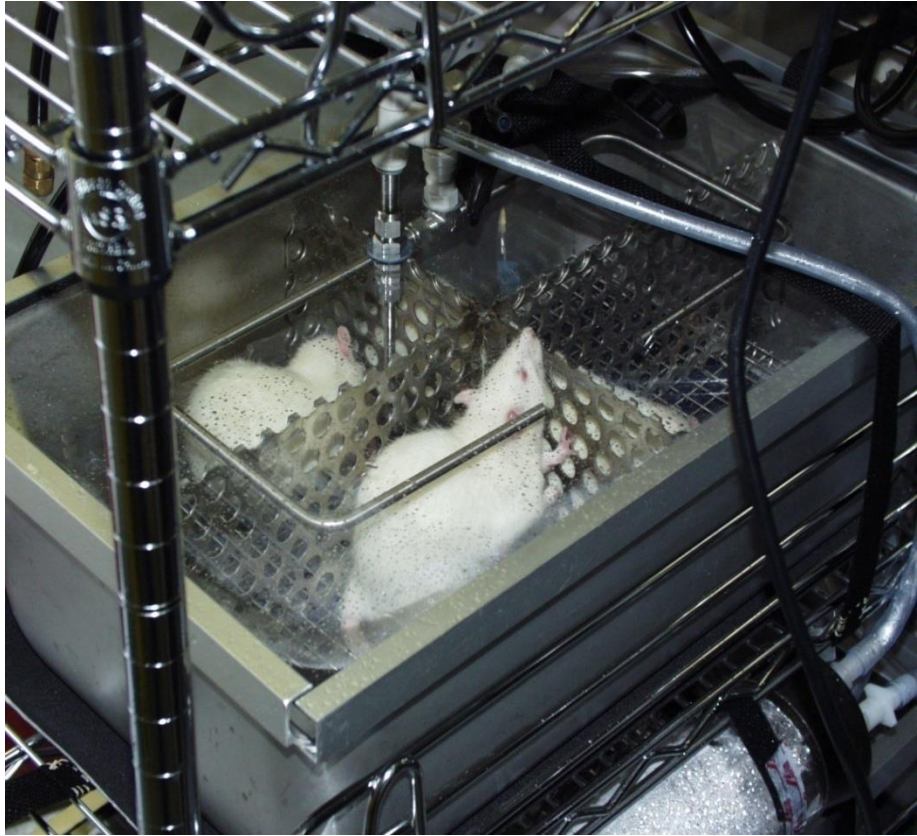
SIZE IS IMPORTANT BUT SIZE ISN'T EVERYTHING

- The composition of the particles should affect the way that particles interact with biological systems.
- UFP have high surface to mass ratios which makes them good 'carriers' for adsorbed substances.
 - Can carry toxins to areas which they couldn't ordinarily reach
 - Can become activated by adsorbing reactive substrates
- It has become well-established that the organic constituents on particles play an important role in development or worsening of cardiovascular diseases.
 - Atherosclerosis
 - Hypertension
- Some of our data indicated worse outcomes after exposures during summer (high photochemical activity, O₃) than during fall or winter.

Experimental

- Rats were exposed to Air or CAPs
- Vapor- and particle-phase samples collected in parallel to animal exposure
- Mean arterial pressure and heart rate were measured
 - during exposure
 - at night after exposure

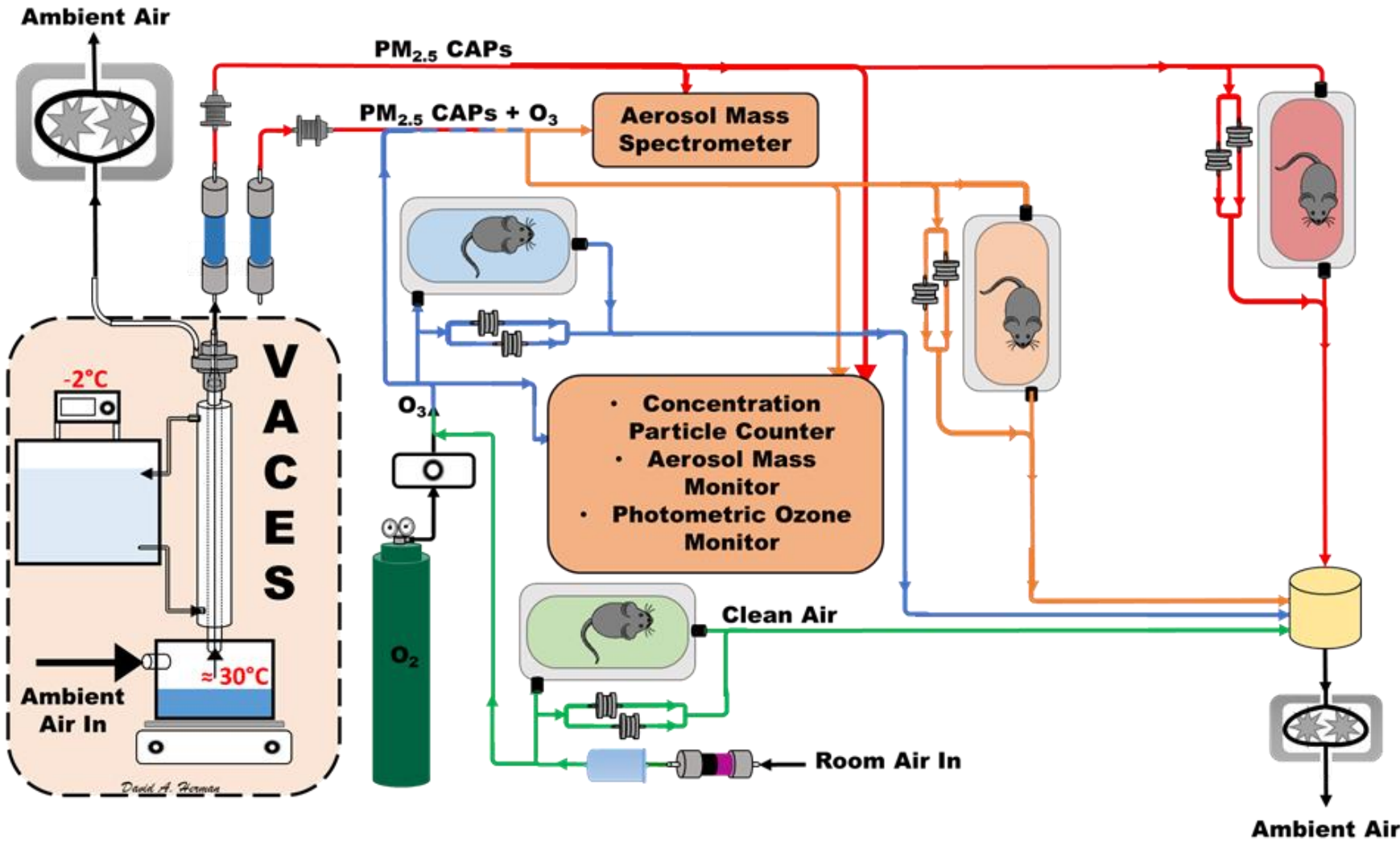
Rats or Mice Can Be Exposed to Purified Air or CAPs in Sealed Chambers



The Sealed Chambers Can Be Placed Onto Racks to Facilitate Transport



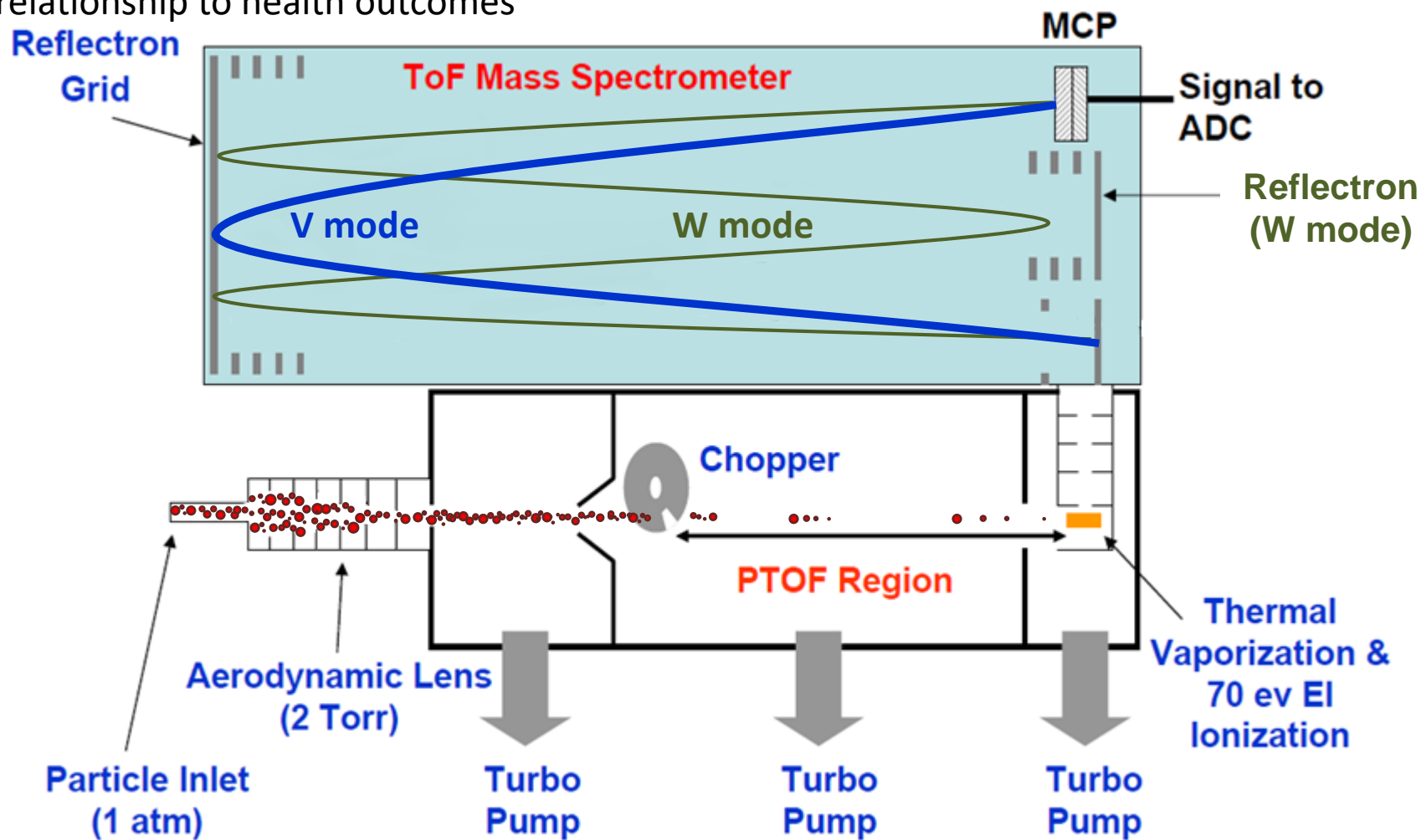
Airborne particles were concentrated using a Versatile Aerosol Concentration Enrichment System (VACES) in conjunction with a Dakati Thermal Denuder. O₃ was metered into the Concentrated Ambient Particles (CAPs) to reach a final concentration of 0.2 ppm.



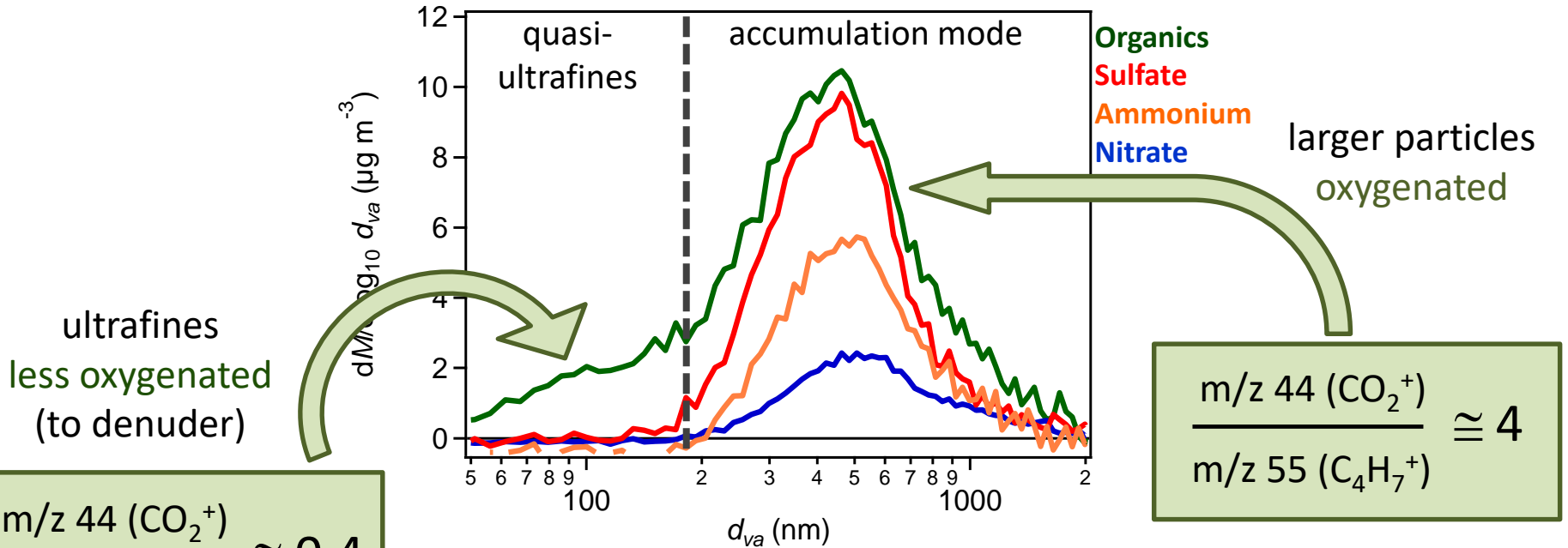
Exposure Protocol

- ApoE-/- mice were surgically implanted with ECG telemetry devices.
- Mice were exposed 5 hr per day (8AM to 1 PM) 4 days per week for 8 weeks at UC Irvine and were housed in filtered air-supplied caging systems between exposures.
- ECG data were monitored during exposures and while the mice were in housing (21 hr / day).
- All animal protocols were approved by the Institutional Animal Care and Use Committee.

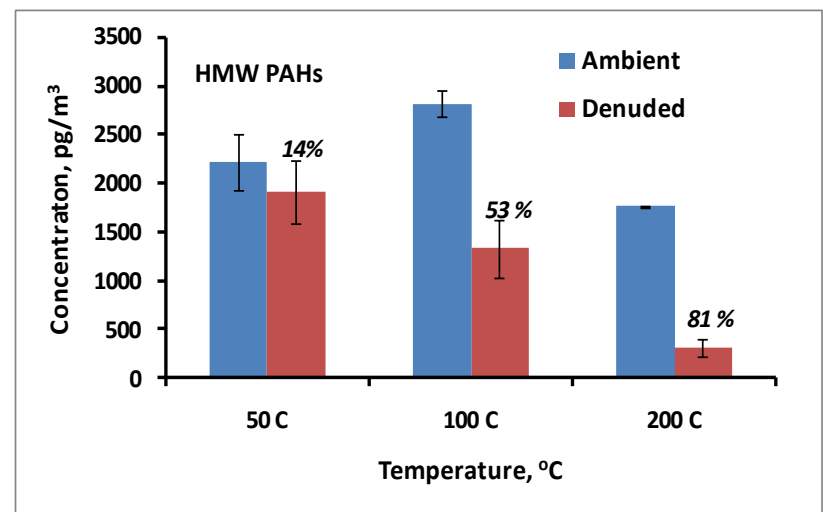
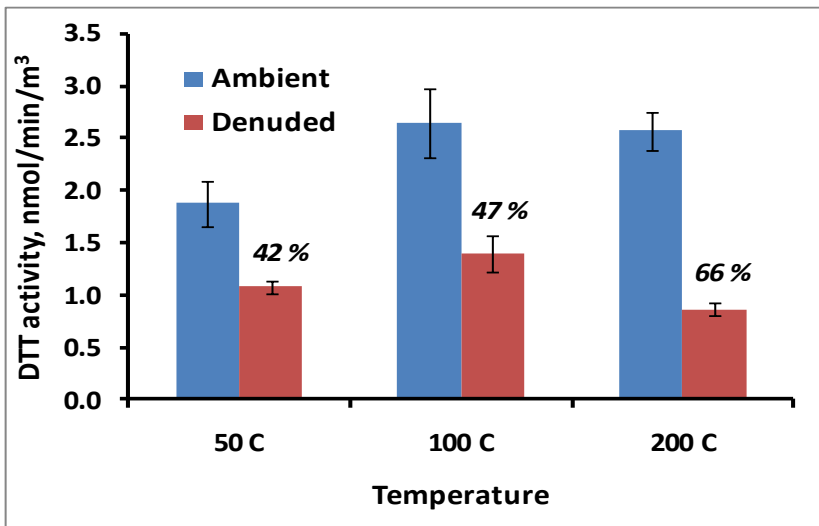
- We are going to look at data generated using the Aerosol Mass Spectrometer
- AMS provides real time high resolution mass spectra of particles as well as particle size distributions (aerodynamic diameter).
- We will specifically look at oxygen to carbon ratios in organic constituents and their relationship to health outcomes



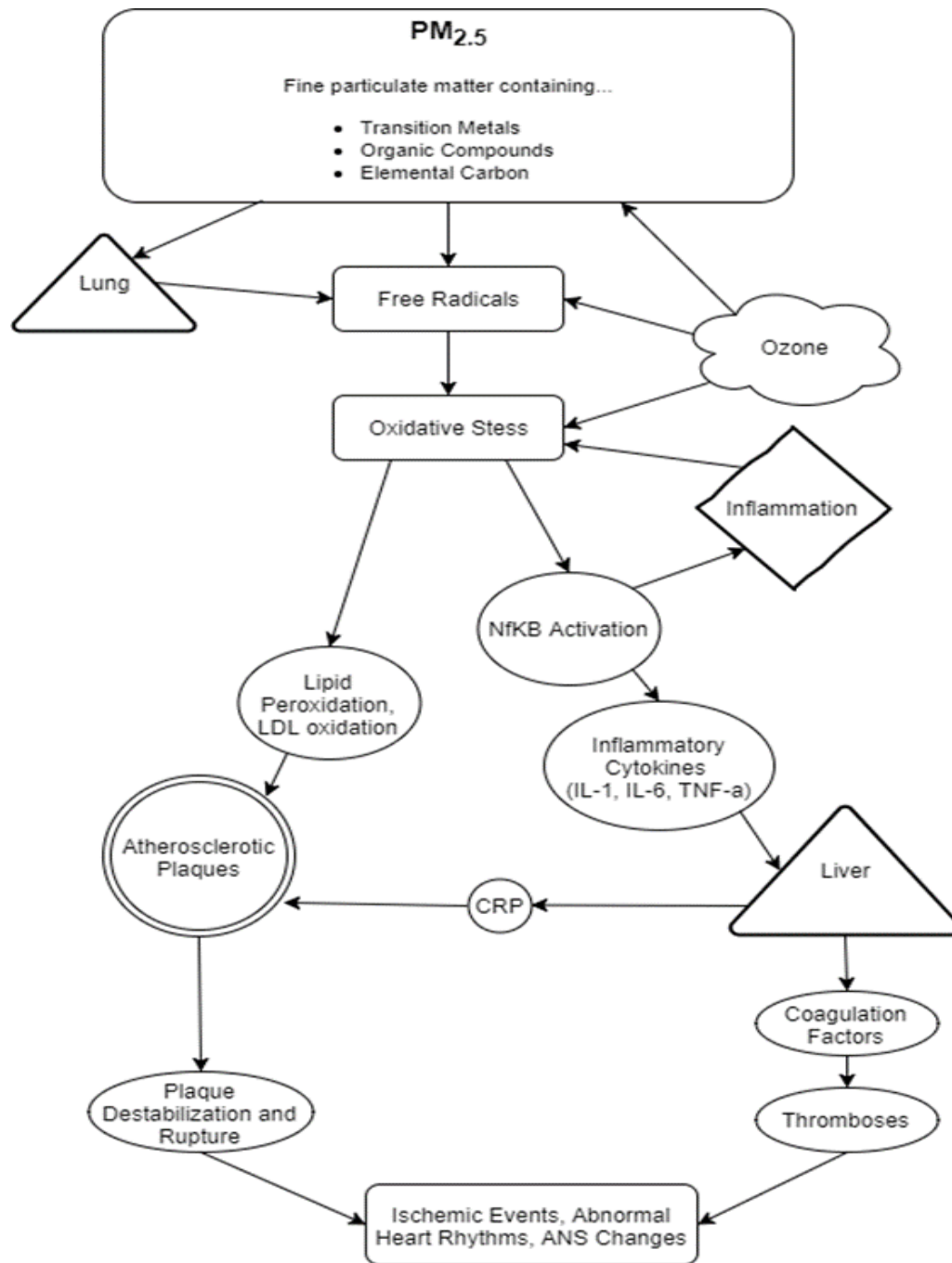
Health-related characteristics of Ultrafine PM



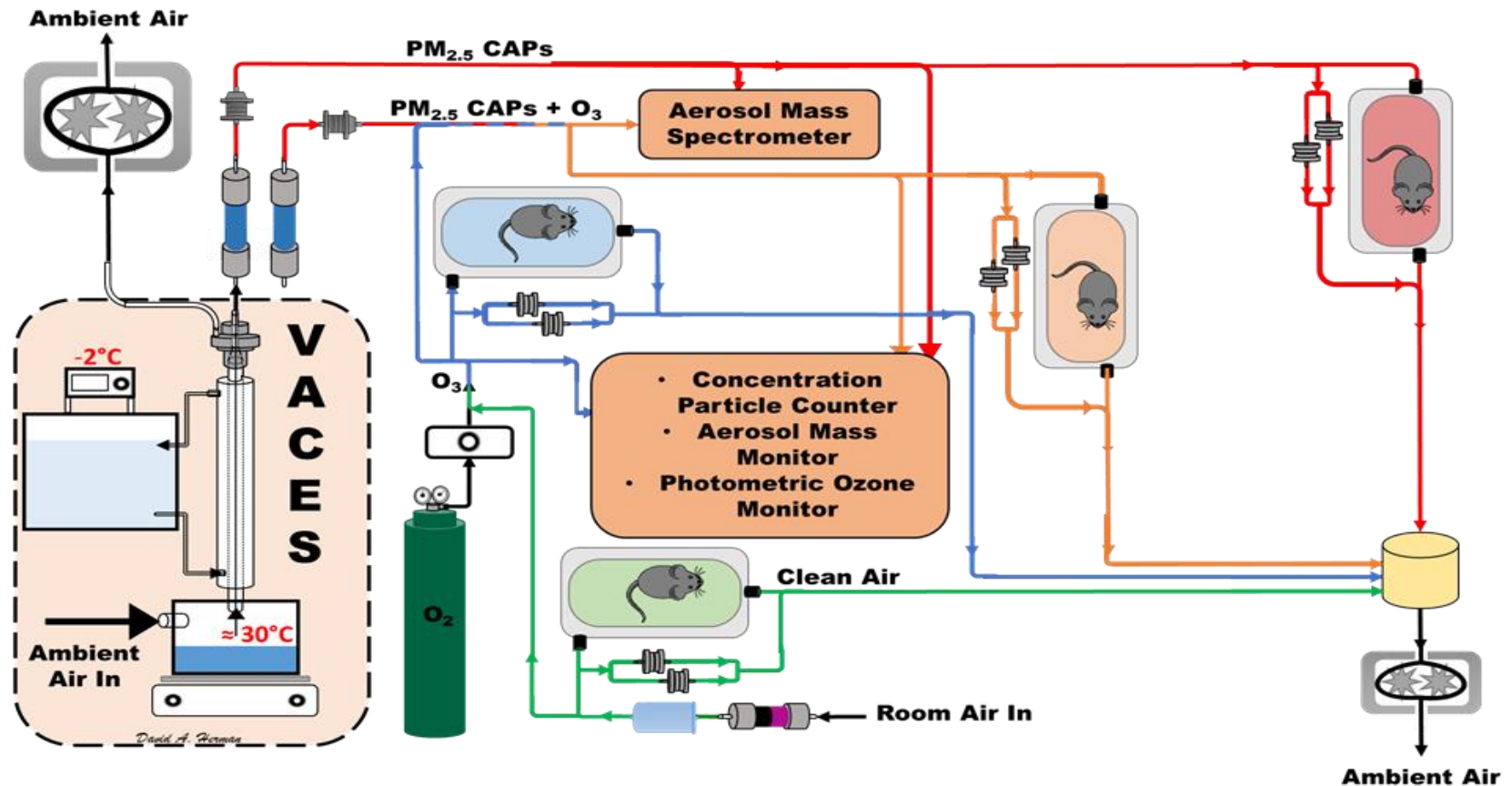
When you denude the UFP



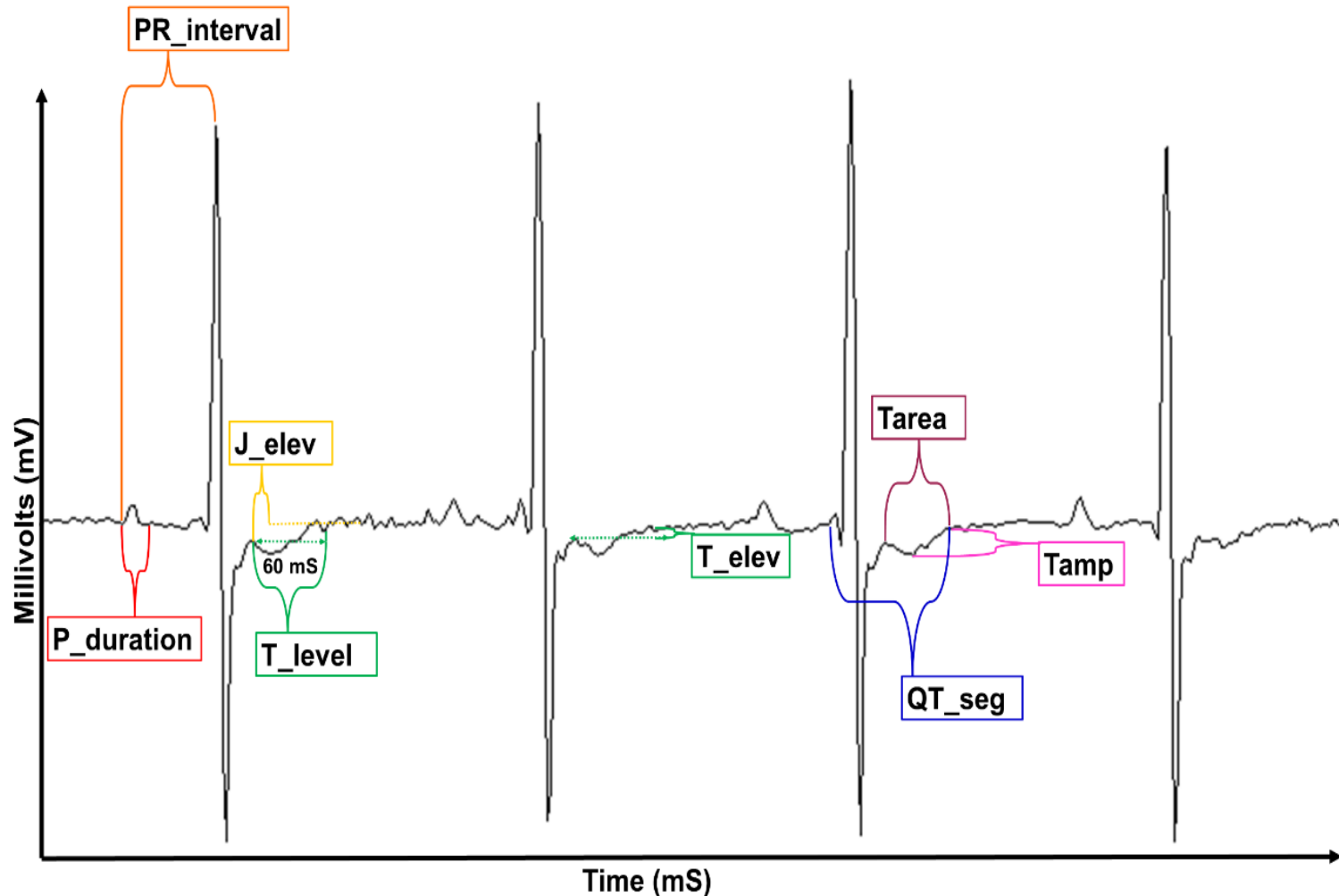
A Mechanistic Framework for PM_{2.5} and Ozone Effects Leading to Cardiovascular Disease



We designed a study to **1)** elucidate the mechanisms through which concurrent PM_{2.5} and ozone exposures might induce toxicity and cardiovascular effects; and **2)** determine whether there are interactions between these two air pollutants such that the effects of the concurrent exposure might differ from those of exposures to PM or O₃ when administered alone.

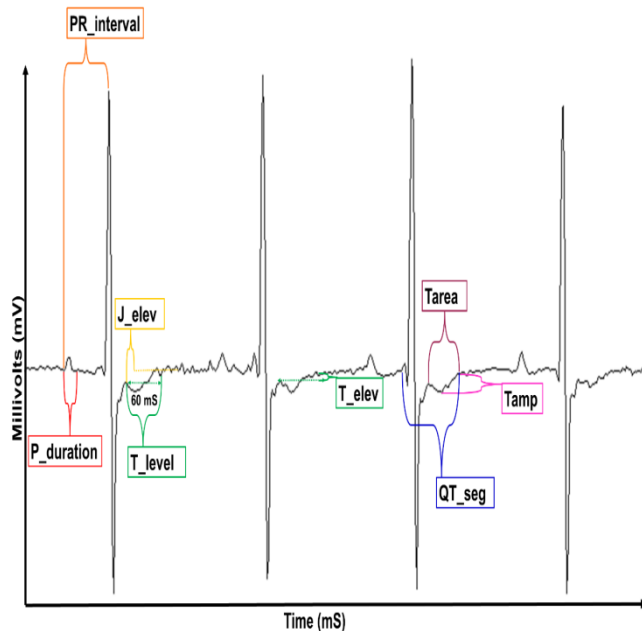


We are going to focus on how cardiac physiology is changed after exposures

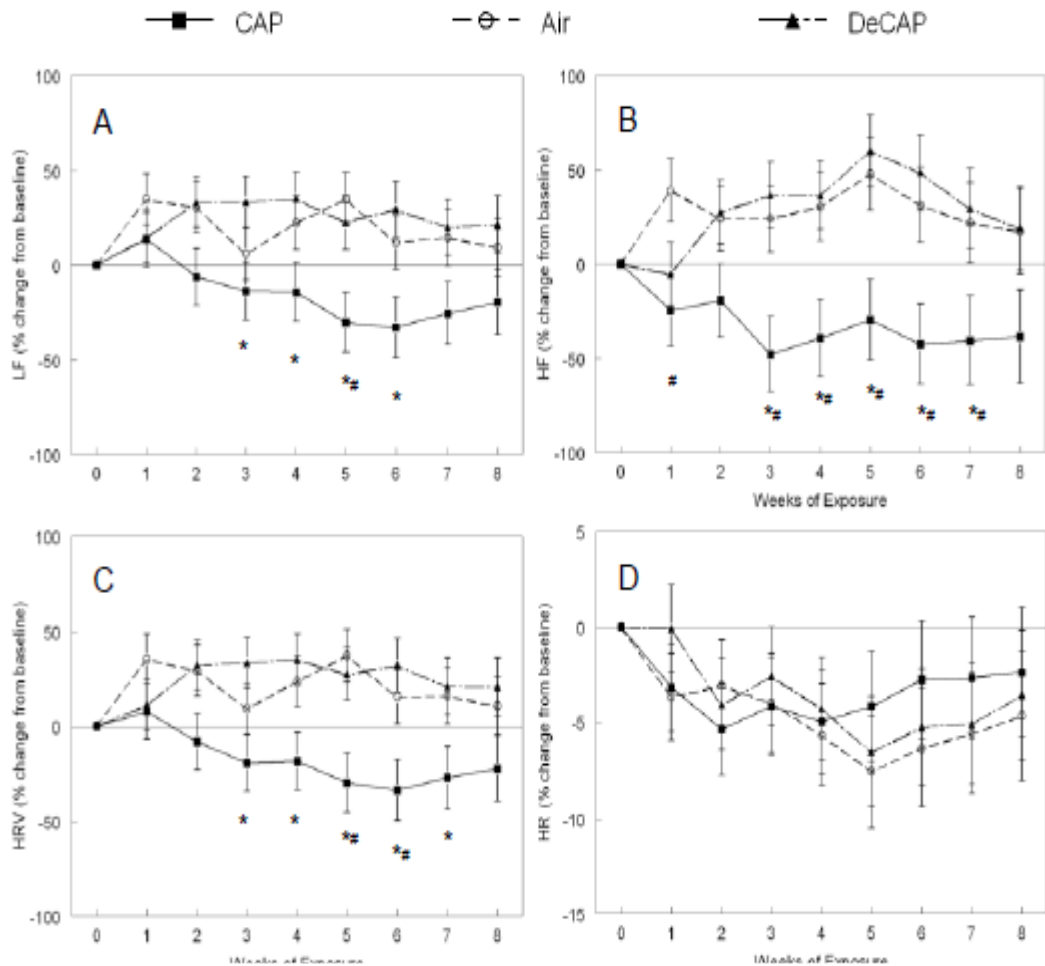


We are going to focus on how cardiac physiology is changed after PM and PM + O₃ exposures

- Changes in heart rate variability (HRV)
 - Decreased HRV is an adverse effect
- Changes in electrocardiographic waveforms

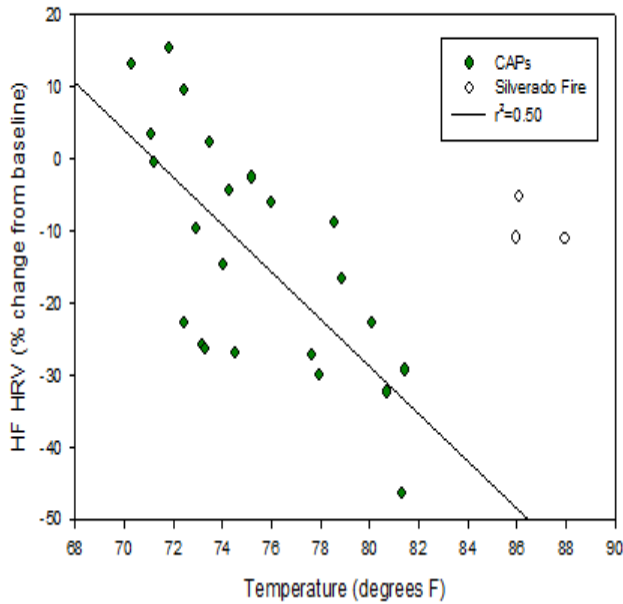


Removing the Organic Constituents From Ambient UFP Blocks CV Effects

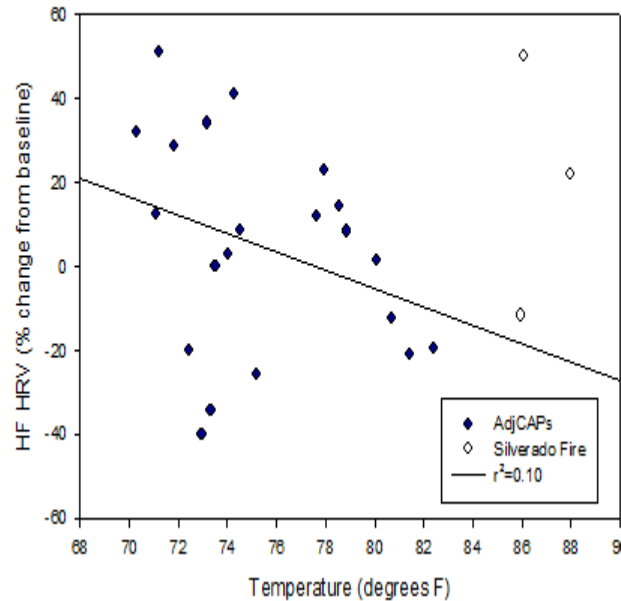
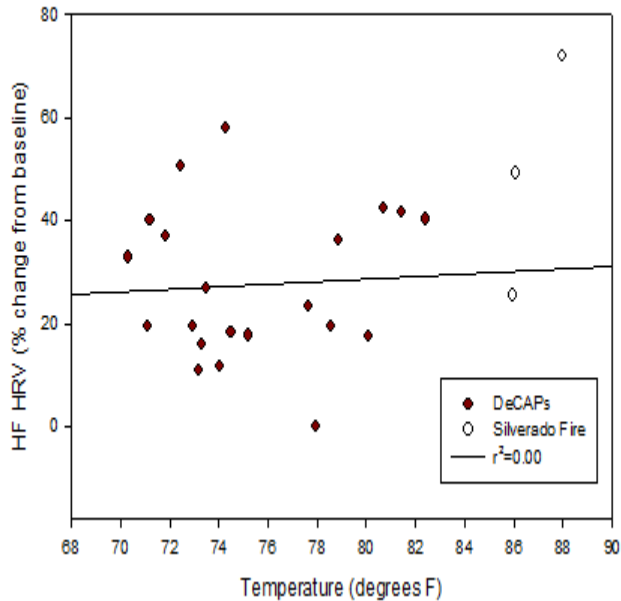
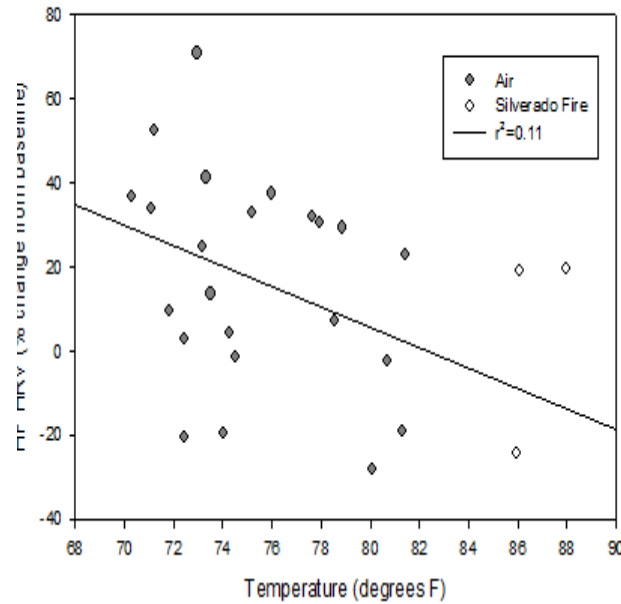


	Air	CAP	deCAP
Plaque Size (% area of plaque in of total lumen CS)	14.5 ± 6.3	29.9 ± 10.0*	2.3 ± 0.1
Lipid Accumulation (% area of lipid in total tissue CS)	5.1 ± 3.3	8.9 ± 2.4,#	2.2 ± 0.3
Lipid Peroxidation (nM MDA/mg protein)	134 ± 29	218 ± 32*,**	141 ± 17

Ambient Temp. vs HF HRV



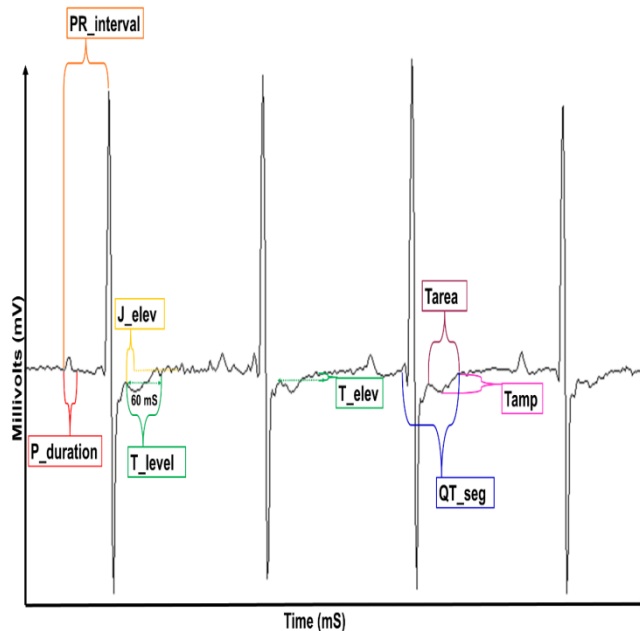
Ambient Temp. vs HF HRV



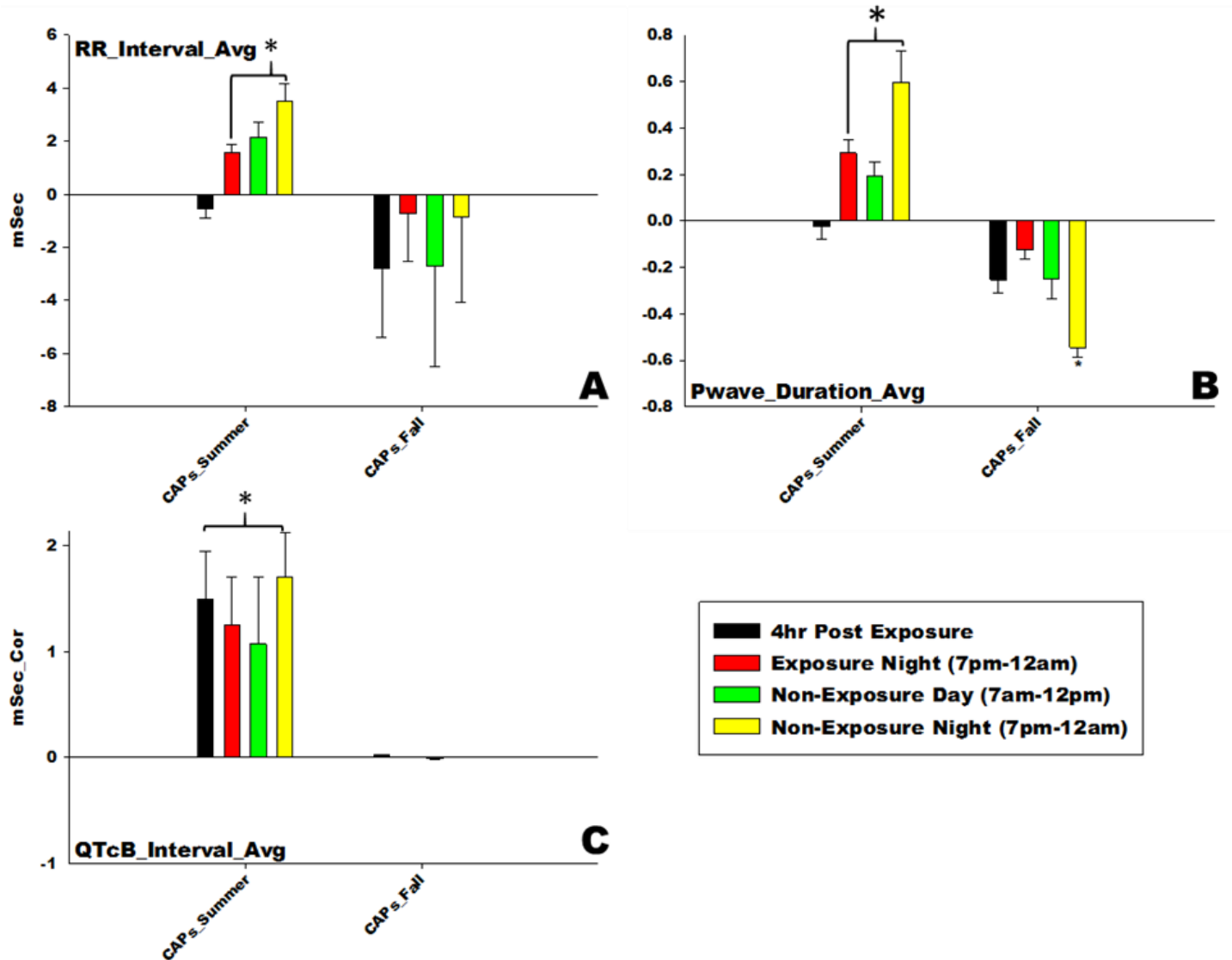
Daily changes in ambient temperature correlated with post-exposure changes in HF HRV in CAPs exposed mice. This correlation was not observed in any other exposure group. Three days (September 15th-17th, shown as white dots) were excluded from the analysis due to the occurrence of Santa Ana winds and potential exposure to wildfire smoke that may be responsible for HRV changes that did not follow the rest of the correlation. The association between temperature and HF HRV is likely

Two additional hypotheses can be examined

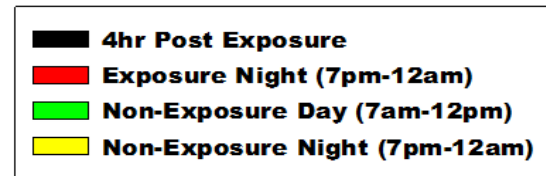
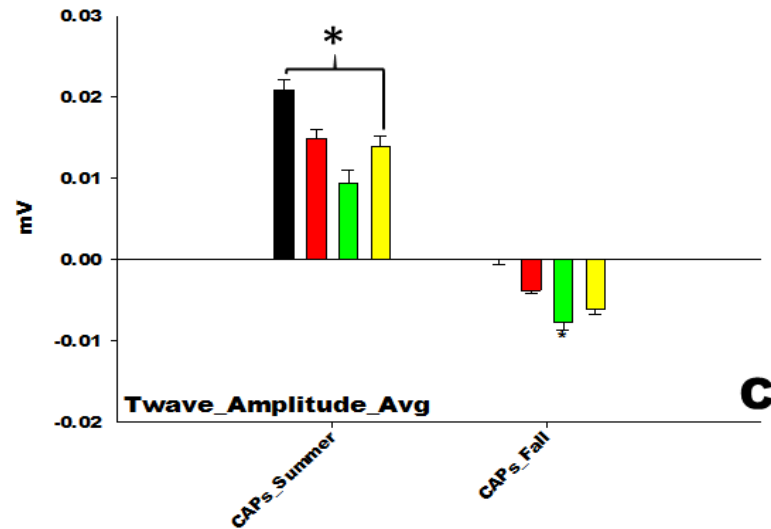
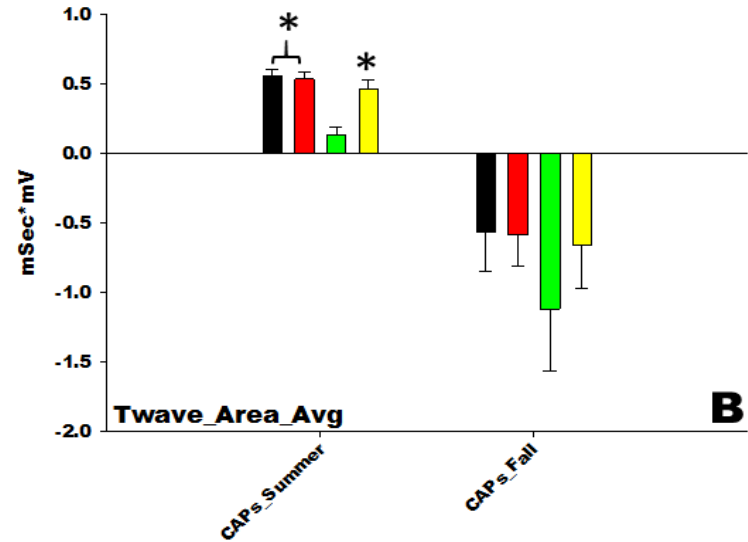
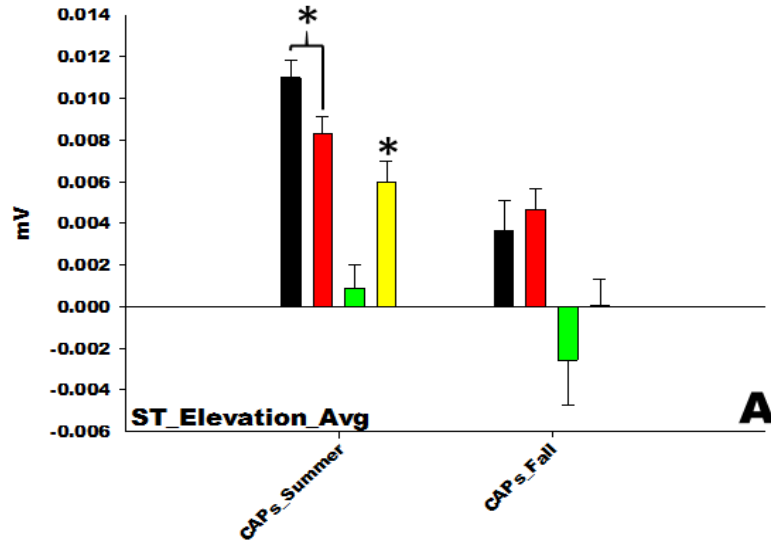
1. Are adverse effects different after summer exposures compared to fall/winter exposures?
 - Changes in electrocardiographic waveforms
2. Does O₃ oxidation explain some of these differences?
 - Changes in HRV



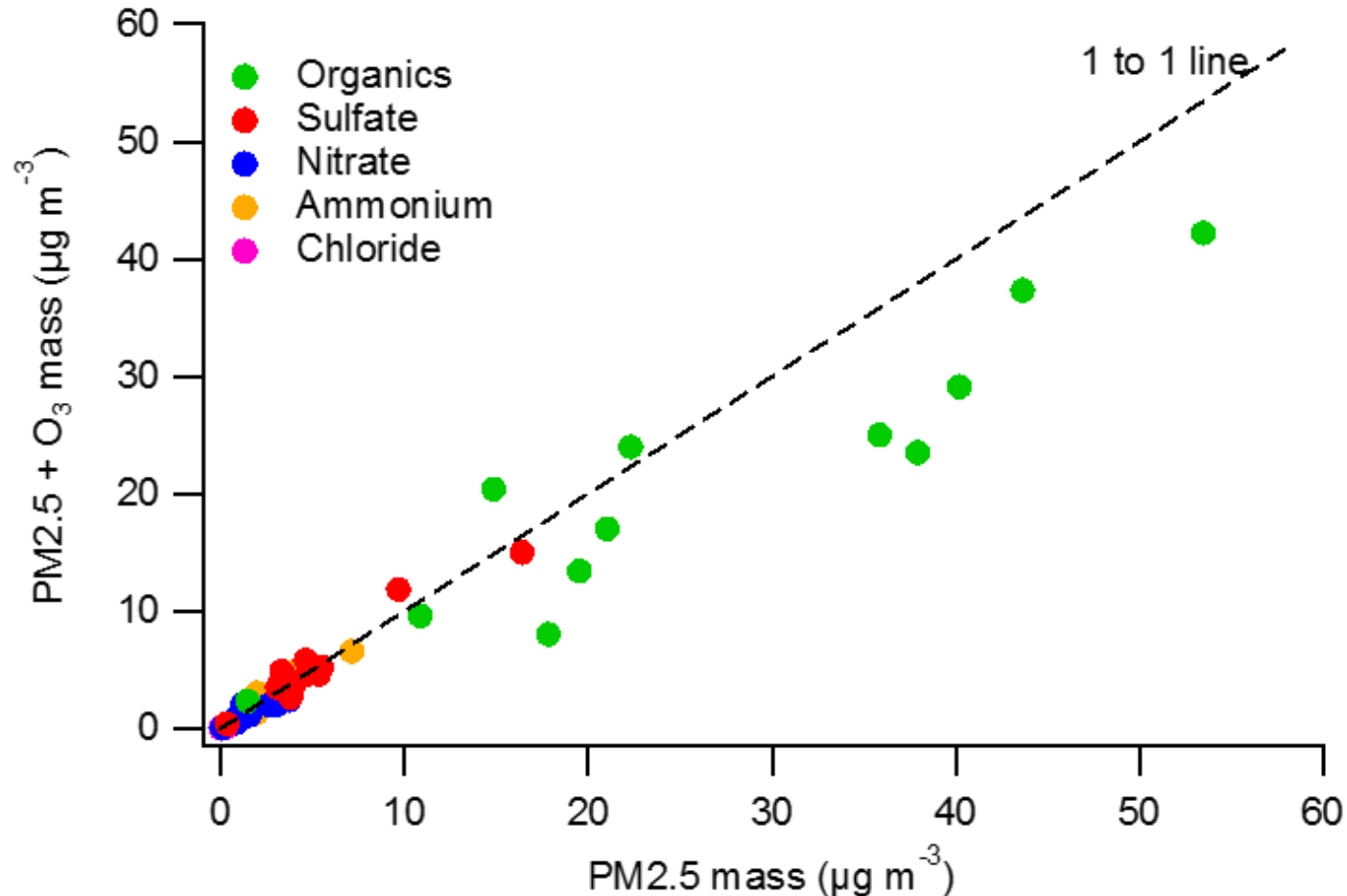
ECG Changes Related to Heart Rate



ECG Changes Related to Ischemia

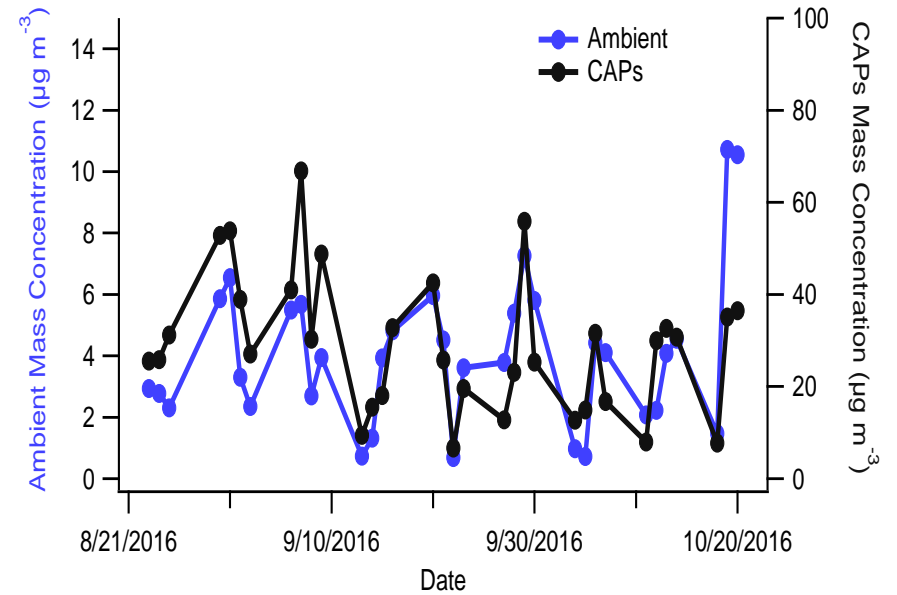
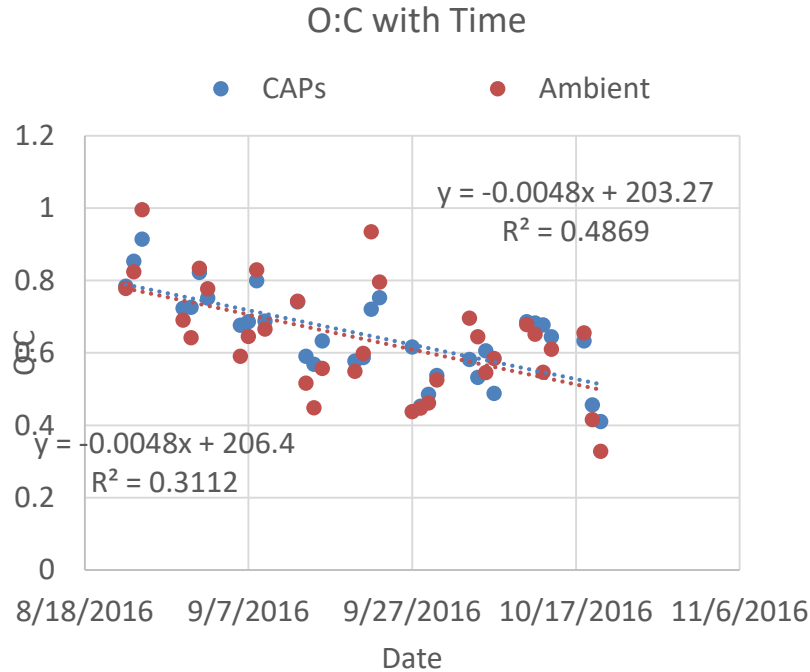


So, does O₃ Oxidation Affect Particle Chemistry and Heart Function?

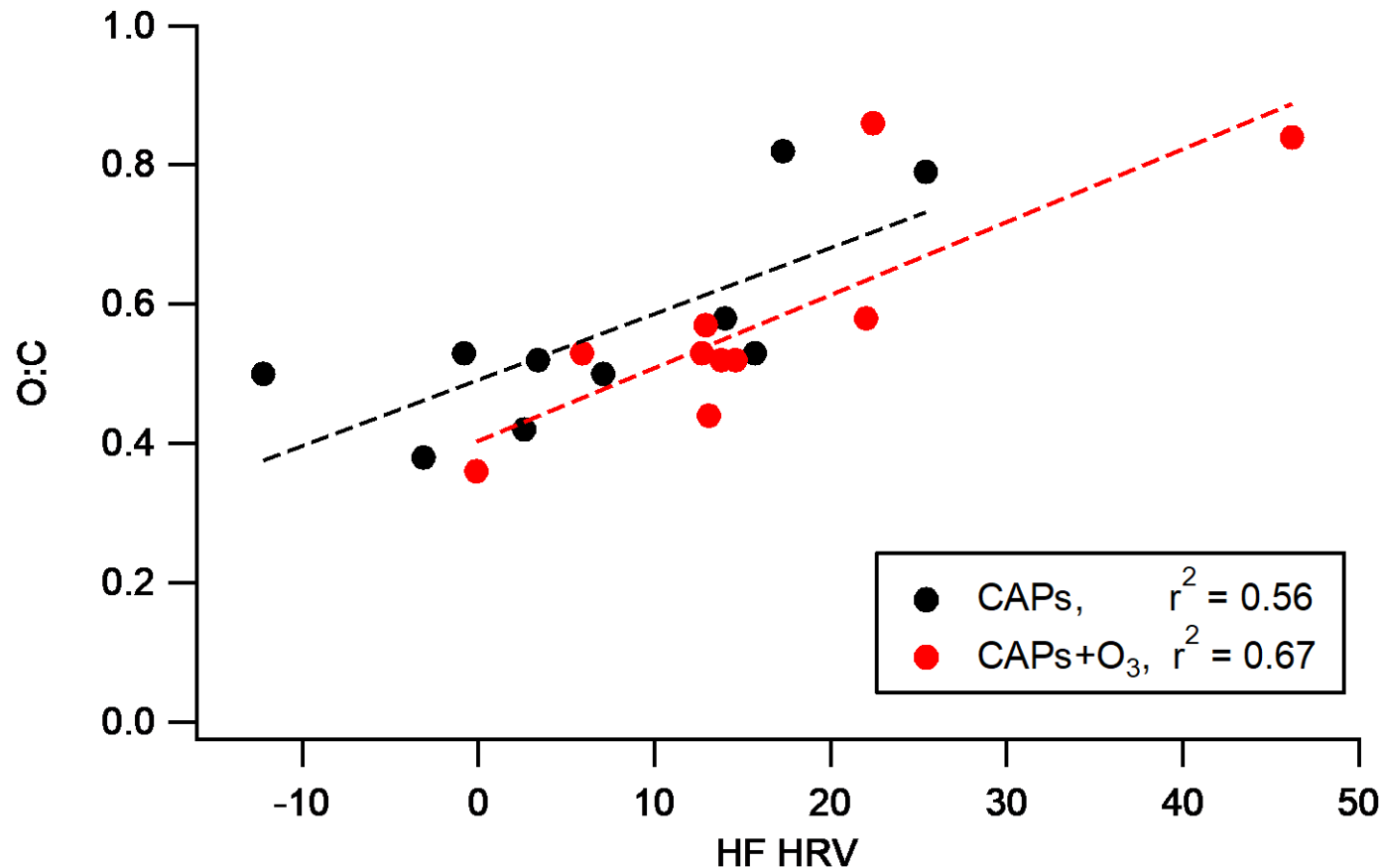


There is the question of whether our concentration methods alter the composition of the exposure aerosols.

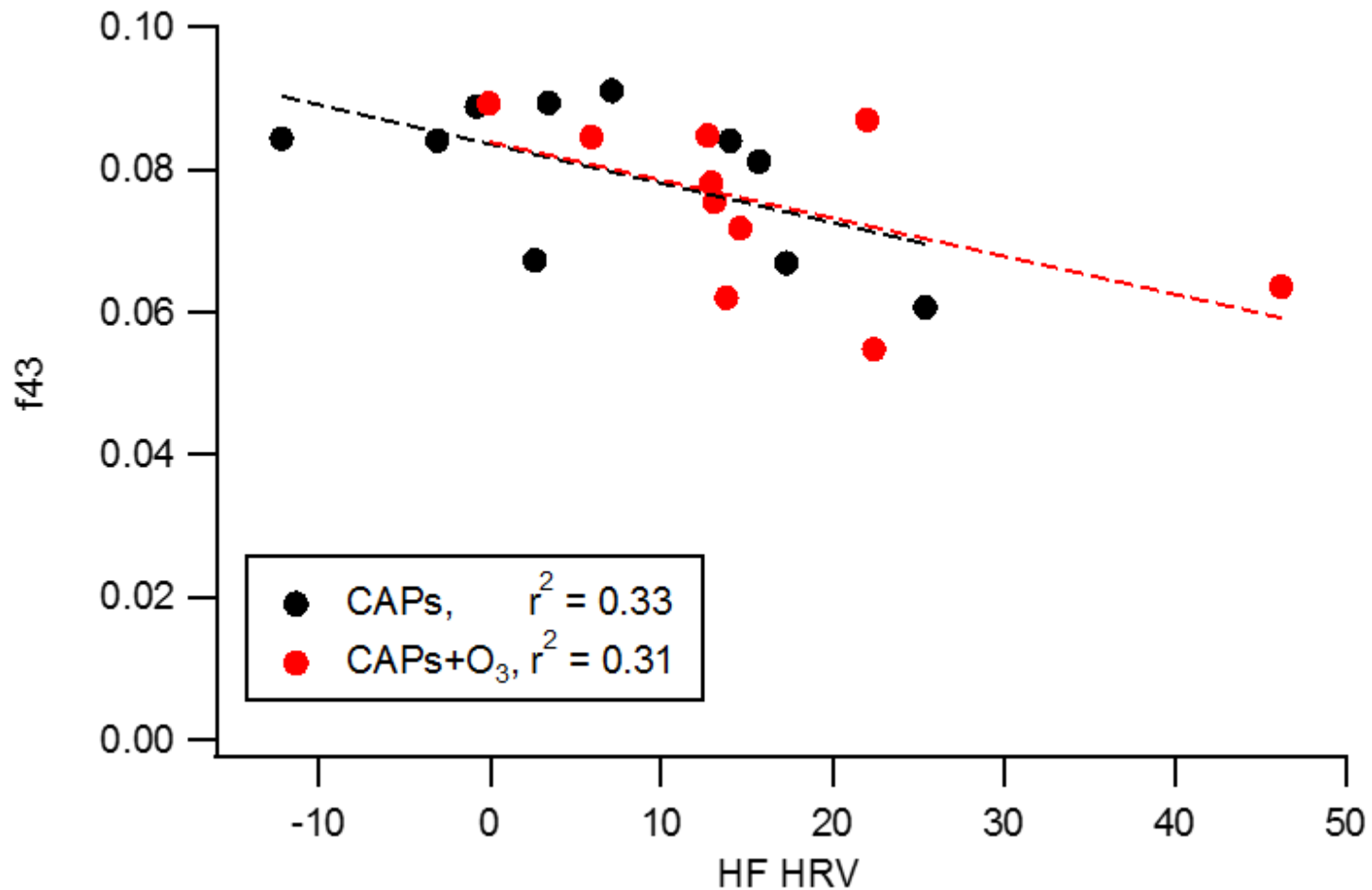
- Mass concentrations and O:C are both highly correlated between ambient particles and CAPs.



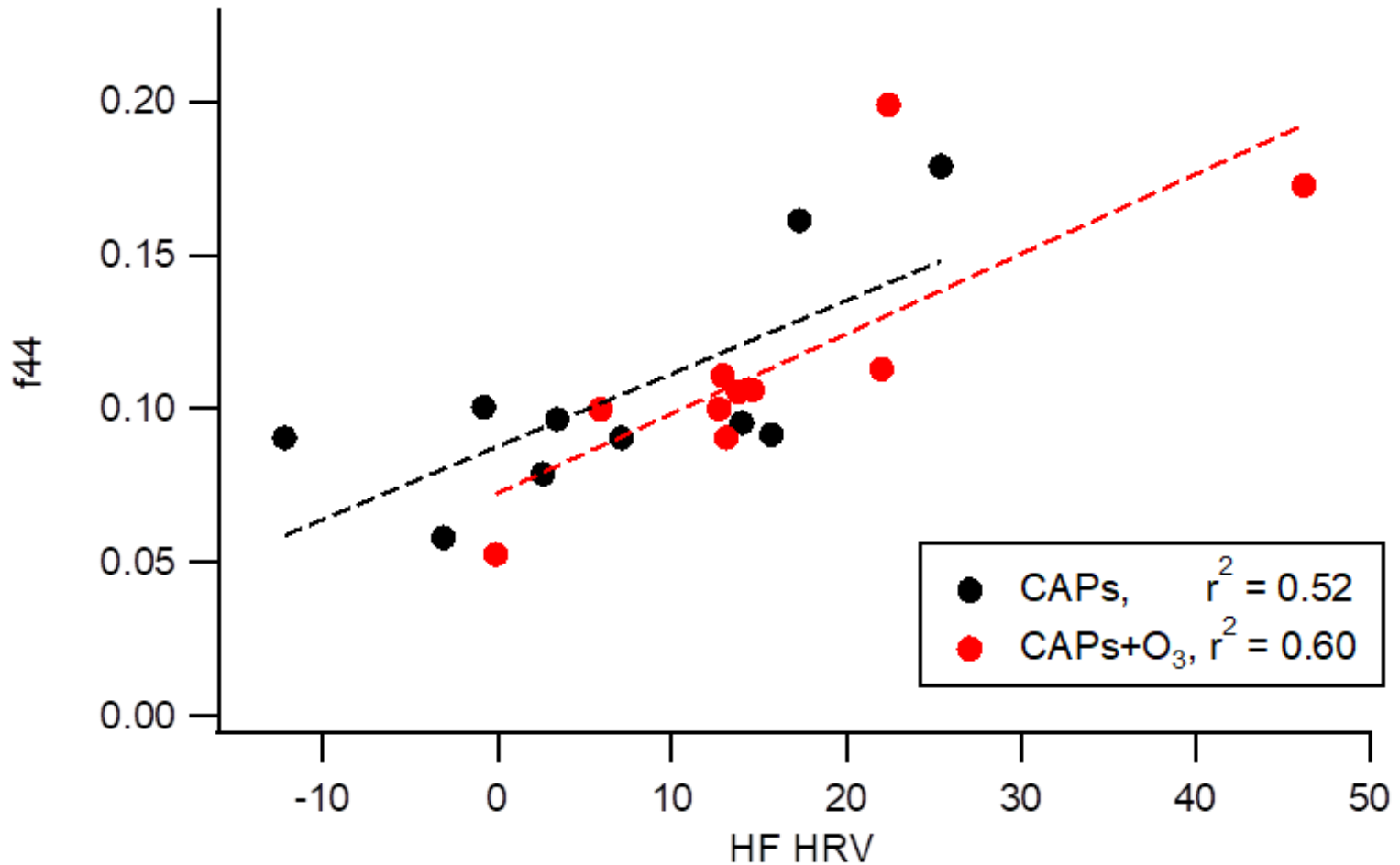
O:C ratio correlates with changes in HRV – O₃ Oxidation may affect biological activity



Increased concentrations of partially oxidized HCs (aldehydes) is associated with more adverse HRV



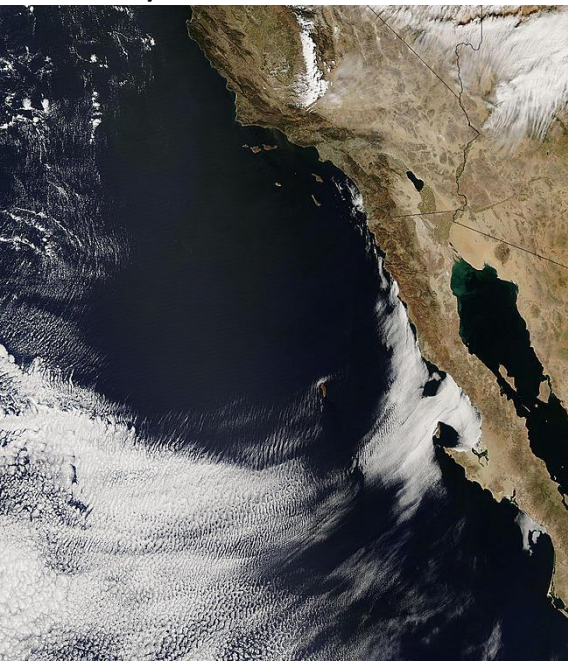
Increased concentrations of more oxidized HCs (organic acids) are associated with less adverse HRV



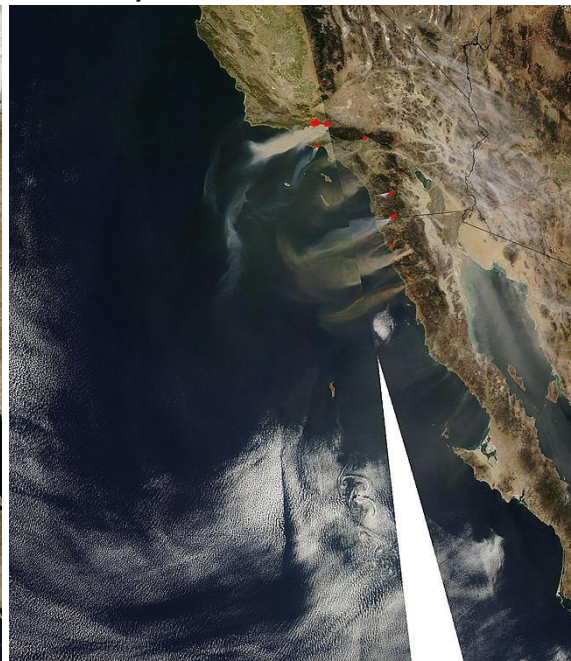
Our Mobile Systems Can Be Deployed to the Field to Help Understand Effects of Real World Exposures

- Case in point – Wildfires in Southern California
 - Rats exposed before, during and after the fires.
 - SHR
 - WKY
 - Cardiac Physiology Monitored During Exposures.

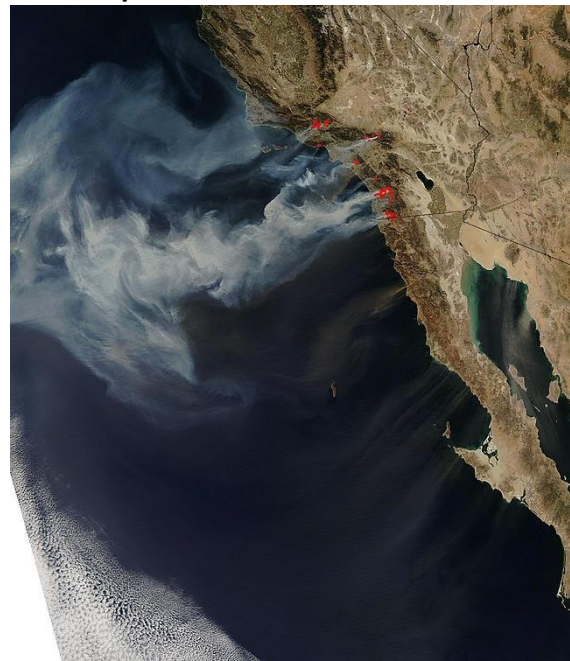
10/20



10/21



10/22



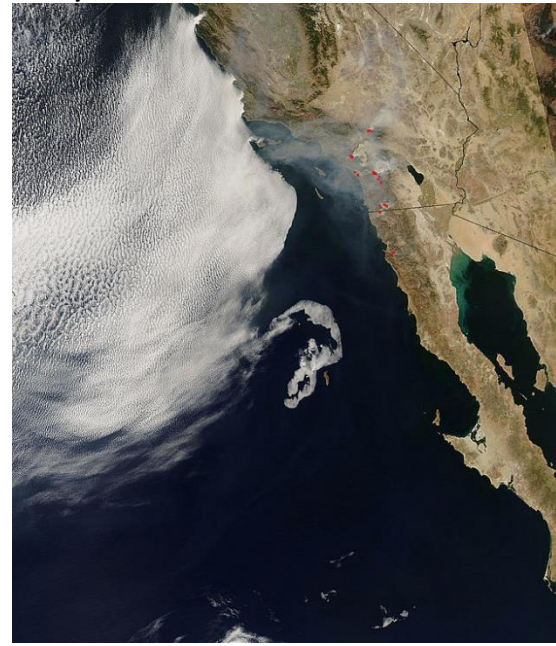
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10/26

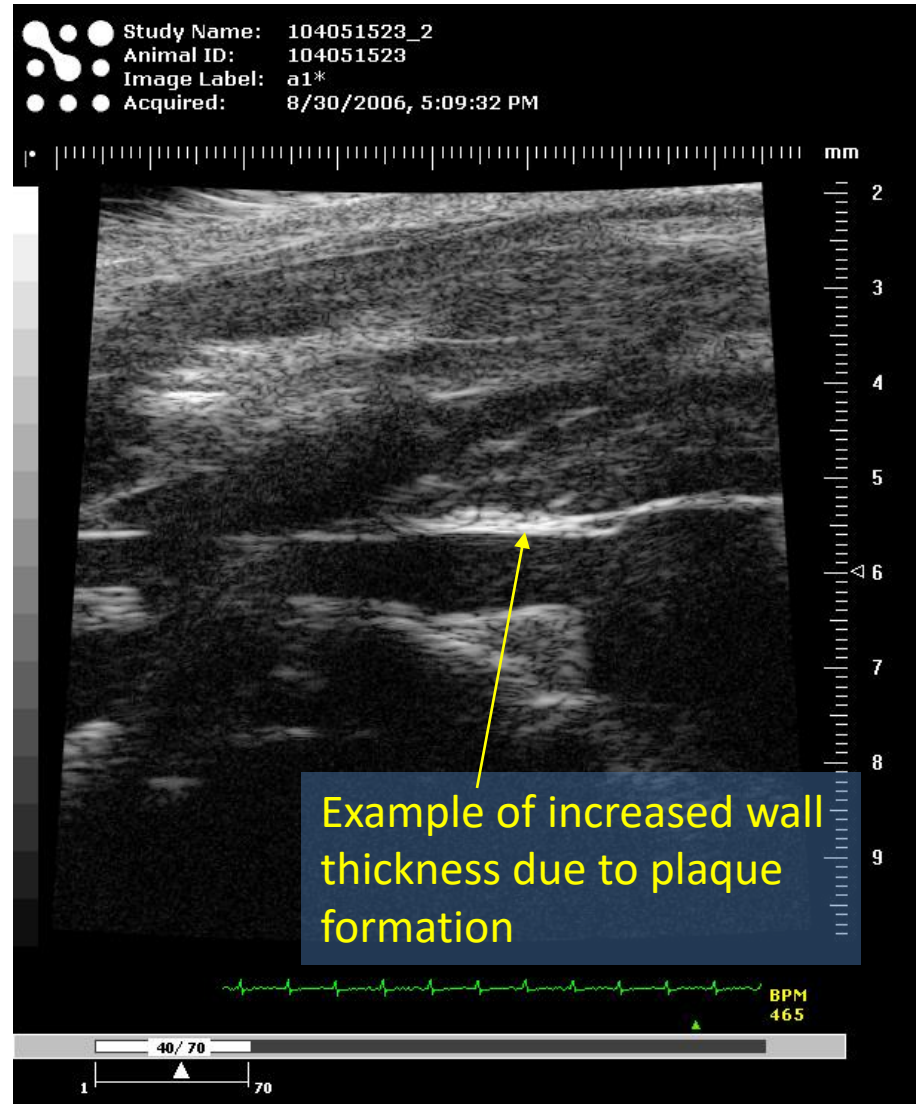
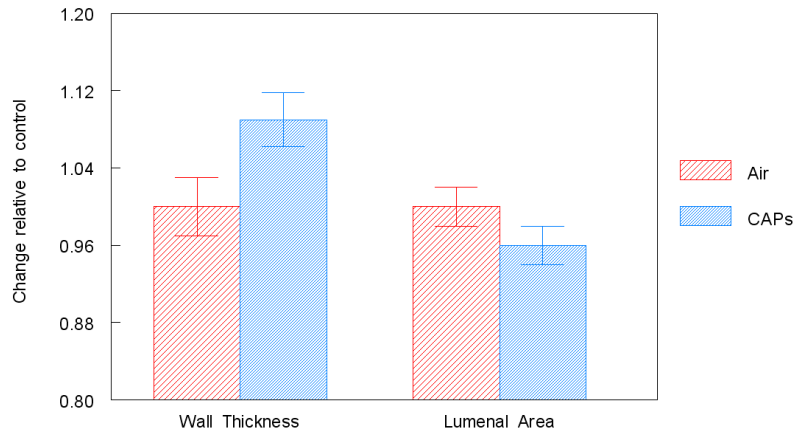
Chronic PM Exposure Leads to Different Effects in Susceptible Populations

- Blood pressure increased to a greater extent in SHR exposed to CAPs than in SHR exposed to Air.
- WKY showed a more “exaggerated” diurnal pattern when exposed to CAPs than when exposed to Air suggesting that effects may be mediated through autonomic system imbalances.

After 8 weeks of Exposure to F PM in Riverside

- Ultrasonic imaging showed increased plaque development in PM-exposed mice.

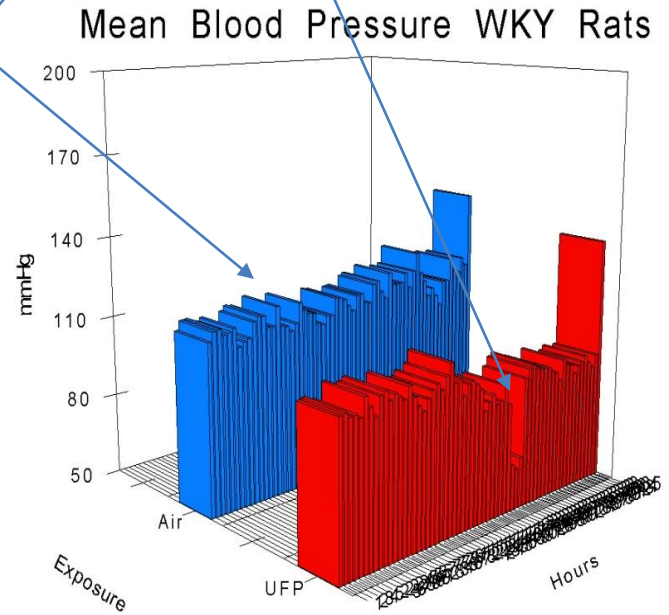
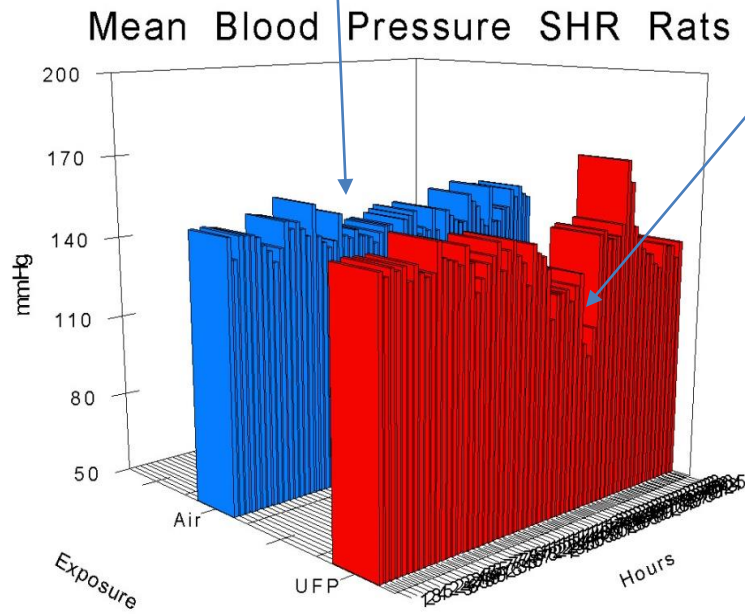
Increased Plaque in mice after 2 months of CAPs Exposure



Blood Pressure

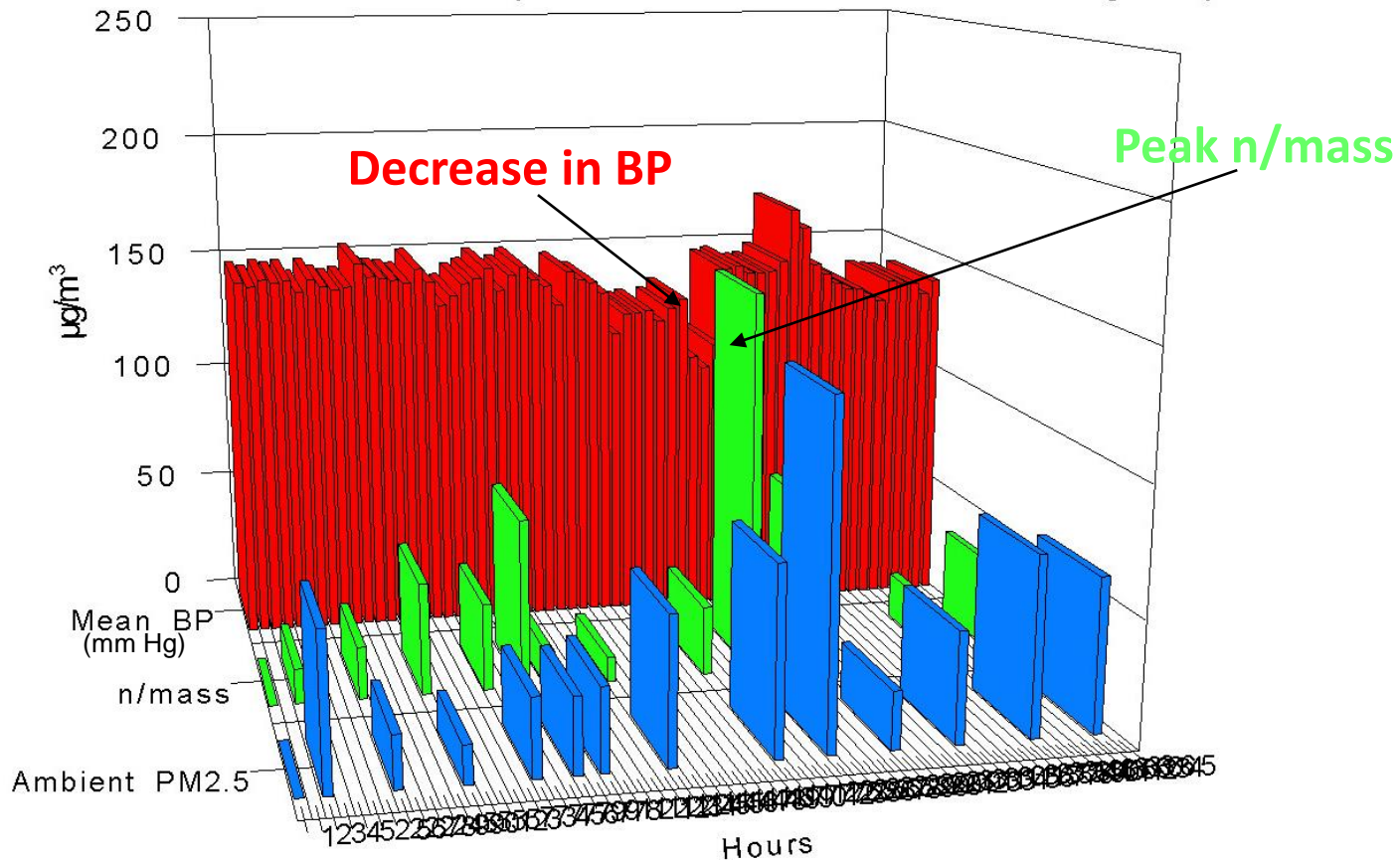
Blood Pressure Stable in Air-Exposed Rats

Significant Drop in Blood Pressure in UFP-exposed Rats During Fire



Results... (cont.)

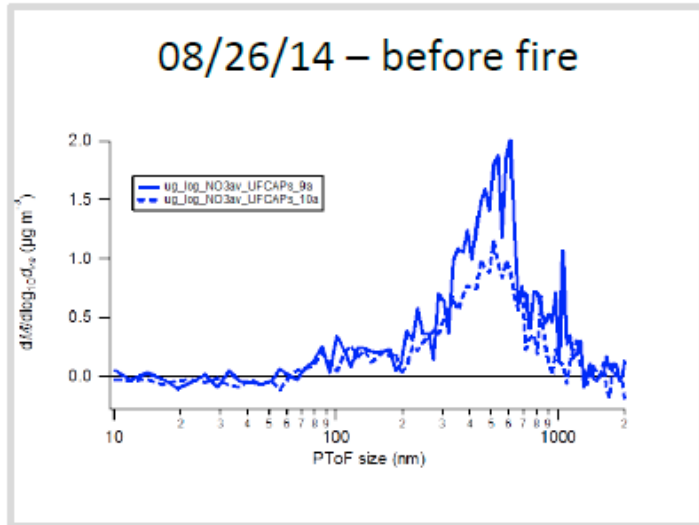
Ambient PM_{2.5} concentrations during exposures



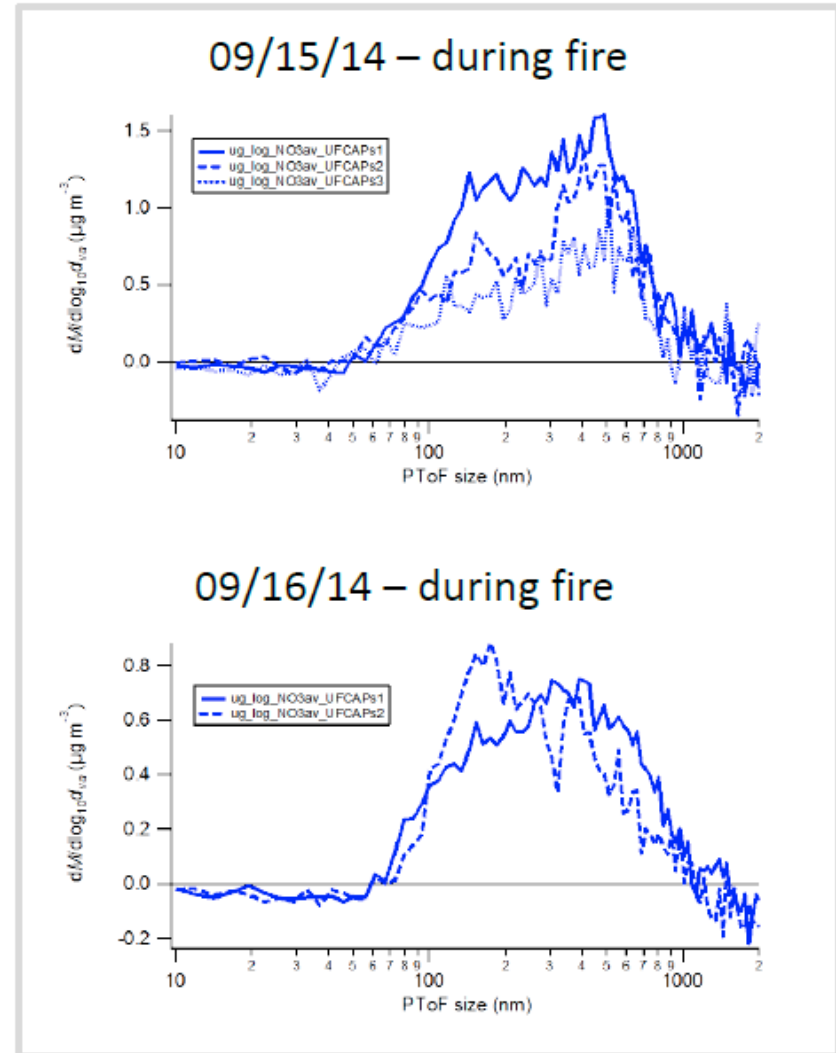
BP decreases with increase in number/mass ratio, suggesting a larger impact of UFP during fires

Additional Silverado Forest Fire Influence

Nitrate

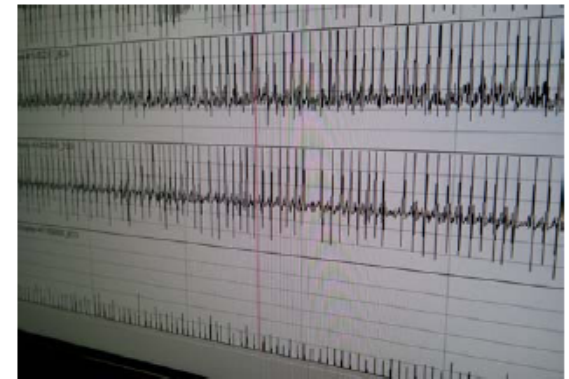
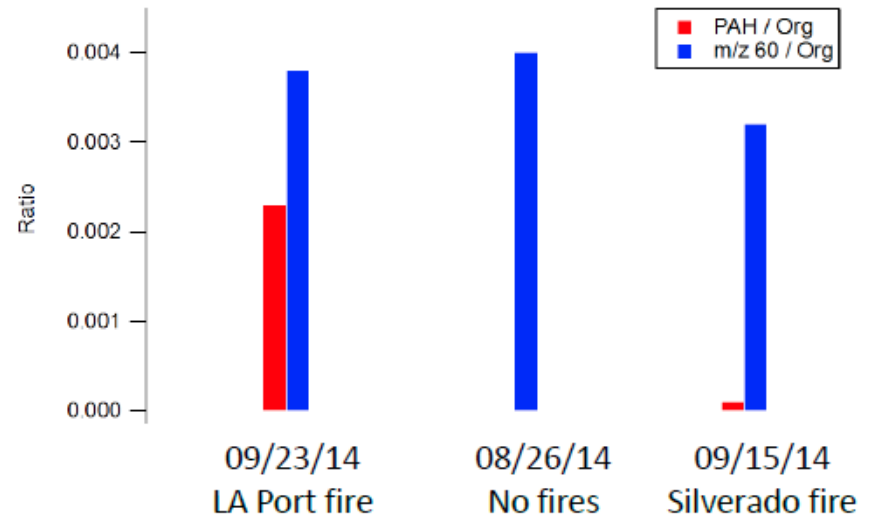
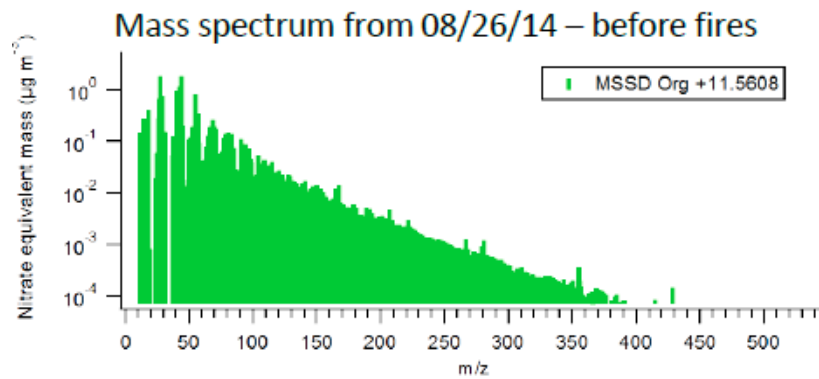
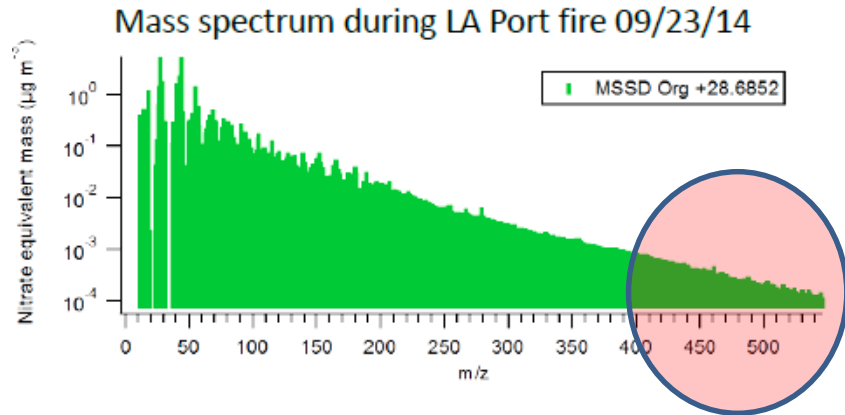


- More nitrate in smaller diameters during Silverado forest fire.
- Particulate nitrate increases during biomass burning periods, e.g. Behera and Balasubramanian (2014), Bi et al. (2011), and Qin and Prather (2006).



Port of L.A. Lumber Fire

PAHs Possibly Present



- PAH are likely present in particles during LA port fire as suggested by intensity at $m/z > 200$ (Dzepina et al., 2007).
- For other sampling dates the Ratio PAH/Org is very low.
- Very little evidence of levoglucosan in particles; photochemical aging?

Conclusions

- Exposures to summer PM elicited significant changes in both heart rate-related and ischemia-related ECG parameters;
- The predominance of unoxidized or partially oxidized (carbonyls) HC in PM was associated with worsened cardiac function.
- Further oxidation (i.e. to organic acids) reduced the adverse biological effects.
- Organic constituents on the surface of particles may be responsible for making it more possible for particles to penetrate normal cell defenses and deliver toxic components to cell interiors.

Acknowledgements



- Research using the AMS and SMPS was through AirUCI and funded by the National Science Foundation.



- L.W. thanks Mike Ezell for SMPS measurements, Prof. Nizkorodov for loan of the CPC, and Dr. Veronique Perraud and Emily Bruns for helping move the AMS.



Moving the AMS is a group effort!



Health studies at are currently sponsored by the California Air Resources Board, the South Coast Air Quality Management District and the NIEHS

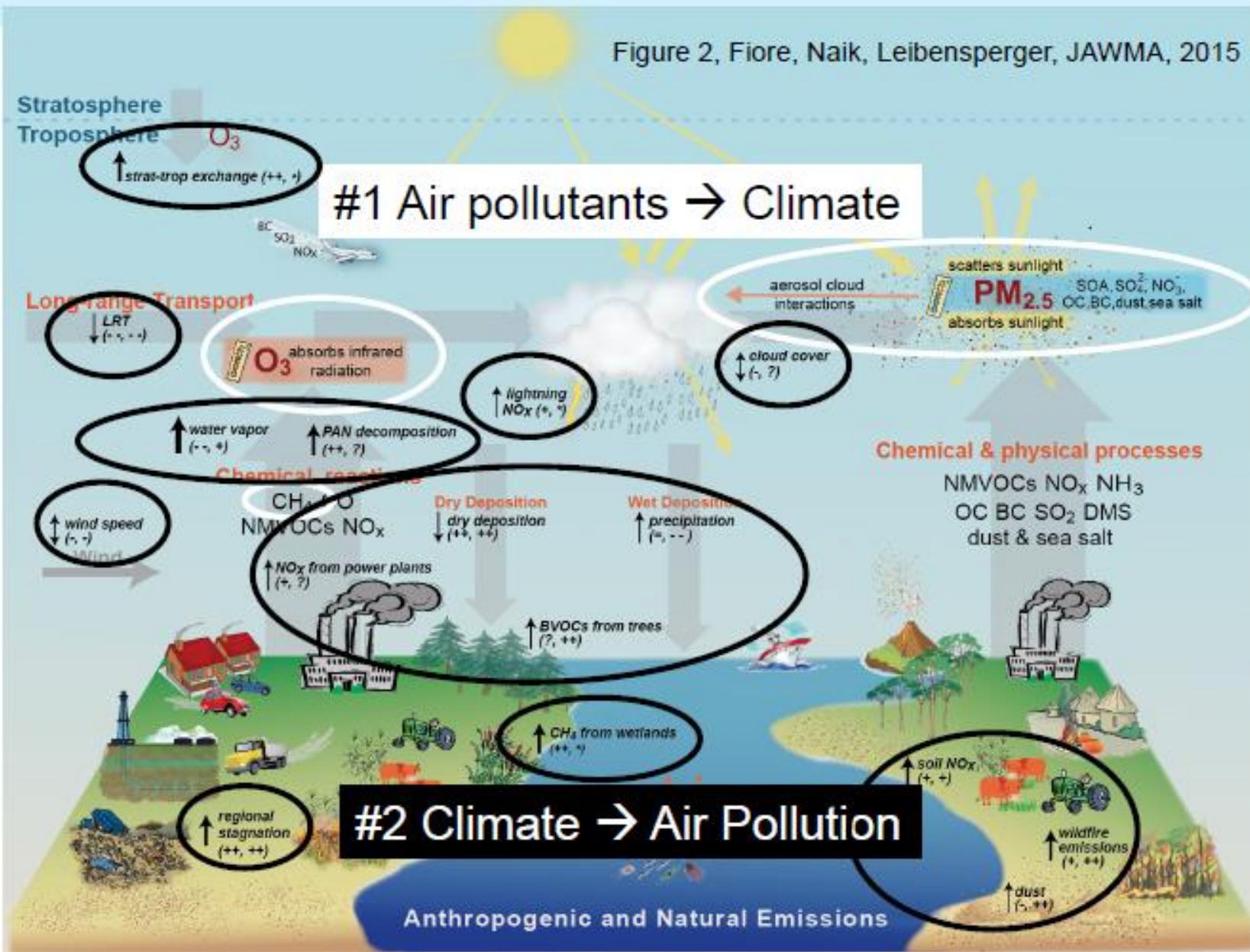


Collaborators

- Cardiovascular Project (ARB)
 - UCI/NYU collaborative project
 - Chen, Li, Xian (Ultrasound)
 - Meacher, Gookin, Salazar, Willett (ECG, Physiology, Arterial Plaque Measurements)
- Atherosclerosis Mechanisms
 - SCPC Project 2 (Nel, Araujo, Kleinman, Harkema, Sioutas)
- Direct Effects of PM on Heart
 - EPA STAR Grant
 - GSH-Kloner and Simkovitch
 - UCI- Kleinman, Willett, Gookin, Salazar, Meacher

Summary schematic of air quality-climate connections

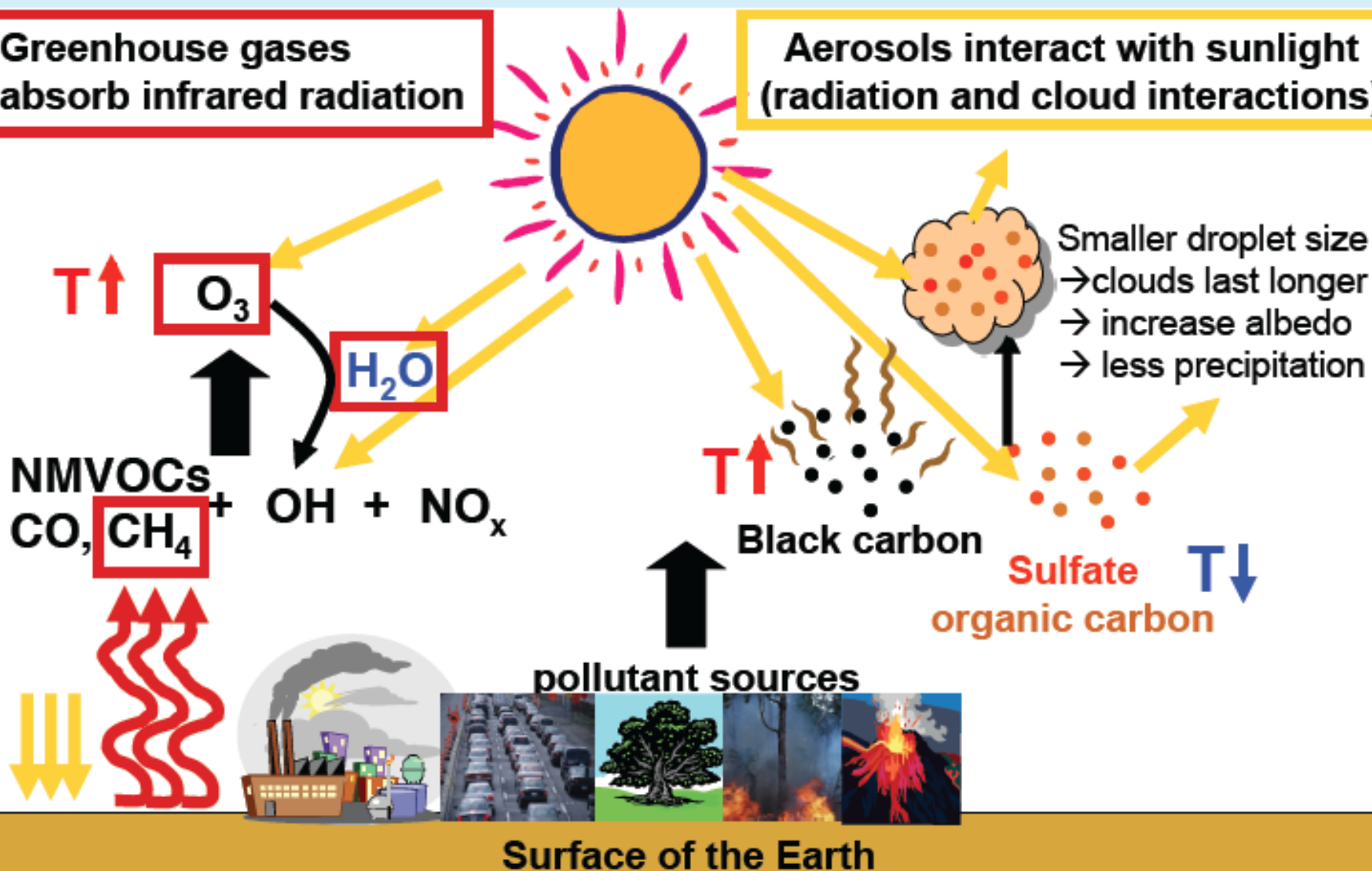
Figure 2, Fiore, Naik, Leibensperger, JAWMA, 2015



Air pollutants affect climate

Greenhouse gases absorb infrared radiation

Aerosols interact with sunlight (radiation and cloud interactions)



$T \uparrow$

O_3

H_2O

NMVOCS
CO, CH_4

$OH + NO_x$

$T \uparrow$

Black carbon

Sulfate
organic carbon

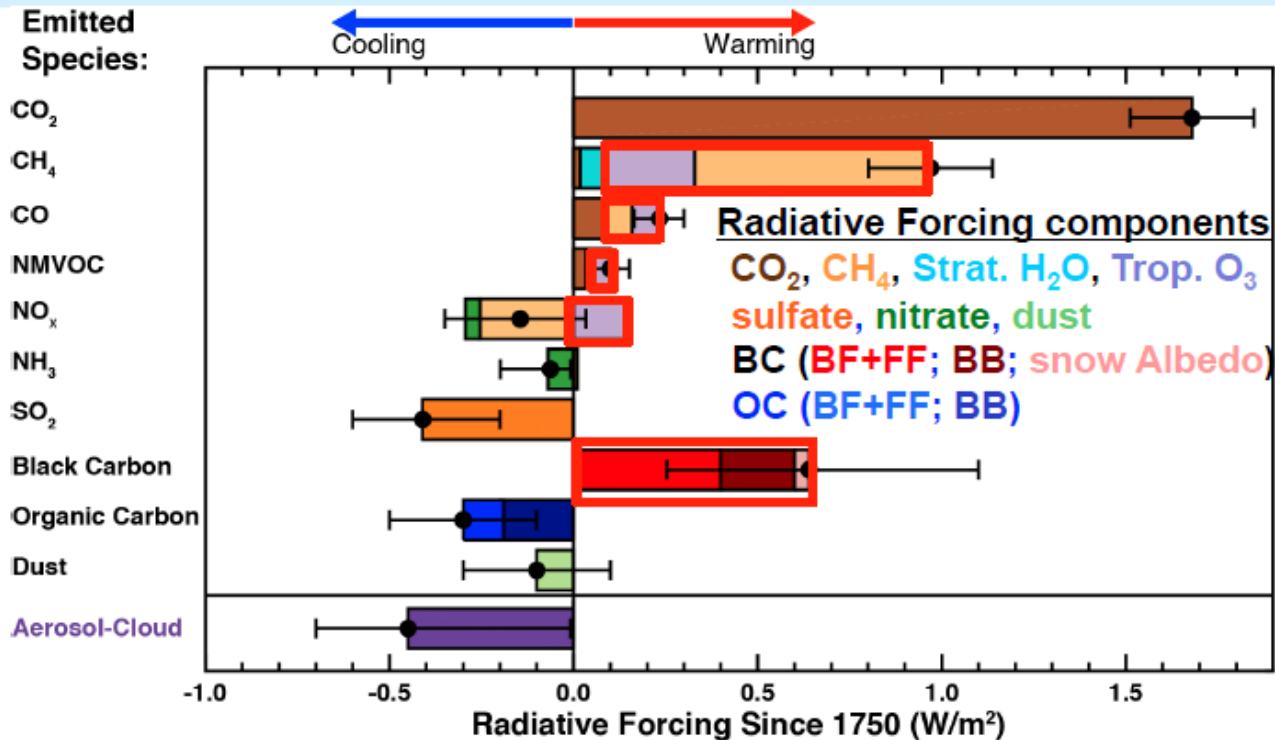
$T \downarrow$

pollutant sources

Surface of the Earth

Globally averaged radiative forcing (RF) of climate from preindustrial (1750) to present (2011) of air pollutants and their precursor emissions.

Air pollutants are Near-Term Climate Forcers (NTCFs); CO₂ dominates long-term climate (peak warming)



Short-Lived Climate Pollutants (SLCPs) = warming NTCFs

O₃ correlates with surface temperature on daily to inter-annual time scales in polluted regions [e.g., Bloomer et al., 2009; Camalier et al., 2007; Cardelino and Chameides, 1990; Clark and Karl, 1982; Korsog and Wolff, 1991]

Observations at U.S. EPA CASTNet site Penn State, PA 41N, 78W, 378m

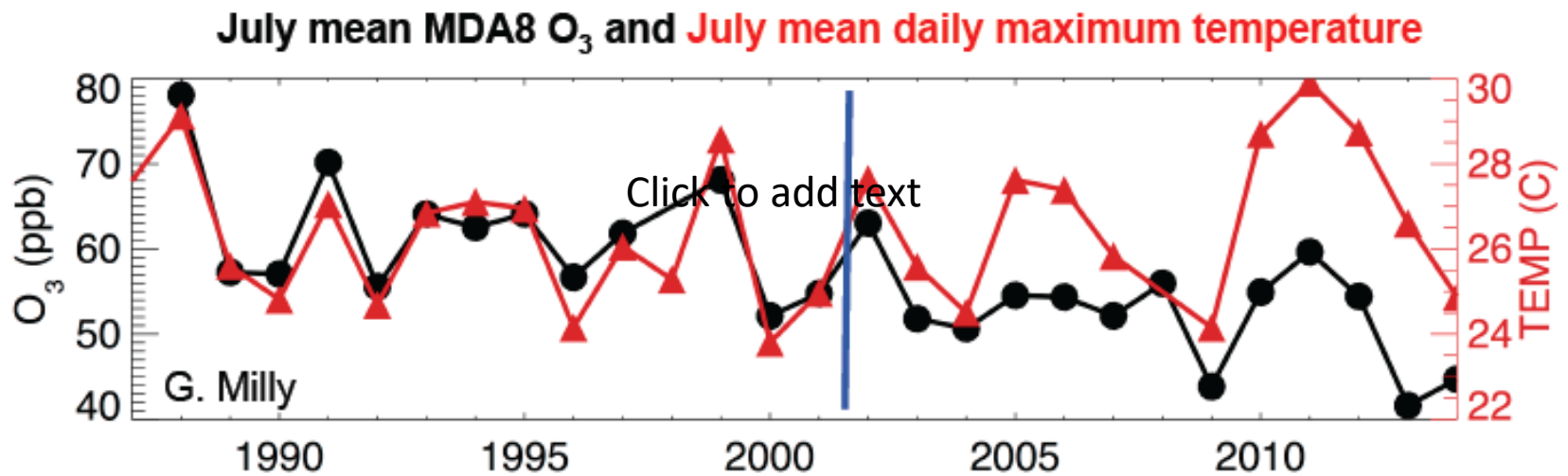
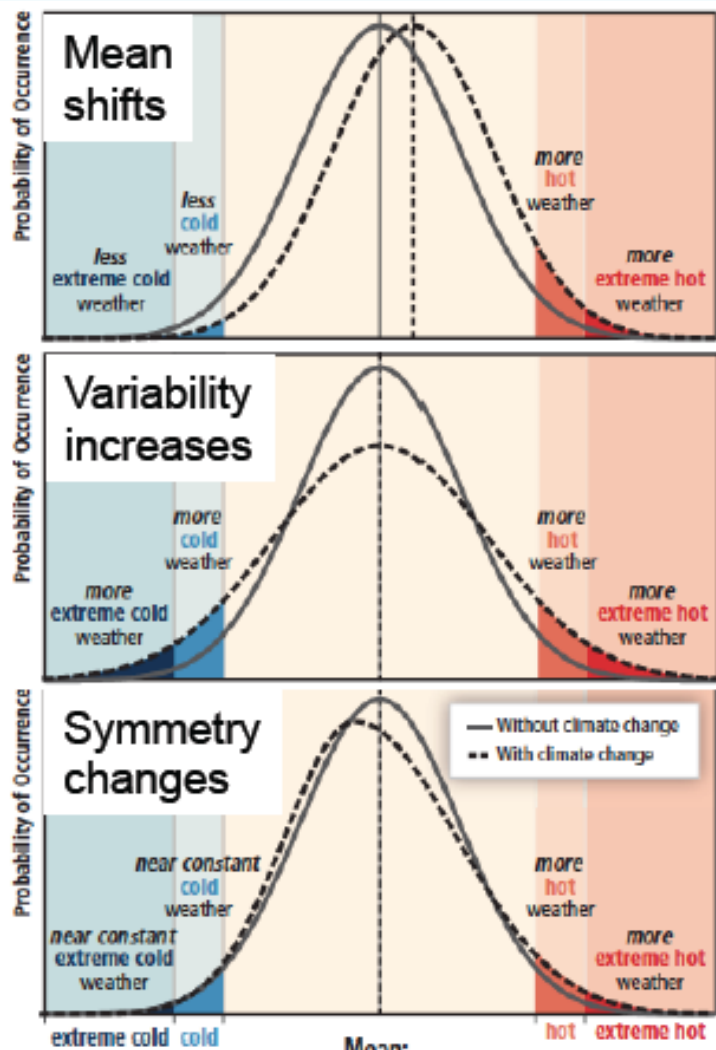


Figure 6a of Fiore, Naik, Leibensperger, JAWMA, 2015

NO_x
Control
Imposed

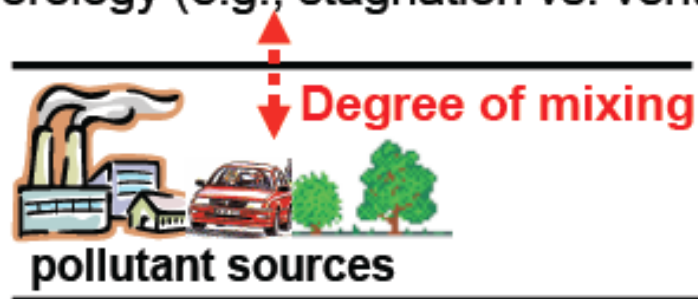
- Implies that changes in climate (via regional air pollution meteorology) will influence air quality
- Downward trend in O₃ as EUS NO_x emission controls are implemented

How and why might extreme air pollution events change?



→ Need to understand how different processes influence the distribution

- Meteorology (e.g., stagnation vs. ventilation)



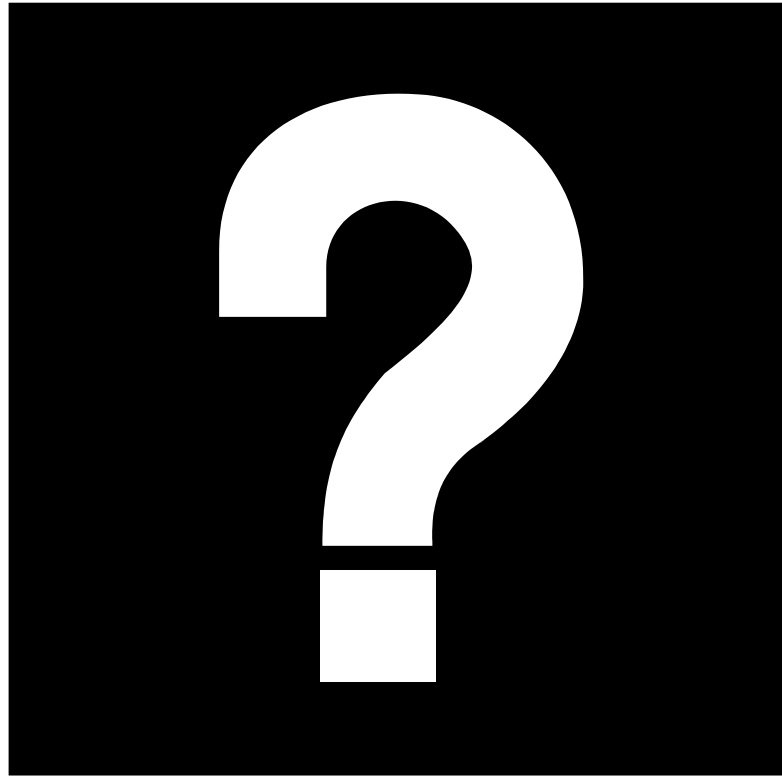
- Feedbacks (Emis, Chem, Dep)



- Changing global emissions (baseline)
 - Shift in mean?
- Changing regional emissions (episodes)
 - Change in symmetry?

Figure SPM.3, IPCC SREX 2012
<http://ipcc-wg2.gov/SREX/>

Questions and Discussion





Advisory Council Deliberation: Beyond Attainment – Prioritization for Local Health Impacts



Advisory Council Deliberation



AGENDA: 9

- The Air District has initiated a process to better understand PM and its effects on local communities, so as to better protect those communities.
- An important component of this effort is the ability to prioritize efforts and actions based on maximizing impact on human health
- Public access to District deliberations
- Council convening and advisory function



AGENDA: 10



Advisory Council Terms



Advisory Council Terms



- Per the Health and Safety Code Section 40263, each Council Member shall hold office for a term of two years and until the appointment and qualification of his/her successor.

